



Sacred and Safe Gatherings

We will speak for ourselves and communicate with respect;

"Say what you see, tell how you feel, and don't accuse."

We will create space within meetings for new people and new ideas;

Introduce, welcome, listen.

We will honor confidentiality;

Tell our own stories and let others tell theirs.

We will deal with conflict as directly as possible;

Avoid gossiping or complaining to others.

We will practice the arts of apology and forgiveness;

Acknowledge hurtful behavior and accept heartfelt contrition.

We will agree to disagree respectfully.

We will request a pause in our business to do a "heart-check" (see reverse side for more information) as needed;

Tend to our process and relationships as well as our business.

We will ask, before parting, "How did it go?"

As we grow in our attentiveness to God's Spirit moving among us,
we seek to more fully reflect the faith we affirm in our practices
whenever we gather.

A "heart-check" is a break in business to calm our emotions and pay attention
to our feelings and the dynamics of our relationships.