A Guide for Consistent Prayer

Helpful Hints for Readers of the One Year Bible

By Powell Johnson

Hopefully, this prayer guide of hints will be helpful and cause the reader to evaluate how to pray. Additionally, this guide will assist them on how to deal with the conflicts they face in prayer. Finally, the guide will encourage the child of God to enjoy their fellowship with God as they pray.
Prayer should be considered as a dialog or intense conversation between two persons that sincerely want to communicate with each other. God speaks to His creation. Today we have the written Word of God that allows the reader to hear what "thus saith The LORD**."

This booklet offers hints about "how to pray" and "how to deal" with the conflicts and obstacles to prayer that we face.

The Scripture identifies believers "as new born babes" who are to "desire the sincere milk of the word, that they may grow thereby." (I Peter 2:2 ) All of us need to be encouraged to pray. We should grow from the milk to the meat of the word of God "but strong meat belongeth to them that are of full age, even those who by reason of use have their senses exercised to discern both good and evil."(Hebrews 5:14). Also we need to realize the application of Revelation 1:7 " He that hath an ear; let him hear what the Spirit saith unto the churches;" for praying is a spiritual work.

Praying scripturally at times is hard work. If we desire to be fervent and effectual in our prayers, we must be diligent in our preparation to be righteous in order to meet the only true and living God. He is holy. Any child of God may pray at anytime, anywhere and for whatever reason. I suggest to you that praying to and with the LORD God Jehovah is a fearful spiritual work. Be prepared to "take off your shoes" for you are walking on holy ground.

We should strive and be diligent as we prepare to meet the LORD God with reverence, humility, sincerity, and in holiness. As the Psalmist would pray, "Lord, judge us in our righteousness." When we say search me and know me, we are submitting ourselves to GOD. We ought not to be afraid, but we should boldly come to the throne of God by faith. According to Hebrews 11:6 "But without faith it is impossible to please him: for he that cometh to God must believe that he is, and that he is a rewarder of them that diligently seek him."
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Evaluate the Condition of your Prayer Life.

As a born again child of God, we are related by His blood. Because prayer is the dialogue, the communication we have with our Father, our prayer life is our fellowship with Him. Once salvation is established, we will never lose our relationship. However sin will separate us from the fellowship with our Father. The question is, then, are you getting along with the Father? Amos asked the question, "how can two walk together except they be agreed?" This demonstrates the necessity of understanding who we are in relation to who God is. When we are walking together with Him, we are in fellowship. We express our fellowship through our communication with Him.

If a child of God is out of "fellowship" with the LORD because of sin, he must confess, make all things right and seek forgiveness before he enters into the holy presence of GOD. We ought to be grateful for the opportunity to make things right between us and the Father. "If we confess our sins, he is faithful to forgive us our sins, and to cleanse us from all unrighteousness." (1st John 1:9) The Father wants to have fellowship with His children.

We who are saved will never lose our eternal relationship with God, but because of sin, we can be out of fellowship with Him. A good example of this is demonstrated in the reading Ezra chapters 8-9. Take note of Ezra's attitude of being ashamed and that of not even blushing at sin.

"Then were assembled unto me every one that trembled at the words of the God of Israel, because of the transgressions of those that had been carried away; and I sat astonied until the evening sacrifice and said, O my God, I am ashamed and blush to lift up my face to thee, my God: for our iniquities are increased over our head, and our trespass is grown up unto the heavens." Ezra 9:4,6

The result of this admission of guilt in his praying was given in part at Ezra 10:1 "Now when Ezra had prayed, and when he had confessed, weeping and casting himself down before the house of God..." How much of God do we really want to have?

I have learned by reading the Bible that God has established prerequisites for praying and coming into his presence. God wants to communicate and have fellowship with his children, yet he has set ways we are to follow in order to commune and to pray with him. In Isaiah 59, God records the sins that His people committed. Because of their iniquities, God said he would hid His face and would not hear them. A rebellious attitude is a hindrance to your fellowship and effective prayer.
Some of the ways recorded in the Bible that we get out of fellowship with our Father are given below. God also provides the best way to get back into agreement with Him so that we can pray. For example:

**By regarding iniquity. Psalm 66:18** If I regard iniquity in my heart, The Lord will not hear me:" If we hold onto any iniquity, even any part of any sin, and regard that at the same time try to come before God and pray, The Lord said he would not hear us. We, as children of God, must come into his presence with a clean heart. Apply 1John 1:9 "If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness." Be specific to identify your sin and expect God to be specific in forgiving and cleansing you.

**By worshiping idols. Ezekiel14:3-5** "Son of man, these men have set up idols in their heart and put the stumblingblock of their iniquity before their face: should I be enquired of at all by them? Therefore speak unto them, and say unto them, Thus saith the Lord God; Every man of the house of Israel that setteth up his idols in his heart, and putteth the stumbling block of his iniquity before his face and cometh to the prophet; I the LORD will answer him that cometh according to the multitude of his idols; That I may take the house of Israel in their own heart, because they are estranged from me through their idols." People need to be careful about having to have some aid or help in order to pray and worship. The saved individual has the right and authority to boldly come into the presence of God when he is clean and his sins confessed. The solution to this conflict is given at verse 6 "Therefore say unto the house of Israel, Thus saith the Lord God, Repent, and turn yourselves from your idols; and turn away from all your abominations."

**By acting stingy. Luke 6:38** Give, and it shall be given unto you; good measure, pressed down, and shaken together, and running over, shall men give into your bosom. For with the same measure that you mete withal it shall be measured to you again." We ought to be givers first and then receivers of gifts from The LORD as he causes others to give unto us. We should practice the putting of others first. Be a giver. Stewardship principles must be followed in order to be a blessing.

**Being selfish. James 5:3** "Your gold and silver is cankered; and the rust of them shall be a witness against you, and shall eat your flesh as it were fire. Ye have heaped treasure together for the last days." How often we ask amiss or ask for ourselves more than for others. Do we really believe that our Lord knows everything, all the time, even the intent of our heart? As we seek to know Him he will provide. Let us be givers, as pipelines to and for others, and not as storage tanks

**Having an unforgiving spirit. Mark 11:25**"And when ye stand praying, forgive, if ye have aught against any: that your Father also which is in heaven may forgive you your trespasses. But if ye do not forgive, neither will your Father which is in heaven forgive your
trespasses." As and when we are praying we ought to seek blessings for others. It is not easy to define how small and significant "aught" is, but any amount, perhaps just a hint of an idea, of anything or thought is enough to offend our God and he will not hear us. Look at James 4:17 "Therefore to him that knoweth to do good, and doeth it not, to him it is sin."

How is your spirit?

By practicing sin we offend God. Isaiah 59:1-2 "Behold, The LORD's hand is not shortened, that it cannot save; neither his ear heavy, that he cannot hear; But your iniquities have separated between you and your God, and your sins have hid his face from you, that he will not hear." When we are practicing known sins and iniquities God will turn his back to us and cover his ears. We must first cry unto The LORD admitting our sins and asking for forgiveness before he will look upon us and hear our praise and petitions. Apply 1John 1:9.

Because of unbelief. James 1:5-8 "If any of you lack wisdom, let him ask of God, that giveth to all men liberally, and upbraideth not; and it shall given him. But let him ask in faith, nothing wavering. For he that wavereth is like a wave of the sea driven with the wind and tossed. For let not that man think that he shall receive any thing of the Lord. A double-minded man is unstable in all his ways." As we read to know Him we will be exposed to many promises. Where and when God has said Amen we ought not to ask or question, but believe. It is offensive to God for us to ask him to be, do, give or go with us when he has already made the promise. If we do not know what He has said and promised we may pray amiss in unbelief and in ignorance. Read to know Him. It is better to say to Him, "Father you said...., . when you ask for a blessing.

Husbands, dwell with them according to knowledge, giving honour unto the wife, as unto the weaker vessel, and being heirs together of the grace of life; that your prayers be not hindered." If and when a husband disregards his wife and put another in her place mentally or physically this will hinder their prayers. Husband love your wife.

By not hearing instruction given in the scriptures. Proverbs 28:9 "He that turneth away his ear from hearing the law, even his prayer shall be abomination." Read to know Him and the law. All men are without excuse. Read, hear, heed, obey and enjoy The LORD.

By not having compassion. Proverbs 21:13 "Whoso stoppeth his ears at the cry of the poor, he also shall cry himself, but shall not be heard." If a person intentionally turns away from the needy, stops his ears, he not only cannot hear their cry but neither may he hear the law and instruction from The LORD. God wants to bless his children so that they may be a blessing. We need to recall how we got save and do unto others. Share the Gospel. He that hath an ear, let him hear what the Spirit saith.

Being stubborn. Zechariah 7:9-14a "Thus speaketh the LORD of hosts, saying, Execute true judgment, and shew mercy and compassion every man to his brother; and oppress not the
widow, nor the fatherless, the stranger, nor the poor; and let none of you imagine evil against his brother in your heart. But they refused to hearken, and pulled away the shoulder, and stopped their ears, that they should not hear. Yea they made their hearts as an adamant stone, lest they should hear the law, and the words which the LORD of hosts hath sent in his spirit by the former prophets: therefore came a great wrath from the LORD of hosts. Therefore it is come to pass that as he cried, they would not hear; so they cried, and I would not hear, saith the LORD of hosts: But I scattered them with a whirlwind among all nations whom they knew not." The LORD plainly tells all of us what he expects, especially his children. We have the Word of The LORD. Apply this in light of James 4:17 and get right, be right and then do right for God's glory.

Webster's New College dictionary says that a prayer is a reverent petition made to God or "an act of communion with God as a confession, praise or thanksgiving." The Bible emphasizes that prayer is entreaty, intercession, supplication and worship. Prayer is the "exchange in communication" or a reverent dialog between two people. The LORD of hosts speaks to us in and by the written Word today. We reply to His words by our words. When we are praying, it is as if two people are talking to one another.

Who then can pray? Why should we pray? When should we pray? How should we pray? Can we pray if we are out of fellowship with God? This booklet is offered to cause you to consider these conflicts and obstacles, and to offer suggestions on how to work at restoring your fellowship with your God and enjoy walking and talking with Him. Yes we can pray. God wants to fellowship with you. Respect God's holiness.

Praying is the way established by The LORD God for His children to verbally express to The LORD and their Lord their adoration, praise, worship, confession of sin(s), thanksgiving, supplications and petitions. We are given an example of prayer when Jesus taught His disciples how to pray as recorded Matthew 6:9-13 and Luke 11:1-4. Prayer is the way the children talk to The Father in the name of The Son as they walk with Him. GOD is Holy and will not fellowship nor attend to the offer of prayer and fellowship with his children who are in sin. GOD is Holy.

As the Bible shows the conflicts and obstacles to prayer, it also warns us of the impact of disobedience and also tell us how to get right. Isaiah1:1-16 records how sin causes The LORD to hide His eyes(15) and not hear prayers. Verses 16-20 declares the way to repent and come into His presence, "Come now, and let us reason together, saith the LORD:" Determine to seek God. Read his Word to know Him. Choose a place where you have quiet privacy. Allow sufficient space to prostrate, kneel, sit or stand as you choose. The position of the body is secondary to the condition of your heart. Be comfortable and practice being in the presence of God. Set an additional chair in your space and invite The
Lord Jesus Christ to join you. If you pray with a partner then arrange the chairs so that He is in your midst. How can two pray together if they do not agree?

As you prepare to read and pray ensure that your heart is clean. We are approaching the Holy Place where GOD abides. We are asking The Father to allow us to come into His presence in the name of The Lord Jesus Christ in the power of God The Holy Spirit. We ought to want our heart to be searched, all conflicts and obstacles admitted and confessed. As sins are revealed we ought to agree with God, repent and forsake. Then we should realize that we have been forgiven and been made acceptable to God. Now walk at liberty in His presence for He loves you unconditionally.

Prayer may be verbalized in song, reciting scripture, speaking your thoughts or quietly recalling His blessings. Spending time adoring God, being contrite and thankful ought to be expressed before asking for favors. Call unto Him with joy recalling His names, traits and attributes. Be careful to not pray amiss but pray in accordance with given truths. It is OK to say "LORD save me!"

We have been given many precious promises. God declares that these promises are for the believers as they are obedient and faithful to attend to the conditions. If God has said He would be with us, and He has, then why would we ask for Him to come and be with us. If The Lord has said "come unto me" why would any ask "Lord do you want me to follow you?". Read to know Him. Pray to bless the LORD.

I suggest you consider using the phrase "cause me" when seeking direction and assistance as you pray. To me when I say "help me" it is as though I want "someone" to come along beside me and the two of us get it done. When I say "cause me" I am saying I can't do this, Dear God please cause me to see the way you are going, lead me and by your grace I will follow thee.

Cause me implies that I have stopped trying and now I am leaning on The Lord to make the way. Psalm 143:7-11 is a good prayer that you can read and "pray back" to The LORD. "Hear me speedily, O LORD: my spirit faileth: hide not thy face from me, lest I be like unto them that go down into the pit. Cause me to hear thy loving kindness in the morning; for in thee do I trust; cause me to know the way wherein I should walk; for I lift up my soul unto thee. Deliver me, O LORD, from mine enemies; I flee unto thee to hide me. Teach me to do thy will; for thou art my God: Thy spirit is good; lead me into the land of uprightness. Quicken me, O LORD, for thy righteousness' sake: bring my soul out of trouble."

We can trust God to be faithful. As we read to know Him we learn of His promises so that we can confidently say back to Him "You said" therefore we may be, may do, may go and act as we ought. Lord cause me to see where you are going so that I may follow you. John
3:12 "If I have told you earthly things, and ye believed not, how shall ye believe, if I tell you heavenly things?" Ask your Lord to be gentle as He causes you to follow Him.

Choose to meet with the Father on his terms. If you believe and agree, in accordance with the Bible, that GOD, the Lord Jesus Christ and the Holy Spirit are One God and that He is Holy, no one may come into his presence nor speak to him who is not holy. We ought to purpose to come into his presence with an attitude of humility, holiness and reverence.

It may be said that the only prayer of a lost man that God responds to is that of a prayer of contrition, repentance and the confession of his sin of unbelief and admitting that he has willingly and knowingly offended God and deserves His wrath. When Jesus is seen as the only way for salvation from the wrath of God and the sinner is drawn by God's Holy Spirit then the lost person may secure the benefit of being saved by faith according to Scriptures. When we are saved we have an eternal relationship with God.

Strive for Consistency in your Prayer Life.

Habits in prayer may be those of where, when and with whom you pray. The most important person to pray with is The Lord Jesus Christ. Always seek to be in agreement with Him as you pray.

Priority of what to pray about may be according to the current situation. A prayer in time of an emergency will be different than that a prayer of praise. Many of the written prayers generally begin with the adoration of God. Many prayers are the result of a grateful heart and will focus on being thankful before asking for needs. Confession of sins is a prerequisite because He will not hear our petition if we are not in fellowship with the Father. We need to be careful to know what He has promised in the Bible and reckon that we do not need to pray for that item. It is good to pray regularly. It is good to remind the Lord that you know what He has said. We can say O LORD I remember that you said ....... Remember He knows what we know and what we need.

Make Intentional Preparation and Separation for Prayer.

As we consider our prayer to be a time of a personal conversation with The Lord God Almighty we ought to guard this private time with care. This time of prayer will be different than that of praying corporately in a church environment or in a group setting. Coming apart for your personal prayer will require a physical separation from all people. Don't limit God to a set of circumstances. We ought to pray without ceasing yet this requires a close check on our attitudes and awareness of nearby circumstances and or obstacles.
As you prepare to pray ensure that your heart is clean. We are approaching a holy God the place where GOD abides. We are asking the Father to allow us to come into His presence in the name of the Lord Jesus Christ in the power of the Holy Spirit. We ought to want our heart to be searched, all conflicts and obstacles admitted and confessed. As sins are revealed we ought to agree with God, repent, forsake and humble ourselves. Then we should realize that we have been forgiven and been made acceptable to God. Now pray at liberty in His presence for He loves you unconditionally.

As you plan to be alone with your God, going alone does not mean we are separate or apart from God. Alone means that we are in fellowship with our Lord and that he is leading. Practice praying in agreement with the Lord Jesus. Pray on purpose to glorify the LORD. Pray back the scriptures that you have just read. Make praying to Him your joy, delight and priority.

When we pray in an open forum or group our theme or motive for this prayer will be or may be different, but we ought to pray in agreement with what we know to be the mind of God according to scripture. He is with His people therefore we don't ask for Him to be with us. Because He is Omniscient we need not tell what He knows. Adore and praise Him. Each of us should make the same preparation to meet God regardless of why or where we are praying. Take time to get right and be holy.

Knowing, Understanding and Using Biblical Terminology.

It is always good to know the meaning of words. Many times people will read a set of scriptures and not know what they are reading and if they try to pray it back to the LORD they may be praying amiss and asking for the wrong application. If you read a verse that is strange to you or you do not see it clearly, read it again. To put the verse in context read the verse, the verse before and the verse after the verse in question. If this is not clear then read two or three verses before and after until you see the verse clearly.

The names of God express who He is and what He wants to be to His children. By writing out the names of God while writing out your prayers they will become more meaningful to you. I ask some people "To whom are you praying?" When we use the title LORD or GOD (all capitals) we are speaking to Jehovah the self existing One who reveals Himself and who makes known His covenants. When we say Lord we are referring to our master/owner, our Saviour also known as Adonai. When you say God, GOD or god they sound alike, but whom are you addressing? God-Elohim is the strong all-powerful one from Genesis 1. The Most High God of Genesis 14:18 is El Elyon and El Bethel is the God of the house of God.
Psalm 138:2 reminds us to stay in tune with God as is stated "I will worship toward thy holy temple and praise thy name for thy lovingkindness and for thy truth: for thou hast magnified thy word above all thy name." A good reason to read to know Him.

The attributes of God identify how He acts and emphasize His power. They can be condensed to three groupings genuineness (He is spiritual, transcendent, immanent, independent, personal and triune); greatness refers to His being glorious, His eternity, immutability, omnipotence, omniscience and omnipresence), and goodness shows Him being true, holy, just, loving, merciful and gracious.

Key words found in the Bible need to be properly understood to really know what the Bible is saying. These key words are: law, sin, righteousness, love, holy, mercy, grace, faith, hope, heart, glory and joy.

Exercise your Faith.

Read your Bible every day and believe what you read. Meditate on biblical examples. The LORD has put truth in it so that we might see, hear and believe. "so then faith cometh by hearing and hearing by the word of God." Romans 10:17

Memorize Scripture. "Thy Word have I hid in my heart.(Psalm 119:11) If there were only ten promises in the entire Bible how many of them would you have you hidden in your heart? There are numerous promises for believers in the Word. How many of these have you read and hidden in your heart?

Psalm119:9-11 " Wherewithal shall an young man cleanse his way? by taking heed thereto according to thy word. With my whole heart have I sought thee: O let me not wander from thy commandments. Thy word have I hid in my heart, that I might not sin against thee."

Develop a reservoir of "promise verses". I use the book, God's Promises For Your Every Need, ISBN 0-937347-05-1 published by C&D International copywrite, 1988. In this book there are more than fifty conditions addressed and there are many verses given that apply to each condition. If I am dealing with forgiveness it offers fifteen verses that are taken from the Old Testament and New Testament. It identifies verses that answer some of the questions about what the Bible has to say about faith, love, serving God in the church. When you want assurance recall those promise verses that speak of the LORD's faithfulness. Hide His word in your heart. Read John 3:12 "If I have told you earthly things, and ye believed not, how shall ye believe, if I tell you of heavenly things." Pay attention to them in all your circumstances. Remember, read to know Him.
Be careful in Understanding and Undertaking.

Use of the One Year Bible, that is without commentary, allows a person to read God's words to know God. Any and all Bibles ought to be read to know God. I strongly recommend the King James Version format. The One Year Bible, sometimes called the "365 Bible" provides you with a reading plan each day-calendar day with scripture from the Old Testament, New Testament, Psalms and Proverbs. Regardless of what day of the year you begin, you read till you have read every day for a year, 365 days. It is a choice. When there are no commentaries to explain what you are or will be reading the focus is on the Bible, the word of God, and not another person's thoughts or understanding. Seek to be taught by The Holy Spirit. Read, read, read to know God. We can study later. Read it through more than once. Start today.

Use of the Strong's Concordance. As I read I have "post it" notes handy so that when I see a word I do not know the meaning of I write it down and continue to read. When I have finished my daily reading to know Him then I look up the word. The Strong's Concordance has every word of the Bible and each word is listed by occurrence from first mention to last use in both Testaments.

After getting the Bible definition you may choose to look up the word in the English Dictionary. The English used in the King James Version is the best. When people use a biblical term many may not be familiar with that expression and may not know the true definition of the word. Terminology is real problem. Read to know Him and know the words so that you may better share Him with others.

Then you may re-read the verse to gain a clearer understanding of what is written. Be sure to put your "post it" note with the definition on that day so next year you will be reminded of the meaning. This understanding of Biblical terminology will make your prayer life more enjoyable. I encourage you look up words like sin, concupiscence, prudent, propitiation, repent, aught, idols, iniquity, wisdom, pride, virtue, abomination, elder and Maranatha.

Finally, I suggest you look up the word in your concordance in both Hebrew and Greek. Now read again the passage using your new found definition. Be prepared to enjoy the Word of God.

Use of Study Guides. It is not necessary to have these learning aids as you read. Most people use study guides as they prepare to teach and feed others. This booklet is provided to encourage you to feed yourself.

Read to know Him and your joy will be increased. This new habit of reading every day for a year is a big step. Take up a new philosophy and say "I am going to read through my Bible each day of the year." Read, pray and when needed, augment your understanding with
helps. Read John 14:23-31 and seek God's will for life. Add to this habit by meditating on Scripture and study to be fully persuaded to express your beliefs when giving your testimony.

Purpose to Control Things Clamoring for your Attention.

How did Adam walked with The LORD in the garden before sin? Adam walked on purpose. We need to be attentive to see and hear the circumstances that are about us and be diligent about seeking Him early each day. Plan on purpose to put Him first. Cause His truth to have the preeminence in your life. Desire His daily bread.

Knowing how to choose godly companions and prayer partners can be difficult. Read Psalm 1 and apply The LORD's guidance to your choices. Be careful whom you seek advice from in any matter. Ask your counselor if he is right with The LORD, if not, then you both need to get right before you get counsel or share advice. Be very careful, for the closer it is to the original, the better is the counterfeit. No true friend will take you from the Scriptures to lead you apart from knowing God. There is only One True Prayer Partner and He is in heaven making intercession for you at this moment. Read to know Him pray in agreement with Him and ask for His counsel.

How you hear and see John 3:12 in action is important. Jesus said "if I have told you earthly things, and ye believed not, how shall ye believe, if I tell you of heavenly things?" Be sensitive, attentive, inclined, touchable and teachable. Call out unto The Lord and ask to be reproved, corrected and instructed in righteousness. Keep your eyes and ears open expecting God to bless you so that you may do good works.

Stewardship and Obedience is Better than Sacrifice.

To Be (first) is the beginning of Stewardship. Practice responding to The Spirit of God when you are asked "what is that in your hand?" It is very easy to get busy. Quantity should not take priority over quality. Being first tells us to prioritize who gets our best, our first thoughts and our goals. Read to know God first each day and be in fellowship with Him throughout the day.

To Do (second) implies acting out your stewardship each day. When you hear and see where God is leading then be prompt to obey and be about your Father's business. Be careful about doing things for God being more important than being at His feet. "Him" is more important than "His".
To agree means to understand and do the intent of The LORD. If there is doubt, don't. It is okay to ask for clarity. It is okay to ask for the path to be made plain. Be confident in what God has said and what you have read. We read to know Him. We believe that His ways are true, sure and best. We act by faith. Be expectant and exercise your faith so that what you have read will come to pass. Being fruitful means that we are obeying what we have read and doing what is right. Be right, then do right and don't quit!

Remember that any conflict or "obstacle" is not superior to our ability to overcome them when we are wholly dependent upon The LORD. Our Lord will provide a way so that His will in us may be accomplished for His glory and our good. Consider conflicts and obstacles as a test. These are stepping stones to be overcome in our seeking to be near unto God. Don't quit, nor let these stumbling blocks cause you to give up. See them for what they are, and keep on seeking God.

Example of A.C.T.S. and names of God

Use four (4) lined sheets of paper with 26 spaces top to bottom, lined A to Z.

Title the pages: Adoration, Confession, Thanksgiving and Supplication.

On each of the four (4) pages at each letter of the alphabet A-Z write a name of God.

The book written by Elmer L. Towns called "The Names of Jesus" identifies over 700 names of Jesus to help you really know the Lord who loves you and that you love. The ISBN 0-89636-243-4 was copyright in 1987 and published by Accent Publications.

When you pray short prayers, go across the page from left to right (Adoration to Supplication), using the same letter of the alphabet of the four pages. For example if we are using the letter "C" our prayer might be like this example:

Dear God I confess that you are the Creator and there is none beside thee, I have not been true to your word and have sought advice from others, forgive me and be my Counselor, I am thankful that Jesus is the Christ and I trust you to provide all my needs because you are the Chosen of God and I believe you will be kind and gentle to me.

For example, if you wanted to pray and express "Adoration" for GOD, the Lord Jesus and the Holy Spirit you would take each of the names listed in the "A" column and pray down the list from A to Z. For example:

Dear Heavenly Father I adore you. Even from the Beginning till now and for all eternity as the Ancient of Days you are the same. As Creator of all things you have been and will be
my **Deliverer.** I worship you because you are **Excellent, the First and the Last, GOD, the Holy one of Israel, and the I AM.** You are the only **Just Person** and my **Keeper.** You are the **Light and the Mighty God** that has a **Name above every Name.** Jesus came as **The Offering and A Sacrifice** and is **Pure** also a **Quickening Spirit** that was and is a **Ransom** for all, the **Son of God and my Saviour.** I believe you to be **True and the Truth, Undefiled and a very present help in Trouble, the Way, the Cross Bearer, the Young Child and Zion's Redeemer.** My Father and my God, You are **Worthy to be adored and praised,** Amen, Maranatha. Thank you for dying for me and my family and the whole world.

Example of the four pages and some of the names of God from A to Z:

<table>
<thead>
<tr>
<th>Adoration</th>
<th>Confession</th>
<th>Thanksgiving</th>
<th>Supplication</th>
</tr>
</thead>
<tbody>
<tr>
<td>B - Beginning</td>
<td>B - Bishop</td>
<td>B - Branch</td>
<td>B - Brother</td>
</tr>
<tr>
<td>C - Creator</td>
<td>C - Counselor</td>
<td>C - Christ</td>
<td>C - Chosen of God</td>
</tr>
<tr>
<td>E - End of The Law</td>
<td>E - Emmanuel</td>
<td>E - Eternal</td>
<td>E - Everlasting Father</td>
</tr>
<tr>
<td>Y - The Young child</td>
<td>Y - Yes of God</td>
<td>Y - Yours</td>
<td>Y - Yoke fellow</td>
</tr>
<tr>
<td>Z - Zion's Redeemer</td>
<td></td>
<td></td>
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In Elmer Towns book you will find the list of names beginning at page 146. There are 21 names that begin with A, 32 names at B, 40 names at C and so on. Read and use what name satisfies your desire to express your devotion to The LORD your Lord.

Some of the prisoners in the lock-up back in Georgia who attended our training session said to me "Hey Boss Preacher Man, if I learn and use the names of God from A to Z and pray to adore Him, and then if I confess my sins from A to Z using His names, and then I tell Him I am thankful and grateful from A to Z using His names, then I won't have any reason to ask Him to do me no favor."

Now practice writing out your prayer using those names of GOD you have selected. List them in the columns A,C & T. After you have prayed through these 78 names of God then tell Him "if" there is something you think you really need that He is not aware of today.

Write out your personal testimony using His names and His words with Scriptures. Keep your testimony short. Begin where The LORD changed your life COMPLETELY. Use Scripture that was critical in your response to the drawing of God. Try speaking your testimony out loud and keeping it to less than two minutes. With experience you will be able
to vary Scriptures so that when your target audience differs you may rearrange your presentation and still keep it Biblical and brief.

This is my personal testimony: In 1957, God used Todd Windsor to say to me Hebrews 9:27 "And as it is appointed unto men once to die, but after this the judgment;" and this cut my heart. I did not like what I heard! Then God used several other men to share with me the scriptures warning me that I was lost and death was imminent. I was told that I was a sinner and had offended God by thoughts and deeds. One said "That if thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God hath raised him from the dead, thou shalt be saved. For with the heart man believeth unto righteousness and with the mouth confession is made unto salvation" Romans 10:9-10. Another man told me that while I was yet a sinner Jesus had died in my place. I was told that "For by grace are ye saved through faith; and that not of yourselves; it is the gift of God. Not of works, lest any man should boast.", Ephesians 2:8-9. I did not like what I had heard, yet I knew they were right and that I was guilty and deserved to die and be separated from God for ever. Thank The Lord they told me "That whosoever shall call upon the name of the Lord shall be saved" according to Romans 10:13.

On 30 October 1977 I did what the Bible said for me to do, believe and receive. According to John 1:12 "But as many as received him, to them gave he power to become the sons of God, and even to them that believe on his name." Now, I know that I have the gift of eternal life, forgiveness of all my sins and the blessed hope that any day he will come and get me and I will be with Him forever. I am in Christ, a new creature; old things are passed away, behold all things are become new. "And all things are of God, who hath reconciled us to himself by Jesus Christ and hath given unto us the word of reconciliation; To wit that God was in Christ reconciling the world unto himself, not imputing their trespasses unto them; and hath committed unto us the word of reconciliation." II Corinthians 5:17-19. Selah. What God has done for me he will do for you. He has put me into the ministry so follow me as I follow Christ. I read to know Him. Maranatha.

The more you read to know The LORD your Lord you will be more apt to tell how GOD drew you by The Hoy Spirit to His Truth. Keep your presentation on what God did in your life and not on what you used to be as an unbelieving sinner. What was done for you will be done for others. Let your light so shine. God has done the saving and GOD will do the keeping. Read to know Him.