

After the Weekend

You may attend a Via de Cristo weekend only once in your life, but you are asked to build on it for the rest of your life. Via de Cristo is not a retreat, or a substitute for a retreat. Via de Cristo does not end when the weekend ends.

After you have attended a Via de Cristo weekend, you are considered to be living your *Fourth Day* -- the rest of your life. After attending your weekend, you are asked to do two things in your Fourth Day:

1. Expand your inner spiritual life through study and church participation, and
2. Become a more active witness for Christ in your daily life.

An effective Fourth Day is the fulfillment of the Via de Cristo method. It is the tree that produces the fruit.

Via de Cristo offers two ongoing means of perseverance:

Ultreya -

Meetings of the local community for encouragement, fellowship, and study, and

Friendship/Accountability Groups -

Small groups of men or women who meet regularly for a short period to help one another in their quest for spiritual development.

Participation in these two groups is a voluntary part of Via de Cristo and is strongly encouraged.