

"GOOD SEX"
GENESIS 1 :27-28-32; 2:15-
25

INTRODUCTION:

The word for our day seems to be "safe sex". The word from the first chapters of the Bible is "good sex".

It is ironic that the generation that seems to talk about sex most seems to be enjoying it less. Instead of enriching sex by exalting it to a central place in life, it is actually led to a diminishing of sex. There is a desperate need for this sex-saturated generation to return to the biblical idea for human sexuality.

The change with reference to our view of sexuality in my generation has been dramatic. I can remember when the word "sex" was not used in any group where men and women were together. I can remember a day when you didn't even use the word "pregnant" in a mixed group. While sex was absolutely a part of the world in that day, there was an unhealthy suppression of any discussion of sex. In reaction to that our generation has swung to another extreme. A study done by Planned Parenthood reports that Americans are exposed to more than nine-thousands scenes of suggested sexual intercourse, sexual comments, or innuendo each year. A Florida State University study reported that a typical prime time hour contains a average of 1.6 references to intercourse, 1.2 references to prostitution and rape, 4.7 sexual

innuendoes, 1.8 kisses, and one suggestive gesture. In all, TV characters talk about sex or display sexual behavior fifteen times an hour, or once every four minutes. I would like to see one of those 1.8 kisses, wouldn't you?

And who watches prime time television? Not just adults. Studies show that children under twelve watch a great deal of prime time television. Ten and half million children watch television after the seven to nine p.m. "family viewing" time".

So that we may have a proper model to go by, let's go back to the beginning. All sexual activity needs to be measured against God's standard. God's standard is "good sex", not "safe sex".

I. Good sex is a gift of God.

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In the description of the creation of man we read, "So God created man in His own image, in the image of God He created him; male and female He created them." This reference to the male and female being created in the beginning is very helpful for us. It helps us understand the context in which we are to interpret our sexuality.

There are some who have sought to see in human sexuality something that is basically evil and sinful. This contradicts the clear revelation of scripture.

1. Sexuality was given before the fall into sin.

Men and woman being male and female precedes the experience of human sex. Adam was already a man and Eve was a woman before they partook of the forbidden fruit. There is absolutely no connection between the "forbidden fruit" and human sexuality. When God had concluded the creation of man and woman as male and female He then saw everything that He had made, "and it was very good". The "very

good" includes the maleness and the femaleness of the two humans that God had created in His own image. So what ever else we understand about human sexuality, we must understand that it is a good gift of God.

2. Sexuality was given for the propagation of the human family.

The creation revelation reports, "God blessed them and said to them, be fruitful and increase in number". The humans that God had created in His image with sexuality were blessed by God. A part of the blessing by God was their capacity to procreate, to bring children into the world. God made them male and female in part so they could fill up the earth with others who were created in His image and after His likeness.

Like all of God's good gifts, human sexuality can be desecrated. It has been in our generation. The desecration of it however, does not destroy the original intention of the Creator. Each of us should see our sexual capacity as being the gift of a good and all-wise Creator. Good sex then is a gift of God.

II. Good sex is a union of persons of the opposite sex.

When we go back to the beginning, the record is clear - God created one man and one woman. His intention for sexuality included the idea that it would be a union of two lives of the opposite sex.

We look at the record, we read "male and female He created them." When we come to the personalized account of the creation, we learn that there was no other part of the creation that was a suitable partner for

the man. When no suitable partner for Adam was found in the rest of the creation, God caused a deep sleep to fall upon him, and while he was sleeping, God took one of man's ribs and closed up the place with flesh.

"Then the Lord God made a woman from a rib He had taken out of the man, and He brought her to the man.

The man said, this is now bone of my bones and flesh of my flesh".

There is no room in the creation account for the "unisexual" concepts that have become popular in our day. There is no room in the creation account for the "bi-sexual" concepts there are common in our day. The creation record is clear that good sex is the union of a man and woman, a male and a female. Any other sexual union violates this basic principle of creation and is thus not good sex.

We must resist the attempts of the liberal establishment in this country to change this. There is a concerted attempt in the liberal media, the liberal educational establishment, and other pressure groups within the society to accept the idea that the sexual union of men with men and women with women is acceptable. We must measure all such attempts by the biblical revelation. The biblical revelation declares from the original account of creation that good sex is only the union of persons of the opposite sex.

III. Good sex is sex in a marriage covenant.

We must understand that we have in the creation record is the beginning of the institution of marriage. When we read that God "brought her to the man", we are to understand that God Himself was a witness to and sanctifier of the union of the first man and first woman. This is the reason that the creation record includes this word "for this reason a man will leave his father and mother and be united to his wife, and they will become one flesh". This is an application that Moses made to the creation principle under

Divine authority. The Divine pattern is for a man to "leave", "be united to his wife", and "become one flesh" with her.

When we understand this element in good sex, then it means many of the teenage practices in our day will lead to destruction. Studies that have come across my desk are extremely distressing. I have read where 65% of the boys and 47% of the girls in ninth grade in Rhode Island's schools in 1987 believed that it was acceptable for a man to force a woman to have sex if they have been dating more than six months. In this same group 87% of the boys and 79% girls said that rape in marriage is permissible. 50% of all the students said that a woman who walks alone at night and dresses seductively is asking to be raped. Evidently they pick up these ideas from television. While television presents all of these sexual relationships and experiences that are outside of God's definition of "good sex", they fail to report the harm, the hurt, and the devastation that follows.

Why don't they present the struggles that a young woman who has experienced a date rape has when she is finally joined to a man in marriage relationship? Why don't they present the identity crisis that a young woman will often go through concerning her sexuality that will often lead her into homosexuality, because she experienced a date rape? These who claim to be such students of the truth present only things that are friendly to their false propositions.

There needs to be a return to the creation principles concerning good sex. Studies that have come across my desk indicate that young men and young women who protect themselves sexually until they come to the marriage altar are more likely to have a "good sex" experience after marriage than those who experiment sexually before marriage. Studies also indicate that those young people who are raised in homes that have godly Christian standards of sexuality have a better chance of experiencing "good sex" than those who grow up in sexually liberated families. Everything confirms the creation principle that "good sex" is sex between two people bound together freely in a marriage covenant.

IV. Good sex is a life enriching experience.

According to the creation report, when a man and a woman bound together in the covenant of marriage are joined together sexually they are under the blessing of God. God has placed a special favor on this relationship. They will find in each other enrichment in every area of life.

1. Good sex enriches the unity and oneness in the marriage.

The becoming one flesh is much more than just a physical union of the two lives. In this most intimate relationship it is opening the lives to each other to a depth that is not possible in any other sphere of life.

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This is the reason that the creation record reads, "the man and his wife were both naked and they felt no shame". The shame and the brokenness that has come into the intimate relationship has been brought about by sin.

2. Good sex enables the enrichment of parenthood.

It is in the context of a man and a woman committed to each other in the bonds of a covenant that children might be born. The continued scourge of children being born out of wedlock is a consequence of the violation of this covenant. At the very best, when a child is born out of wedlock, it is an experience of pain and regret. Even though the child may be welcomed and loved, there will always be something amiss. There will always be an awareness that this was not what God intended. God intended that each child be welcomed by a mother and a father who love each other and will love the child. One of the blessings that good sex brings to life is this enrichment which comes through parenthood.

3. Good sex glorifies the Creator.

When a couple commit themselves to each other and live with together in a "one flesh" relationship, they glorify the Creator. This is the way the Creator intended life to be. When we live life the way He intended it to be lived we bring glory and honor to His name. Whenever we refuse to live life as the Creator intended, then we call His wisdom into question. We set our ideas concerning sexuality above His. We put ourselves in to conflict with the Divine Creator, even our Creator.

I want to comment to you, young and old, the creation principles which give us good sex. No matter how much man may learn in our sophisticated society, he will never learn anything that will overturn the

wisdom and the goodness of these creation principles. I urge you, in the name of the God of Creation, to commit yourself to live by His principles in this area of your life.