

The quality of the relationship equals the weight of the influence.

When our kids are smaller, we have a SIZE AND POSITION advantage.

I'm bigger than you and I'm dad (or mom).

- leading from size and position as kids

Our goal is to TRANSITION from leading by size and position to one of influence.

I've got stuff you don't have that you think you need.

- leading from size and position as teenagers

Leading from size and position when you kids are teenagers ERODES the relationship.

- Let's face it, you will always win using size and position.

Relationship Barriers

1. Using ANGER as discipline
2. Focusing on PROBLEM-SOLVING instead of empathy.
3. LECTURING
4. CRITICIZING

Listening to your teen

F – Focus – give your undivided attention

A – Accept

D – Draw out – ask questions.

Where are you?

Level 1 – GREETING

Level 2 – FACTS

Level 3 – OPINIONS & JUDGEMENTS

Level 4 – EMOTIONS

Level 5 – SPIRITUAL CLOSENESS

**Rules without
relationship leads
to rebellion.**

**It's not about behavior
modification. It's about
character development.**

What level are you on? _____

Eleven ways to connect with your teenager:

1. Talking
2. Listening
3. Touching – hug, hand on the shoulder
4. High-energy Activities – play a game together
5. Interests – What does your teenager like?
6. Special Treats – Ice cream, candy bar, etc.
7. Partnering – Serve somewhere together
8. Praise – Admire something and communicate it.
9. Fun – Spontaneous laughter = healthy relationship
10. New times in a teen's life
11. Traumatic Events

Resources:

DVD Studies

Parental Guidance Required by Andy Stanley (iTunes Store)

Parent Fuel by Barry St. Clair (iTunes Store)

Books

Parenting is Heart Work by Dr. Scott Turansky and Joanne Miller (Amazon.com or iTunes Store)

Tough Guys and Drama Queens by Mark Gregston (Amazon.com or iTunes Store)

Understanding Your Teenager by Wayne Rice and David Veerman (Amazon.com)

Parenting Today's Adolescent by Dennis & Barbara Rainey (Lifewaystores.com)

Parenting Young Athletes The Ripken Way by Cal Ripken, Jr. (Amazon.com or iTunes Store)

Youth Culture 101 by Walt Mueller (Amazon.com or iTunes Store)

Every Young Woman's Battle by Shannon Ethridge & Stephen Arterburn (Amazon.com or iTunes Store)

Every Young Man's Battle by Stephen Arterburn & Fred Stoeker (Amazon.com or iTunes Store)

Podcasts

Parenting Today's Teens hosted by Mark Gregston

Focus on the Family: Focus on Parenting

Mi Podcast: Parenting Teenagers

Websites

Center for Parenting Youth University - www.CPYU.org

Simply Youth Ministry – www.simplyyouthministry.com

National Center for Biblical Parenting – www.biblicalparenting.org

Focus On The Family – www.focusonthefamily.com

What is your goal?