



# **SUPER BOWL FOOD CHALLENGE**

HELPING FOOD-INSECURE  
CHILDREN IN VALLEY SCHOOLS  
RECEIVE WEEKEND MEALS

**COLLECTING FOOD ITEMS  
DURING ALL SERVICES  
THROUGH FEBRUARY 5**

Collected food items will be distributed between Trentwood Elementary and the Food for Thought program in the Central Valley School District. Food typically utilized by the program should be able to be opened by a child and individually packaged. Any food the program can't use will be donated to the Spokane Valley Partners food bank. Below is a list of common items needed.

- Oatmeal packets**
- Granola/Energy/Breakfast bars**
- Cold cereal bowls**
- Pop-tarts**
- Cup-of-soup/ramen or soup bowl**
- Tuna**
- Macaroni and cheese**
- Ravioli (canned, with meat)**
- Spaghetti-Os (canned, with meat)**
- Beef stew**
- Chili (with meat)**
- Bean protein**
- Applesauce cups**
- Peach cups**
- Mandarin oranges**
- Canned fruit**
- Milk (shelf stable)**
- Cheese and crackers (shelf stable and individual serving size)**
- Cookies**
- Fruit roll-ups**
- Popcorn**
- Pudding cups**