

Honduras Supply List

4x4 Gauze pads	Hydrocortisone Cream
Ace Wraps	Ibuprofen – liquid and tablets (for children)
Acetaminophen -Tylenol (for children & adults)	Infant Bulb Suction
Adult and child cough syrup	Infant Formula
Alcohol Prep Pads	Lotramine
Aleve	Milk of Magnesia
Allergy Medications	Monistat
Anti-inflammatory creams	Multi-Vitamins – infant, children and adult
Band Aids	Nasal Inhalers
Benedryl Liquid	Nasal Saline
Calcium + Vitamin D	Nasal Spray
Chux Pads	Nasacort
Claratin – liquid and chewable	Neosporin/polysporin
Cough Syrups w/expectorant	Potassium
Diurex – water pills	Psyllium (a type of fiber)
Eucerin lotion	Slo niacin
Gloves: Sm, Med, Lg	Stool Softeners
Tongue Depressors	Stomach Acid Reducers – Pepcid, Prilosec, Zantac
Vaseline	Any OTC's are great

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