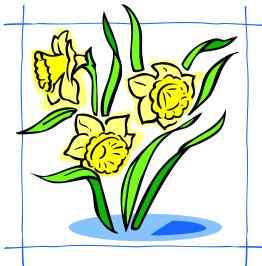


# "2121 News and Views"

The Rev. Walter LeFlore, Minister

Volume 60 Number 9 Founded 1952 May 2013



The Unitarian Universalist Fellowship of Poughkeepsie is a community that values diversity, peace, democracy and the interdependent web of all existence. The Fellowship nurtures and challenges its members in their religious journeys, and advocates for social justice in the larger community. We are engaged in worship, study, public service, fellowship and social action. We invite your attendance and participation.

## May Services

May 5: Ownership Rev. Walter LeFlore

May 12: Multigenerational Mother's Day service by Maryann Osgood and the Helen Baldwin Singers

May 19: Touch is Elemental Rev. Water LeFlore

May 26: What We Remember Matters Rev. Walter LeFlore

*Our nursery is available during all regular services. Please feel free to bring your young one there. Information is available from the minister, any member of the board, the Greeter at the Welcome desk in the lobby and the usher at the door to the main room.*



“UU News and Views” is published monthly (except July and August) by the Unitarian Universalist Fellowship of Poughkeepsie, and is distributed to our members and friends without charge.

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P.O. Box 898  
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## May Highlights

May 1: Film “The People Speak” **7PM**

May 2: Poetry Circle **7PM**

May 4: Labyrinth Walk **1PM**

Quiz Bowl **6:30PM**

May 5: Senior Group **Noon**

May 8: Social Justice Committee meeting **6PM**

Talk by Patti Tessler Vice President of Clinical Services Planned Parenthood of the Mid-Hudson Valley **7:30PM**

May 11: UUniplayers **7:30PM**

May 13: Bead together **6:30PM**

May 16: w/Sierra Club Talk by Sandra Smiley  
Weather history and climate change **7PM**

Board of Trustees meeting **7:15PM**

May 18: World Fair Trade Day **10AM to 4PM**

May 19: Third Sunday Lunch **Noon**

Town Meeting **after 3<sup>Rd</sup> Sunday Lunch**

May 20: Film “The Shift” **7PM**

May 21: Brown bag dinner with Walter

May 25: Spoken Word Cafe **7PM**

May 26: Spiral Web **9AM**

### Senior Group

Meets **1<sup>st</sup> Sunday of the month at Noon**

**May 5th**  
Humanism continued

## Nina's Noodlings

It has always seemed to me that the time that we define as our active 'Fellowship Year' flies by. At the April meeting of the Board of Trustees, dates were set for a Town Meeting (May 19<sup>th</sup>) and our Annual Corporate Meeting (June 9th).

Unitarian Universalists believe in, and practice, democracy. *Members* determine our future. *Members* are our source of governance power. Representatives of membership are elected to the Board of Trustees. Fiscal responsibilities and policy decision-making is generally their responsibility. The Board represents the membership to the best of its abilities but the responsibility for UUFP is shared among all members.

Our annual fund drive to raise operating money for the following fiscal year (July 1 through June 30) determines our annual budget. Membership support is our primary source of income with some minor help from rentals and our own fundraising efforts. It is only the "we" of membership that keeps the staff paid, the heat on and the doors open. It is a daunting commitment that we make to our belief in the principles of Unitarian Universalism and speaks to our willingness to *Stand on the Side of Love* as a faith organization.

We anticipate having to make some difficult choices in setting the budget for 2013-14. At the Town Board Meeting on **May 19** you will have the opportunity to share in the decision making and participate as an active member of this democratic organization.

In Fellowship,  
Nina



### From the Minister

May 2013

Aaahh spring! Finally, I'm willing to allow myself to believe spring has finally sprung. The daffodils are in blossom, the crocus are up and even the trees are telling us they are, in deed, alive.

Spring is a time of renewal. Such renewal is especially visible in our northeastern climate, where most of what we recognize as life disappears for three or more months. Often, we humans tend to pull in during the winter months as well. People with strong reactions to the lessened light have been particularly affected during these past few months.

Traditionally, this is a time for spring cleaning. I'm not sure that tradition has much life anymore. It may have gone the way of Ma Bell, getting dressed up for church and Sunday drives in the country.

But spring it is and spring is a time of renewal. I hope that each of us is able to find a sense of renewal in some part of our lives during this time of new beginnings, new growth and the promise of a bountiful harvest.

Faithfully,  
Walter



Special thanks this month go our Stewardship Teams and those who have pledged their support to UUFP for the year 2013-14... We can't do it without you!

Thank you to Carrie Doyle for pitching in on the piano in April and for all of the gardeners who have come out to welcome spring to our Fellowship grounds!

Thanks for all you do!

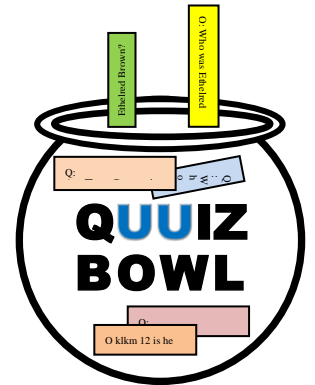
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## Greetings from Lifespan Faith Development!

### **QUIZ BOWL is MAY 4<sup>th</sup>!**

Our young students in Kindergarten through 6<sup>th</sup> grade have been learning and putting into practice various aspects of our UU faith using curricula from the UUA Tapestry of Faith program. As you'll read below, our youth and young teens have been busy learning as well. They will demonstrate their new knowledge, and try to stump each other, in our *QUUIz* Bowl, which will be held on Saturday, May 4<sup>th</sup> at 6:30PM. Each week they develop questions based on the class material. We collect these in a fishbowl. We've also placed a "fishbowl" on the main RE bulletin board in the lower lobby to the left of the staircase for YOU and the congregation to add questions (answers, too, please). On Quiz Bowl evening, May 4<sup>th</sup> at 6:30PM, teams will be formed and questions will be fished out of the bowl to be answered. Audience participation is crucial. It will be a fun filled and fact filled night to be enjoyed by all! And the refreshments are yummy!

Get your questions in!



## **YOUTH**

Our Youth Program hit the ground in January and has been off and running ever since with 6 teens. The group has a couple major projects this Spring. First, they are teaching a program to the younger grades based on the Heifer Project – each week they teach a different class. The Kindergarten and 1<sup>st</sup> Grade class learned about Chickens and Worms and the 2<sup>nd</sup>, 3<sup>rd</sup>, & 4<sup>th</sup> Grade class heard and talked about goats. In addition, they are helping out with the special RE events – e.g. Easter Egg hunt and the upcoming Quiz Bowl on Saturday, May 4. Secondly, they are writing and performing a play as part of the upcoming *UUniplayers* performance on May 11. Come out and cheer them on! Finally, they are also engaged in other spiritual activities including yoga, a visit to a Buddhist temple with the Coming of Age (COA) class, and Soul Collage.

### **Coming of Age !**

We asked the Coming of Age (COA) youth to share some of their experiences in the COA program and describe themselves and their activities. Here are their thoughts:

We are a friendly, educational, welcoming and fun group. The COA program has helped us explore our spiritual selves through activities like working on personal altars, visiting different places of worship,

interacting with nature and discussing evil versus good. We've had fun together in the process. Some of our favorite times in the COA program were eating 99 cent pizza on the streets of NYC, playing on a playground on a rooftop overlooking Central Park, helping with the Fellowship's Easter egg hunt and having a pine cone battle in the backyard.

All the mentors and religious educators here at the Fellowship agree, this year's COA class has been a joy to interact with and we've learned from each other, while having fun in the process. The COA program is continuing their spiritual journey in the weeks ahead with several more field trips planned, including a visit to the UU Fellowship of Middletown, St. John's Evangelical Lutheran Church and the Chuang Yen Monastery and Buddhist Temple. They are giving back to their community, through helping at the April Homeless Shelter Meal and a work day at Braeside Camp in Middletown. Over Memorial Weekend the COA youth and mentors will head back to Braeside for their Vision Quest Weekend. We'd like to encourage everyone to come to Fellowship on Sunday June 2 to hear this amazing group of young teens share their spiritual journeys with us as they present to the congregation their personal creeds.

## A Few key dates.....

coming up in our Lifespan Faith Development programs:

May 4 **Q**uiz Bowl at 6:30 PM

May 12 Mother's Day Multi-generational Service (no classes)

Several of our RE students will be providing music

May 26 K-6 One Room Sunday Schoolhouse

COA Vision Quest weekend

June 2 Coming of Age Graduation !

(the 5<sup>th</sup> & 6<sup>th</sup> grade class will also attend)

June 9 K-6 One Room Sunday Schoolhouse - Preparation for RE Sunday

June 16 Flower Communion Multi-generational Service (no classes)

Our RE students will be involved with this

June 23 Religious Education Sunday !



--- The LFD Committee Co-chairs: Margie Watters, Soozie Novak, Terry Horner

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## Social Justice Committee News



**Wednesday, May 1 at 7:00:** The Social Justice Committee will screen the film "The People Speak." "The People Speak" is a powerful and moving film inspired by Howard Zinn's best-selling books "A People's History of the United States" and "Voices of a People's History of the United States," the primary-source companion to "A People's History of the United States," edited with Anthony Arnove.

Using dramatic and musical performances of the letters, diaries and speeches of everyday Americans, this documentary feature film gives voice to those who spoke up for social change throughout U.S. history. Narrated by Howard Zinn, the film includes performances by Matt Damon, Bruce Springsteen, Danny Glover, Eddie Vedder, Bob Dylan, Marisa Tomei, Rosario Dawson, and many more.

This is the first in a series entitled “Conscious Café and Cinema,” in which the Social Justice Committee will present films relating to social justice issues in an informal, café-type setting. Refreshments will be served. Please come and bring a friend!

**Wednesday, May 8 at 6:00 p.m.:** Monthly meeting of the Social Justice Committee. All welcome.

**Wednesday, May 8 at 7:30 p.m.:** The Social Justice Committee will present a talk by our own Patti Tessler, Vice President of Clinical Services for Planned Parenthood of the Mid-Hudson Valley. Patti will inform us about the many services offered by Planned Parenthood. This talk is free and open to the public. All are welcome.

**Thursday, May 16 at 7 p.m.:** The Social Justice Committee will host a meeting of the Mid-Hudson Sierra Club. Sandra Smiley of Mohonk Mountain House will give a talk on weather history and climate change.

**Saturday, May 18, 10 a.m. to 4 p.m.** In honor of World Fair Trade Day, there will be a **Fair Trade Festival** in the Main Meeting Room. We will have ethical foods, speakers on Fair Trade, and a variety of crafts and other beautiful, fair-traded gift items. We need volunteers to make this work! Please contact Pat Lamanna if you can help.

Pat Lamanna

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## **STEWARD OF THE MONTH Barbara Kendall**



The wonderful piano accompaniment to the Helen Baldwin Singers flows from the fingers of Barbara Kendall. Her fluid, sensitive playing also graces the singing of hymns at Sunday services.

When she and her husband Brad signed the membership book in 2007, little did Barbara know that she was destined to be a principal musician in our congregation. A glimpse into her background, however, reveals a natural progression from a young organist in the First parish UU Church of Wayland, MA to an adult pianist at the UUFP. Yes, Barbara is a bona fide born and raised UU. Before she was a UU, though, she played the

piano. Barbara started playing in the 3<sup>rd</sup> grade, and took lessons until her Sophomore year in college. She took a hiatus from the instrument, as a young wife and mother, but returned to it in 1995. By the time she joined the UUFP, she was able to bring years of practice and performance to the musical team covering Sunday services. Over the years, Barbara's talents were more and more in demand. Once our beloved Helen Baldwin passed away, Barbara found herself at the piano, not only for Sunday hymn singing, but also as the choir's accompanist. The rest, to which we can all attest, is history.

As a testament to her commitment to this congregation, Barbara also served as a member of the Board of Trustees from 2009-2011. About her playing for the congregation, Barbara says, 'I love it. When the members sing, it's so clear they really want to be at the fellowship. They put such feeling into their singing.' We can say the same about you, Barbara. You put such feeling into your playing.

Thank you for being a Steward of our Music Ministry!

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## **Stewardship Committee    Stewardship Drive update.**



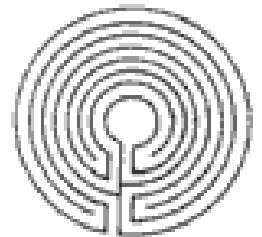
Our stewardship drive for the 2013/2014 pledge year is more than half way to its goal of \$140,000. As of Sunday, April 14th we have received forty eight pledges in the amount of \$82608. We will continue to receive pledges from any member or friend who has not submitted one for the upcoming fiscal year.

For those of you who have committed to support the Fellowship in the coming year we thank you most sincerely. If you have not submitted your pledge please do so as soon as possible. We are fast approaching our annual meeting when the Board of Trustees needs to know how much support they can expect to continue the work of the Fellowship.

Paul Osgood  
Co-chair. Stewardship Committee.

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## **World Labyrinth Day Walk Saturday May 4<sup>th</sup> 1PM Walk as One at 1**



Join us as we walk! We'll meet by the Fellowship's Labyrinth **May 4<sup>th</sup> shortly before 1PM**

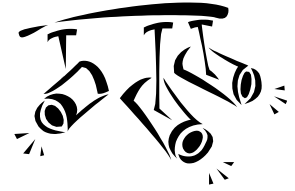
More on World Labyrinth Day:

"The Labyrinth Society invites the world to 'Walk As One at 1' in an attempt to create a wave of peaceful energy moving around the planet. To participate, people are invited to walk a labyrinth at 1:00 p.m. in their local time zone."

Jane Bartik

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## LIGHTS UP!



This year's UUFP's annual UUniplayers fundraiser is **Saturday, May 11, 7:30pm** at the UUFP. It will include humorous and thought-provoking original short plays by Joe Cosentino, Jonathan Dickau, Marraylea Bullick and Chad Halson and Judtih Knauss, starring our extremely talented members of the Fellowship. Melodic and dazzling songs by Pat Lamanna will ensure the evening is THE theatrical event.

Tickets are only \$10 (beats \$140 on Broadway), and include a sumptuous dessert buffet and silent auction.

If you would like to donate a dessert contact Judith Knauss at [judith.knauss@gmail.com](mailto:judith.knauss@gmail.com). If you would like to donate an item to the silent auction, please contact Maggie LeFlore or Joyce Marra (Maggie - [mleflore55@gmail.com](mailto:mleflore55@gmail.com); Joyce - [ajoy12601@hotmail.com](mailto:ajoy12601@hotmail.com))

Joe Cosentino

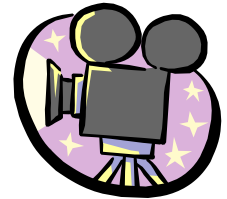
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## **Spiritual Movie Night**

The Monday night small group ministry group will be hosting Spiritual Movie Nights. We will be showing Spirit themed movies every 3<sup>rd</sup> Monday at 7PM. **Snacks and eats provided!**

Please join us Monday May 20<sup>th</sup> at 7PM as we show a wonderful movie.

**Ambition to Meaning: Finding Your Life's Purpose, (also known as The Shift)**



“This movie explores the intertwined lives of an overachieving businessman, a mother of two young children seeking her own expression in the work, and a film director trying to make a name for himself. All the key characters in the film experience what Dr. Wayne Dyer describes as a ‘quantum moment’. It opens the door to transformation for them as they recognize and begin to live "the music inside" that Dr. Dyer teaches we were all born with but too often push aside while we are busy living our lives.”

Jane Bartik

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## **Brown Bag dinner with Walter**

Please join me for dinner on **Tuesday May 21**. I've been asked to hold a brown bad lunch during the dinner hour for those who couldn't make it during lunchtime. No agenda, just a bit to eat and an opportunity for informal conversation. Please call the office to let us know you are coming. If you forget to call, come anyway.

Rev. Walter LeFlore





## Fundraising Dinners

May 18th at Larry and Rick's at 6:30 for 6 adults. A suggested donation of \$25. An Italian meal with vegetarian and meat dishes. The theme-A night at the opera.

June 1st at Nina's, at 11:A.M. Can accommodate 16. A suggested donation of \$18.,children \$9. max for a family \$45.) A Summer vegetarian brunch followed by a swim, A hike, a visit to an historical mansion, or a stroll around Rhinebeck village.

July 20th at the Sudnik's at 3. for 10. A suggested donation of \$20 per adult, and \$10. per child. A picnic by the pool with salads and barbecue.

August 3<sup>rd</sup> at Karen Lovequist's, Picnic at the Beach on Candlewood Lake, CT (rain date Aug 4<sup>th</sup>). All fresco dining for 12. Swim, bask, eat, paddle, sunbathe, eat, row, lounge, hike, roast marshmallows, Noon until after dark when we sit around the fire pit. Menu includes chicken entrée (or vegetarian) and side dishes. Suggested donation of \$20; children \$10.

Feeling lucky? We will also be selling raffle tickets for a few seats for the upcoming event during coffee hour! The tickets will cost \$2.00 a piece, or three for \$5.00.

Reed Asher

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## The Great UUFJ Tag Sale Saturday September 21<sup>st</sup>



We will be collecting items for our tag sale *all spring and summer!* If you are interested in volunteering or if you have donations for the sale please contact Larry Decker (845-514-2402/lbrian5@earthlink.net). Please contact Larry before bringing items to the Fellowship.

Monday evening Small group ministry group, Joe Cosentino, Jane Bartik, Pat Buckstrup, Larry Decker, Eleanor Harmantas, Tony Maresco, Mary Ann Osgood

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## SUMMER LOVIN'

Our informal summer services are generally lay-led, and do not include an order or service, our choir, a musical director, or refreshments. They DO include amazing insights by our members who volunteer to present a Sunday service that is informative, interactive, creative, activity-oriented, and spiritual in nature. If you would like to volunteer to present a Sunday morning service of approximately one-hour in length (including opening and closing words, chalice lighting, joys and concerns, offering, sermon/reading/activity/prayer/meditation), please email Joe Cosentino, Program Committee Chair, at [j\\_cosen@optonline.net](mailto:j_cosen@optonline.net) (j underscore cosen at [optonline.net](http://optonline.net)) with your service title, a brief write-up about

your service, and your first and second date choices for a Sunday from the beginning of July through the first week of September. Here's looking forward to some summer magic!

Joe Cosentino



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## You might be interested.

## Events in the wider community.

### ► We've been Invited! Book Sale at the Kingston UU

The Unitarian Universalist Congregation of the Catskills in Kingston would like to invite our fellow UU's to attend our 6th Annual Book sale held in the Sanctuary, 320 Sawkill Road, Kingston, NY . There is a **preview night** on May 9 from 5-7:30 ( \$5.00 donation ) for UU's.

“**Reading Makes You Smart**” is the theme of the Unitarian Universalist Congregation of the Catskills' sixth annual used book sale, scheduled from **9 a.m. to 4 p.m. May 11 and 12** (no admission charge) at 320 Sawkill Road, Kingston. Most books will be priced between 50 cents and \$1.50.

The sale will feature about 5,000 hard and soft cover books . The condition of the books makes them suitable as gifts for Mothers' and Fathers' day celebrations, or for your personal collection. Genres include general fiction, sci-fi, romance, mystery and classics. Non-fiction readers can chose from philosophy, religion and history, including quite a few on military history, political books, autobiography, biography, art, crafts, theater, social sciences and self-help selections. As always, there is a large collection of books for children and youth at even lower prices. Of particular interest this year are some original Nancy Drew books and a complete paperback collection of L. M. Montgomery books.

The book sale is labor of love that takes six to nine months to collect and sort books . Come early for the best selection.

### ► County Players Presents Elton John and Tim Rice's Aida

A contemporary musical take on the forbidden love between an enslaved Nubian Princess and an Egyptian soldier and how the timeless bond between them ultimately transcends the cultural differences between their warring nations. This modern crowd pleaser is marked with a pop-rock score, multi-cultural casting and exuberant staging. Directed by our own **Kevin Barnes!**

May 3, 4, 10, 11, 17, 18 at 8pm and May 12 at 2pm

For tickets call (845) 298-1491 or visit [www.countyplayers.org](http://www.countyplayers.org)



## **SPOKEN WORD CAFE**

The place for people who love words, who love language, who love stories.

The Spoken Word Café will honor Mary B. Summerlin, Café co-founder and long-time UU member, and present a special gift to the Fellowship in her honor.

Please join us for an all-open-mic evening of prose, poetry and memoirs:

Saturday, May 25, 2013

7:00 PM

\$5 admission

Questions? Call Angela 917-509-5636

## **Quizze Bowl**

**May 4 at 6:30PM**

Come join our kids as they complete in 2013's Quizze bowl

Audience participation is key (and fun)!

Eat yummy refreshments and

See how much *you know* about Unitarian Universalism



## **World Labyrinth Day Walk**

at the Fellowship's Labyrinth

**May 4th at 1PM**

**Walk as One at 1**

The Social Justice committee presents:

**Wednesday, May 1 7PM**

Film "The People Speak"

**Wednesday May 8<sup>th</sup> 7:30PM**

The speaker for this month's series on community agencies is **Patti Tessler** Vice President of Clinical Services for Planned Parenthood of the Mid-Hudson Valley.

**Thursday May 16<sup>th</sup> 7PM** with the Sierra Club

Sandra Smiley of Mohonk Mountain House will give a talk on weather history and climate change.

Please come and bring a friend!

## **World Fair Trade Day**

**May 18 10AM to 4PM**

Unitarian Universalist Fellowship of Poughkeepsie

Featuring:

Fair Trade Vendors

Soul Full Café

Fair Trade Speakers/Forum

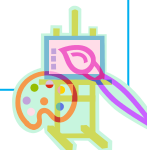
Live Performances and more...



## **Art at the Fellowship**

Our May Artist is

**Tom Hackett**



Deadline for June newsletter is May 23rd. Please send submissions to [uupoknewsletter@yahoo.com](mailto:uupoknewsletter@yahoo.com)