

blessed

october 1/2

talk **IT** over

H U N G E R

looking AT

Talk about the following verse as a group and how it applies to your individual lives: *“God blesses those who hunger and thirst for righteousness, for they will be filled.”* MATTHEW 5:6 [NIV]

looking IN

We find fulfillment in the righteousness of God; being right with Him and living the way He intends. Righteousness is not only something God does for us, it is something He does in and through us. He does all the work. Our role is to accept what God has done for us. Our first step (no matter who we are or what we’ve done) is to say “Yes” to Jesus. Then, out of a relationship with Him we discover that we have a newfound hunger and thirst to know more of Him. He alone fills our emptiness.

- ▶ Briefly share your transformational story of when you said “Yes” to Jesus and how He filled your emptiness.
- ▶ Share the differences between what you hunger for today compared to what you hungered for prior to saying “Yes” to Jesus. In what ways did you attempt to find fulfillment in your life before Jesus got ahold of your heart?

looking AT

Talk about the following verse as a group and how it applies to your lives: *“The Lord says, ‘All you who are thirsty, come and drink...Why spend your money on something that is not real food? Why work for something that doesn’t really satisfy you? Listen closely to me and you will eat what is good; your soul will enjoy the rich food that satisfies.’”* ISAIAH 55:1-2 [NCV]

looking IN

Share your responses with the group:

- ▶ Why do you think we often want to substitute the nutritious spiritual food that God offers with “junk food” that offers no satisfaction? What “junk food” would you like to eliminate from your life and what substitute might you enjoy that God tells us He will provide?
- ▶ What happens to our spiritual health and our relationship with God if we neglect nourishing ourselves spiritually?

looking AROUND

Brainstorm the following as a group:

- ▶ Righteousness is being in a right relationship with God. What can we commit to do this week to remove any obstacles hindering our relationship with Him?
- ▶ As a lifestyle, righteousness is living the way God wants us to live. How can we discern what God wants us to do with our life?

looking UP

Pair up with two others in your group. Invite the Holy Spirit to come and increase your hunger and thirst for God.

looking OUT

This week passionately pursue God.
Commit to daily diving into God’s Word.

QUESTIONS?

CONTACT OUR PASTOR OF SPIRITUAL GROWTH
JEANNE MOORE AT jmoore@vccindy.org.