

Experiencing God

"Therefore, go and make disciples of all nations..." (Matthew 28:19a, CEB)

One of the hallmark questions of the Wesleyan way of practicing faith is: **"How is it with your soul?"** This is a question that John Wesley expected participants in spiritual growth groups to answer whenever they met. In that way, people would pay attention to the condition of their soul (inner life) and how God was transforming them.

I realize that Wesley's question may sound a little antiquated or old fashioned. Perhaps a better way to ask the question today is: **"How have you experienced God recently?"** Our hope is to get beyond just talking about *what we think about God* and focus more and more on *how we've experienced God*. In case you're wondering where to start, there are many ways we can experience God - presence, hope, joy, forgiveness, guidance, comfort, healing, challenge, beauty, power, and so on.

I present this question to you so that each of us can begin to think about how we would answer it in our day to day lives. For the experience of God lies at the heart at the journey of discipleship each of us are on. And since our mission is to "make disciples," this is something we need to be able to do for ourselves and demonstrate for others.

Easter Joy,

Pastor David Rittgers