

Shopping List for Weekend Food Pack Program

Gallon Sized Ziploc Bags

Breakfast Items: instant oatmeal, individual serving cereal box, granola/cereal bars or Pop Tarts.

Protein Items: can/cup of soup, "Easy Mac & Cheese", can/pouch of tuna, salmon, or chicken, Vienna Sausages, individual serving ravioli, beef-a-roni, spaghetti, or peanut butter crackers.

Fruits: individual fruit cups or dried fruit boxes.

Milk: Long Shelf-life.

Snacks: Pudding, fruit snacks, crackers, granola bars.

Place these items in the large grey bin outside the church office.

Thank You for helping to feed the hungry children of Springfield!

The easiest and most economical way to buy these items is in multi-packs sold at Costco and BJ's. If this is difficult for you, there is now a designated account for this effort and you can donate to it by indicating that your contribution is for Weekend Food Packs on the subject line of your check.

Please help out with this new effort. This is something we can do locally to show the love of Christ to those around us.