

NO FEAR
NOVEMBER

FEAR
OF THE
FUTURE
NOV. 5/6

TALK
IT
OVER

LOOKING AT

Read the following verse out loud and discuss how it applies to your lives:

There is no fear in love. But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect in love. **1 JOHN 4:18 (NIV)**

LOOKING IN

Reflect & share your responses with the group:

- ❑ What are you afraid of?
- ❑ Why do you believe you fear these things?

LOOKING AT

Read the following verse out loud and discuss how it applies to your lives:

I sought the Lord, and he answered me; he delivered me from all my fears. **PSALM 34:4 (NIV)**

LOOKING IN

Reflect & share your responses with the group:

- ❑ Why do you believe you fear the future?

LOOKING AROUND

For every fear that you have there is a corresponding attribute of God: there is something about His character, there is something about His personality, there is something about His nature.

Ponder & share the following concepts as a group:

God's corresponding attribute to fear is His faithfulness.

- ❑ What does faithfulness mean? Describe times in your life that you experienced His faithfulness firsthand.

Fears come from either not understanding or not trusting various aspects of God's character. If you would like to get over your fears, the secret is to seek the Lord and understand what He is really like.

- ❑ Share your thoughts regarding the above paragraph. As a group, brainstorm practical ways that we can begin to trust God more.

God says you don't need to fear the future because He's going to be with you and He will be guiding you every step of the way.

- ❑ Strategize and share a plan of action you can take before, during, and after fear enters your mind.

LOOKING UP

Pair up with two others in your group. Pray for an increase in belief that God will do what He says He'll do. Pray to trust God's faithfulness. There's nothing to be afraid of.

LOOKING OUT

This week admit that your afraid and ask Jesus Christ to infuse you with His power and His strength. Step out in faith and do the right thing, taking it one step at a time, one day at a time. Know that God's not going to give you energy for next year today. But He will give you energy for tomorrow when you get there.

QUESTIONS?

CONTACT OUR PASTOR OF SPIRITUAL GROWTH
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