This is basically a study of spiritual disciplines, and although it's not as flowery as some other studies, the foundation of this book are the keys to long term spiritual growth! There are not chapter numbers given in the table of contents, although there are chapter numbers at the beginning of each chapter, but you will study the 11 chapters over a four week span.

At the end of each chapter there are 3 parts: Reflections and Discussion Questions, Action Step, and a Prayer Point. Your group time discussion will center around the reflection and discussion questions. Please emphasize to your group that they need to come to group prepared with their action step or steps from this week's reading. This study is so powerful if your group applies the teachings, so really stress to them the importance of each chapter's action step. Their homework is not to just read the chapters, but also pray the prayers and do the action step. Your group discussion time should be rich as everyone answers the reflection questions from each
chapter, and they also share their action steps and how well they followed thru with those action steps.

**Reading Plan for Path to Passion:**

**Week 1: Introduction, Chapters 1, 2 and 3**
- Developing Our Spiritual Roots
- Reading God’s Word
- Studying God’s Word

**Week 2: Chapters 4, 5, and 6**
- Memorizing God’s Word
- Meditating on God’s Word
- Praying Humbly

**Week 3: Chapters 7, 8 and 9**
- Interceding
- Listening to God
- Fasting

**Week 4: Chapters 10 and 11**
- Worshiping God Privately
- Journaling