



A Week in Review

What our legacy is and how it's passed on is generationally significant.

Group Opener

Are you a "cup half-full" or a "cup half-empty" kind of person?

Study Questions

Our study will focus on the topic of gratitude. How well do you receive and/or express gratitude?

Read Psalm 136:1-3. What do you notice from this passage? What did you give thanks to God for this past week?

What makes gratitude such a great quality to possess? How have you seen thankfulness make a difference in life?

It's been said that there are two types of people, thermometers and thermostats. Thermometers are impacted by their environments. Thermostats impact their environments. Which one best describes you and why?

What do you do when you face feelings of discontent or ingratitude?

One of the antidotes to negativity, in addition to focusing on God, is thankfulness. God has numerous attributes we can be thankful for so take some time to focus on the Lord and thank Him for who He is.

What will you do to change for good in the area of gratitude in the days ahead?

Please take time to:

Pray: Ask God to increase your gratitude and remind you to express it.

Announce: Christmas is coming!!! It's not too early to be praying for those the Lord would want you to invite.