

# NO FEAR NOVEMBER

FEAR OF  
REJECTION  
NOV. 12/13

TALK  
IT  
OVER

## LOOKING AT

**Read the following verse out loud  
and discuss how it applies to your lives:**

Fear of man will prove to be a snare, but whoever trusts in the Lord is kept safe. **PROVERBS 29:25 (NIV)**

## LOOKING IN

**Reflect & share your responses with the group:**

- >> Recall an experience of when you felt rejected.
- >> Share how feelings of rejection may have hindered your life.
- >> What do you believe your fear of rejection stems from?
- >> What is the fear of man and how does it affect your life?

## LOOKING AT

**Read the following verse out loud  
and discuss how it applies to your lives:**

Am I now trying to win the approval of men, or of God? ...  
If I were still trying to please men, I would not be a  
servant of Christ. **GALATIANS 1:10 (NIV)**

## LOOKING IN

**Discuss the following statement as a group:**

The fear of man, pleasing people and trying to make others  
happy becomes sinful when it becomes an inordinate desire  
rearing its ugly head in many different ways.

- >> Do you agree? Disagree?
- >> Share a time in your life where you discovered that people  
pleasing became an inordinate desire for you.

## LOOKING AROUND

**Brainstorm the following as a group:**

- >> Name some indicators that might alert you to the fact that  
you are struggling with the "fear of man."
- >> What are some practical ways that we can begin to lessen  
our fear of rejection and deal with our approval addiction?

**Process and reveal your thoughts  
about the following concepts:**

- >> "Unmasking the fear of man begins with understanding  
that fearing man and trusting God do not go together."
- >> "The fear of man is using people to get what I want  
instead of loving people while giving God what He  
deserves, GLORY!"

## LOOKING UP

**Pair up with two others in your group.** Pray for God to  
help you run to Him when the fear of man wells up inside you.

## LOOKING OUT

Jesus Christ came to make you fully approved before God.  
The ultimate hope doesn't come from you thinking better  
about yourself, but thinking and focusing more on Him!  
Remember 1 John 1:18 – "Perfect love casts out fear!"

**QUESTIONS?**

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