RUOK FALL RETREAT - INFORMATION SHEET

RUOK FALL RETREAT - NOV 4-6
CAMP CARL, RAVENNA, OH
PRICE: $55 ($25 DEPOSIT DUE SEPT 11)

WHAT IS RUOK?
What is RUOK? It is a weekend designed for middle school students filled with what they love. RUOK is 36 hours of high voltage, petal to the metal, non-stop fun.. But RUOK is more than fun, it’s also a time to connect. Connect with God, with friends, and with leaders. This weekend will be a memory you’ll never forget. Not just because of the mud but also because of the friendships you’ll have and the growth in your life. Make plans now to go to this. Space is limited! Sign up and register/pay by Sept 11th to secure your spot!

DEPARTURE/RETURN:
We will meet at Wadsworth UMC (Upper Lot) @ 5:30PM on Friday, Nov. 4. We will car pool over to Camp Carl in Ravenna for RUOK. Our estimated return time will be around 1PM on Sunday, Nov. 6th. Please eat before we leave on FRIDAY as we will NOT be stopping for a meal on the way.

WHAT DO WE DO ALL WEEKEND?
The weekend will include mixers, games, challenges, pizza, entertainment, new friends and tons of other fun! Did we mention they have a gym? Boredom is not an option at RUOK. Plus every night we have Club which jams with our RUOK band, hilarious skits and a cool speaker who helps you think about God in ways you never thought of.

WHAT ABOUT LODGING AND FOOD? Lodging is provided in a variety of facilities from rustic cabins to new cottages. ALL are heated, ALL have indoor bathrooms, and all have beds – you just need to bring a sleeping bag. Meals are served in the Dining Hall and the food is kickin’!

CAN I BRING FRIENDS? DUH! Bring ‘em all to RUOK. This trip is open to everyone! We’ll take as many people as we possibly can. Right now I’ve reserved 12-13 spots for students, but I can reserve more spots if needed (and if they are available). If your friend’s parents need us to tell them more about the trip, just have them get in touch with me and I’ll be happy to answer all their questions. Contact Tim Beck 330-904-6403.

BRING A SNACK TO SHARE: This year we are asking everyone to bring a snack to share. We will put all our snacks together at some point for a junk food feast. Please be ready to hand in your snack at the church prior to departure.

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**SPENDING MONEY:** Students need money for the following. There is a snack bar, which sells candy, pop etc. RUOK T-Shirts will also be on sale($15). We will NOT be stopping for any travel meals this year. Please eat dinner before we leave on FRIDAY.

**LUGGAGE AND BEDDING:** Try to be practical when you pack. It’s good to look good, BUT it’s not necessary to bring expensive clothes, especially jewelry or perfume. Remember that sheets are not provided, so bring a sleeping bag and pillow.

**PACKING LIST:**
- Sleeping bag / pillow
- Comfy, warm clothes (Jeans, Shirts, Sweats, etc)
- Shoes
- Snack to share
- Spending money (optional)
- Towel
- Toothbrush/paste
- Soap
- Deodorant
- Bible
- Flashlight

**FOOD NEEDS:** If you are a vegetarian, have special food needs or food allergies, please let me know prior to departure on Friday.

**MEDICATIONS:** Please place all your medications in a Ziploc baggie with your name on the bag. Make arrangements with Tim (or any other Wadsworth UMC leader) prior to departure.