



the ultimate journey

Explore Truth • Discover Love • Walk in Freedom

Life's a journey. How is yours going?

Are you feeling spiritually stuck?

Do you often find yourself thinking, "There must be more"? *The Ultimate Journey* will help you identify the areas where you are struggling and assist you toward a deeper relationship with God.

Has something happened that is holding you back?

Is there something in your life you don't know how to "get over" or "get past"? Are you struggling with depression, anxiety, anger, or addiction? Have you experienced emotional, physical, or sexual abuse? Were you abandoned? Are you the casualty of a divorce? Did someone close to you die? You're not alone. There is hope. *The Ultimate Journey* will help you identify and work through your past while preparing you for an abundantly successful future. *The Ultimate Journey* teaches a new way of looking at yourself.

Are difficulties in your life negatively affecting the people around you?

Do you ever say or do something and then ask yourself, "Why did I do that?" Do you find yourself hurting the very people you love the most? Unfortunately, hurting people often hurt people. You don't have to be a slave to your emotions or circumstances any longer. *The Ultimate Journey* is ready to guide you toward the freedom you've been looking for.

If Christ came to set us free, why are so many people still in bondage?

Even after receiving Christ, most people still believe the negative voices of their past rather than what God says about them. Through *The Ultimate Journey* you will be able to exchange the lies for the truth so you can see yourself as God sees you. As a result, you will experience wholeness and walk in true freedom that will transform your life.



What is ^{the ultimate} journey ?

This Christ-centered, small-group discipleship process will equip you with the tools you need to live your life with nothing to prove, nothing to lose, nothing to fear, and nothing to hide! You will receive healing for hurts and wounds and uncover the lies you believe that have held you back, tripped you up, and even derailed you at times. You will discover God's solution to your guilt, shame, fear, and anxiety as you come to know God for who He really is rather than who you think He is. You will learn practical tools that enable you to take the power of God beyond head knowledge and apply it to your everyday life.

Will you allow *The Ultimate Journey* to impact your life as it did for these people?

"Nothing was ever good enough for my dad. He could never just say 'good job' or 'I am proud of you just for being you.' He always had to critique everything. Competition and the drive for perfection have dominated my adult life and have cost me more than I probably even know. Through *The Ultimate Journey*, I am learning to rest in the all-sufficiency of Christ and accept others and myself just the way God made us."

"I was sexually abused. I lived a life full of shame, guilt, and anger about my childhood. I never told anyone of the abuse, but I found a safe place where I could finally be honest about my past and allow God to truly set me free."

"I grew up in the 'perfect' Christian home. I learned how to run on the treadmill of performance, trying to earn God's approval. Because of *The Ultimate Journey*, I am off the treadmill and resting in His arms."

"My spouse and I were ready to get divorced. We were both hurting and unable to meet each other's needs. Through *The Ultimate Journey*, we have both been able to receive healing from the baggage we each brought into our marriage and are now free to love each other unconditionally."

"I struggled with my addiction for over 20 years. I am a Christian and have gone to numerous counselors, pastors, and friends over the years for help, but nothing made a difference. As I experienced the love and acceptance of God through my Ultimate Journey group, I have been able to begin changing how I view myself and overcome my low self-esteem and its symptoms, including addiction."



Join us on *The Ultimate Journey*!