

SERENITY PRAYER

God, grant me the serenity
to accept the things I cannot change,
courage to change the things I can,
and the wisdom to know the difference.

Living one day at a time,
enjoying one moment at a time;
accepting hardship as a pathway to peace,
taking, as Jesus did,
this sinful world as it is,
not as I would have it;
trusting that You will make all things right
if I surrender to Your will;
so that I may be reasonably happy
in this life
and supremely happy
with You
forever in the next.

**Don't act thoughtlessly, but try to
understand what the Lord wants
you to do.**

**Don't be drunk with wine,
because that will ruin your life.**

**Instead, let the Holy Spirit fill
and control you.**

Ephesians 5:17-18

My chains are gone - I've been set free!

The chains of alcoholism and drug addiction can be broken. At Alcoholics Victorious (AV) "WE" have found a place where we are accepted and loved until we can love ourselves.

At the end of the road for the alcoholic and drug addict is isolation. Take the first step to freedom from this disease and join us at AV.

- Jesus Christ died to set the captives free
- Jesus Christ did to heal the brokenhearted
- Jesus Christ died for sinners, the ones who need help

Jesus Christ wants to set you free!

Only He can turn our broken, sad lives into lives filled with purpose. "WE" are waiting to welcome you to AV.



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Alcoholics Victorious



**Together we climb the Twelve
Steps to a life of freedom from
addictions**

*For it is God who works in you to will and act
according to His good purpose.*
Philippians 2:13

Meetings

Mondays & Fridays
7:00 PM in Room 111
Thursdays
10:30 AM in Room 117A

Robin's Testimony

Hi! My name is Robin. From my 22nd birthday on, I thought that drinking was normal and a good way of life. As the years passed I geared my life around drinking. I always surrounded myself with alcoholic friends or those I thought were friends. This somehow kept me in an acceptance mode. I thought if everyone around me was drinking it must surely be ok. I couldn't wait for invitations to parties or functions where alcohol was served. My thought was that if people kept inviting me, they must like me. As time went on, alcohol was a part of my life just as sleeping was. I needed both. I led a life of wide-spread destruction; destruction of family, business, and friends. I did things that were shameful to myself and my family, and I did it while I was consuming and thinking I was ok. Then the bottom fell out. I lost the respect of my family and got involved in unethical business practices which hurt customers and my family. This was not enough to make me stop or even take a look at the problem. Things were going so bad that I thought more consumption would lead to a quicker drowning of my problems. This all led up to a suicide attempt which, at the time due to my crazy thinking, I thought was an easy way out. This really rocked my family and led to a 7 day stay at hotel ECMC. After treatment, my children one again embraced me just as I was. (Alcoholic) I prayed to God to help and deliver me from this horrible disease. My son Brandon led me to AA. From there God's Spirit led me to Alcoholics Victorious. From there I was blessed to get a godly sponsor who told me like it was. He said, "Get busy living or get busy dying." The Lord of my life is Jesus Christ and He has restored what I thought was impossible. In closing let me say sobriety is a gift from God. Come to Alcoholics Victorious and let us share with you our experience, strength, and hope and together "WE" can help each other stay on the road to recovery.



Alcoholics Victorious Description Statement

In Alcoholics Victorious (AV), both the Twelve Steps of Alcoholics Anonymous and the Alcoholics Victorious Creed are used.

However, AV is not intended to replace Alcoholics Anonymous or any other support group; nor is it a substitute for treatment centers, recovery programs, or professional counseling. The focus of Alcoholics Victorious is to provide a safe group environment where recovering individuals who have recognized (or who are exploring) Jesus Christ as their Higher Power can gather together to share their struggles and victories.

alcoholicsvictorious.org



There is HELP

There is HOPE

Jennifer's Testimony

I had everything I had ever wanted; the career, the supportive husband, the healthy children ... but my life was devoid of any joy. Not only was I going through the motions, but I was self-medicating by drinking alcohol at all hours of the day. If I wasn't numb, I felt as though my heart was being blown apart. My emotions consisted of fear, anxiety and sadness. How could I be this shell of a woman who spent every day just "getting by"? I was consuming so much alcohol that blackouts were daily, and hangovers never actually ended. "I was losing my footing. My feet were slipping, and I was almost gone" (Psalm 73:2).

I prayed every day that I would have the strength to stop. A bottom of sorts landed me in detox, effectively "outed" me with my family, and exposed me to AA and the life of recovery. I could see first-hand that men and women were living sober, happy lives. I wanted to laugh like them, but would it ever really be genuine? Lucky for me, God always had a plan for my life. I wasn't supposed to wind up in jail, dead, alone, or institutionalized. A woman from AA led me to Alcoholics Victorious at the Wesleyan Church of Hamburg. It was here where I witnessed alcoholics just like me living in serenity! No more pain! True peace! Jesus had forgiven them and written out a plan for living an amazing life. The Bible! But would Jesus help me? I had never even tried to pray to Jesus. Would He listen?

I began to pay attention to the miracles that surrounded me: my children, the flowers, the sun on my face. Little by little, Jesus is making a difference in my life.

I pray that everything I do in sobriety is out of my love for God! May God bless your journey to recovery.