God is Omnipotent

**Bible Point**
God is powerful.

**Bible Verse:**
Great is our Lord and mighty in power; his understanding has no limit. Psalm 147:5

**Bible Passage**
Psalm 145:1-6
I Samuel 17:32-58

**Overview**
God’s power is unlimited. He can do whatever He pleases. However, He will never do anything outside of His character. Because God is all-powerful, we can trust Him to help us. We can know that He will always have the ability to do what He has promised to do.
God is Powerful

Week 3

Supplies
- Lab Glasses
- Lab Coat
- Fog machine (optional)

(Loud explosion. Smoke pouring out of lab area. Use fog machine to make smoke.)

(Dr. Beaker comes stumbling out of the lab. His face should be dirty as if something has just blown up in it.)

Whoa! What happened? That was a powerful explosion. I was boiling my experiment and next thing I know, I was flying across the room, hitting the wall.

Actually, this powerful explosion is very fitting for an experiment I am running today on omnipotent. Of course, that is a big, mammoth word. I am quite sure you would like to know the meaning of the word.

My best scientific definition of omnipotent:

Omnipotent means all-powerful.

(Suddenly, looks panicked.)

Erlenmeyer! Dynamo! They were in the lab with me. I forgot. I must find out if they survived the explosion.

(Dr. Beaker exits in a panic.)

Supplies
- 2-3 liter sauce pan
- A pair of kitchen tongs
- Stove

Fill the pan with cold water. Put 1 tablespoon of water in the empty pop can. Heat the can over the stove, holding the can with the tongs. When the water begins to boil, a cloud of vapor will escape from the can. Let the water boil for 30 seconds. Quickly turn the can upside down and put it into the water in the pan. The can will collapse.

Safety precaution: Do not heat an empty can. Do not use high heat to heat the can.

It seems impossible that you can crush a can like that. God’s power can accomplish impossible things also.

Air Power

Supplies
- Ping pong ball
- Wide mouth funnel
- Hairdryer
- One toilet paper roll
- Dowel rod or broom handle
- Leaf blower

Place the ball in the funnel. Have someone come up and tilt his or her head back and blow into the funnel. Can they blow the ball out of the funnel? (They should not be able to.)

Now, take a hairdryer and place the ping-pong ball on the end of the hair dryer. Turn it on. What happens? (The ping pong ball should float above the hair dryer.)

God is all-powerful. We try to do things in our own power and we can not seem to do much like when we were trying to blow the ping-pong ball out of the funnel. (Quickly pass your hand
through the blowing air like a karate chop. The ping pong ball should fall down when your hand blocks the air flow.) We can also get in God’s way.

(Place the toilet paper roll on the dowel rod or broom handle.)

When we truly depend on God's power, we can do incredible things.

Turn the leaf blower on. Place it under the roll of toilet paper. The paper will quickly unravel and stay in the air until you turn the blower off. Kids love this!

Breath of Air

Supplies:
- Windbag™

Call a volunteer up. Do you think you can fill this bag with air? Let the child try it. Have another child hold the end of the bag so that the bag is out straight in front of the child. After the child has tried, flatten any air out of the bag. If you have time, let several children try this.

Does anyone think they can fill the bag with only one breath? Let a child try it.

Now, I am going to try. How many of you think I will be successful?

Hold the bag about half an arm’s distance from your mouth. Blow into it and then quickly tighten the bag.

It seemed impossible to blow up the bag with only one breath. Of course, I knew a secret that helped me blow the bag up. So many times we try things on our own. However, if we would only ask Him for help and for His power, we would be able to accomplish so much more.

(pp) Lab Experiments

Experiment 1 – Powered vs. Non-powered

Supplies
- Raisins
- Two clear drinking glasses
- Flat soda pop
- New can of soda pop

Pour the new can of soda into one glass. Pour the flat soda into the other glass. Let the kids take turns dropping raisins into the glasses and observing what happens. The glass of flat soda should make the raisins drop to the bottom. The glass of new soda should make the raisins rise and fall, almost slow dancing. (Be careful to not add too many raisins to the carbonated glass. They tend to not rise and fall as well when there is a lot.)

The two glasses represent a person relying on God’s power and a person relying on his own power. Which one is which?

Experiment 2 - Magnet power

Supplies
- Neodymium magnet
- Folding table with metal legs

Place the magnet on the table. Have the kids experiment with placing the magnet on different places of the table. When the magnet is close to metal, it will "mysteriously" move by itself. The kids get a big kick out of watching it!

God's power is invisible. We cannot see it; however, we can see the results of His power.
God is Powerful  

Week 3

Experiment 3 – Airzooka

Supplies

- Airzooka
- Paper cup

Call a volunteer to the front. Place the paper cup on the volunteer's head.

Do any of you think you can blow this cup off of _______'s head?

Choose a few kids to come up and try. Place them about 10 feet away from the volunteer. After they have tried without success, pull out the Airzooka.

Stand 10 feet away, aim at the cup and shoot a blast of air. The cup should fall right off.

(If time permits, let the kids take turns blowing the cup off each other's heads.)

This reminds us again that when we rely on our own power, we do not accomplish much. By relying on God and His power, we can do the things that He has called us to do.

Bible Story

Psalm 145:1-6, I Samuel 17:32-58

David and Goliath

Supplies

- None

What have we learned about David so far? We know that he was a shepherd, guarding and taking care of his father’s sheep. We know that he had great courage in protecting those sheep by killing both a lion and a bear.

What was it that God had planned for him for the future? He was to be the king some day.

We also learned that David wrote many of the psalms, which are songs. Not only did he write the songs, but he also enjoyed playing them on his harp. In fact, King Saul had heard about David and the King had David play for him when he was in a bad mood. So, David was traveling between the king, playing the harp for him, and his home, watching the sheep for his father.

Listen while I read part of a Psalm of David to you.

“I will exalt you, my God and my King; I will praise your name for ever and ever.

Every day I will praise you and extol your name for ever and ever.

Great is the Lord and most worthy of praise; his greatness no one can fathom.

One generation will commend your works to another; they will tell of your mighty acts.

They will speak of the glorious splendor of your majesty, and I will meditate on your wonderful works.

They will tell of the power of your awesome works, and I will proclaim your great deeds.” Psalm 145:1-6

While David would sing this song, I wonder if he was thinking of the great feat that God did. Let me tell you about it:

The Israelites, which included David’s three oldest brothers, were being led into a war by King Saul against the
Philistines. The Philistines had a champion named Goliath. Now, he was not just any champion. Goliath was over nine feet tall. He wore heavy armor. And he would stand and shout to the Israelites, “Why do you come out and line up for battle? Choose a man and have him come down to me. If he is able to fight and kill me, we will become your subjects; but if I overcome him and kill him, you will become our subjects and serve us.” The Israelite army was terrified. Not one single soldier volunteered to come out and fight. This went on for forty days.

Meanwhile, David was home with his father. One day Jesse, David’s father, called for him. He gave him some food and asked him to go down to where his brothers were at war and bring them the food. He also wanted David to find out how his brothers were doing and bring back word to his father.

Early in the morning, David left the flock of sheep with another shepherd and set out with the food to the camp. When he arrived, he ran to the battle lines to check on his brothers. While he was talking with them, out came Goliath. As usual Goliath shouted out the same things that he had been shouting for forty days. And, of course, the Israelite army was terrified and ran.

This must have made David curious because he started asking around about this guy. King Saul heard that someone was asking about Goliath and sent for him.

When David was brought into King Saul’s presence, David told the king, “Let no one lose heart on account of this Philistine; your servant will go and fight him.”

Now, that took some courage. David was only a teenager. He had spent all of his short life tending his father’s sheep with only a few breaks to visit the king and play his harp for him. He had never been in an army! And now he was volunteering to fight the most feared man in all of the Philistine army.

King Saul told him that he was only a boy and that he could not go out and fight. He explained that Goliath had been fighting all of his life. But David could not be detoured. He told King Saul all about killing the lion and the bear. And then he told him, “The Lord who delivered me from the paw of the lion and the paw of the bear will deliver me from the hand of this Philistine.”

David knew he could not fight Goliath alone. He knew that he had to have God’s power behind him. He was relying on it. He was depending on it.

Saul must have sensed this and he relented and let him go. But first, Saul dressed David in his own royal armor. However, the armor was too heavy for David. So David took them off and gave them back. All he took with him was his staff, five smooth stones from a stream, a pouch and his slingshot.

He went and faced the giant, Goliath. When Goliath saw David and that he was only a boy, he yelled to him, “Am I a dog that you come at me with sticks? Come here, and I’ll give your flesh to the birds of the air and the beasts of the field.”

David told him, “You come against me with sword and spear and javelin, but I come against you in the name of the Lord Almighty, the God of the armies...
of Israel, whom you have defied. This day the Lord will hand you over to me. All those gathered here will know that it is not by sword or spear that the Lord saves; for the battle is the Lord’s and he will give all of you into our hands.”

Goliath moved closer to David, ready to attack him. David ran quickly to meet Goliath. He reached into his bag, took out a stone, placed it in the slingshot and slung it around. The stone went sailing through the air and struck Goliath right in the forehead. Goliath fell facedown on the ground with a thud.

David had triumphed over Goliath with only a sling and a stone.

But David knew that he was not the reason this was possible. The Lord had made it possible through His power and His might.

Prayer

Ask the Lord to help the children depend on God’s power just like David did. Give them a few moments to think of some giants in their lives that they need to defeat. Perhaps it is an emotion like fear or a sin like lying. Perhaps it is a circumstance such as parents getting divorced. Take some time to let the children reflect on depending on God instead of themselves.

Object Lesson/Modern Day Story

Apollo 13

Supplies
- Pictures of Apollo 13
- Square peg
- Round tube

Show the square block and the round tube. How many of you have ever heard the expression, “it is like trying to fit a square peg into a round hole”? That is exactly what one group of astronauts faced.

Back in 1970, three astronauts were headed toward the moon on Apollo 13. They were going to land on the moon and do some exploring. Astronauts had already landed on the moon so they were not the first. However, their mission was important. And they were so excited. Wouldn’t you be? Can you even imagine walking on the moon? This was a dream about to come true for these astronauts.

Everything was going fine on their mission, when suddenly there was an explosion. Warning signals started going off. The astronauts knew they were in trouble. After some time, mission control down on earth was able to start figuring out the problems.

One of the problems that they faced was a lack of power. The astronauts had to shut down all the power on the spacecraft and climb into the module that was suppose to be used to land on the moon. They had to shut down the heat so they were really cold. Then, they faced another major problem. There was too much carbon dioxide because of their breathing. The filters that were supposed to get rid of the carbon dioxide were not able to do their job. So, the engineers down on the ground gathered all the extra equipment and worked until they had figured out how to literally put a square peg in a round hole. Once they figured out how to do this, they were able to fix
the carbon monoxide problem. During this time, astronauts on the ground were trying to figure out how to conserve power as the astronauts came back to earth.

It looked like an impossible situation. But nobody gave up. They found solutions using some really creative methods.

We often want to give up on something because it looks impossible. We just do not seem to have enough power to make it work. It feels like we are trying to fit a square peg in a round hole.

When this happens, we need to remember that God will give us the power we need to do what He has willed us to do. His power will never run out.
God is Powerful  ♦  Week 3

Time Stretchers

Craft

Windsock

Supplies
- Brown paper lunch bag
- Hole punch
- Streamers
- Markers
- Scissors
- Tape or glue
- String or yarn

Cut out the bottom of the lunch bag. Fold down the top of the bag all around and punch holes at the four corners of the bag. Cut streamers to the desired length and glue or tape them to the inside of the cut end of the bag. Decorate the bag with markers. Cut four pieces of string and tie each one to the corner holes. Tie all the pieces of string in a knot to form a hanger.

When the windsock blows, it reminds us of the wind that we cannot actually see but we can see the effects of. In the same way, we may not see God’s power but we can see the effects of his power around us.

Memory Verse

Supplies

Great is our Lord and mighty in power; his understanding has no limit.
Psalm 147:5

Supplies
- Ping pong ball
- Words of verse on cardstock (page 13)

Place the verse cards face down on the floor. Put the ping-pong ball in front of the cards. Let the kids take turns blowing on the ball, trying to make the ball run over a card. Whichever card the ball runs over, pick up. When all the cards have been run over, the kids should work together to put the verse in order.

Fun option: Use the Airzooka to move the ping-pong ball!

Game

Stumps

Supplies
- 2 different colored pieces of cardstock
- 2 pillows or pool noodles

Pick two kids. They each stand on a piece of cardstock, holding the pillows or pool noodles. On go, they both try to knock each other off the paper by using the pillows or pool noodles. The last one left standing on the paper wins.

If you have time, let all the kids try it. Or bring more than two of each item so more pairs can try it at the same time.

Was it hard to stay on the square? What made it hard? Did having the pillow to protect you help when you were being attacked? God’s power is something you can depend on when you feel like you are being attacked. He gives you two weapons that will help you: His word, the Bible and prayer. Remember to use these two important weapons when you are being attacked.
**Snack**

**Stones**

Supplies: Round rolls (shaped like stones), butter or jam, paper plates, knives

Let the children spread butter or jam on their “stones”.

While they eat their snack, review the story of David and Goliath.
(Loud explosion. Smoke pouring out of lab area. Use fog machine to make smoke.)

(Dr. Beaker comes stumbling out of the lab. His face should be dirty as if something has just blown up in it.)

Whoa! What happened? That was a powerful explosion. I was boiling my experiment and next thing I know, I was flying across the room, hitting the wall.

Actually, this powerful explosion is very fitting for an experiment I am running today on omnipotent. Of course, that is a big, mammoth word and I am quite sure you would like to know the meaning of the word.

My best scientific definition of omnipotent:

Omnipotent means all-powerful.

(Suddenly, looks panicked.)

Erlenmeyer! Dynamo! They were in the lab with me. I forgot. I must find out if they survived the explosion.

(Dr. Beaker exits in a panic.)
Apollo 13
Apollo 13
**Memory Verse**

Great is our Lord and Mighty in power His Understanding has no limit

Psalm 147:5
Together Time

God is Omnipotent

**Bible Point**

God is All Powerful

**Bible Verse**

Great is our Lord and mighty in power; His understanding has no limit.

Psalm 147:5

**Discussion**

🌟 What is the most powerful storm you can remember?

🌟 Were you scared?

🌟 Is God’s power something to be afraid of or something to be comforted by?

**Family Fun**

See how long you can go without using anything that requires electrical power. Be creative!

---

God’s power is unlimited. He can do whatever He pleases. However, He will never do anything outside of His character. Because God is all-powerful, we can trust Him to help us. We can know that He will always have the ability to do what He has promised to do.
God is...

Definition of Omnipotent:
All Powerful

Lab Demonstration

Lab Time!

Be safe and follow all instructions.

Dr. Beaker

Bible Story

“I will exalt you, my God and my King; I will praise your name for ever and ever. Every day I will praise you and extol your name for ever and ever. Great is the Lord and most worthy of praise; His greatness no one can fathom. One generation will commend your works to another; they will tell of your mighty acts. They will speak of the glorious splendor of your majesty, and I will meditate on your wonderful works. They will tell of the power of your awesome works, and I will proclaim your great deeds.”

Psalm 145:1-6
“Let no one lose heart on account of this Philistine; your servant will go and fight him.”