

# TALKING TO GOD.

THE LORD'S PRAYER



# KICK OFF DISCUSSION

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WHAT DO YOU USUALLY SAY WHEN YOU PRAY?



# THE LORD'S PRAYER

## HEY GOD, HOW ARE WE SUPPOSED TO PRAY?

Now Jesus was praying in a certain place, and when he finished, one of his disciples said to him, “Lord, teach us to pray, as John taught his disciples.” 2 And he said to them, “When you pray, say:

“Father, hallowed be your name.

Your kingdom come.

3 Give us each day our daily bread,

4 and forgive us our sins,

for we ourselves forgive everyone who is indebted to us.

And lead us not into temptation.”

5 And he said to them, “Which of you who has a friend will go to him at midnight and say to him, ‘Friend, lend me three loaves, 6 for a friend of mine has arrived on a journey, and I have nothing to set before him’; 7 and he will answer from within, ‘Do not bother me; the door is now shut, and my children are with me in bed. I cannot get up and give you anything’?



# THE LORD'S PRAYER

THE PRAYER THAT JESUS TAUGHT HIS FOLLOWERS TO PRAY.

8 I tell you, though he will not get up and give him anything because he is his friend, yet because of his impudence he will rise and give him whatever he needs. 9 And I tell you, ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you. 10 For everyone who asks receives, and the one who seeks finds, and to the one who knocks it will be opened. 11 What father among you, if his son asks for a fish, will instead of a fish give him a serpent; 12 or if he asks for an egg, will give him a scorpion? 13 If you then, who are evil, know how to give good gifts to your children, how much more will the heavenly Father give the Holy Spirit to those who ask him!”

-Luke 11:1-13

*also found in Matthew 6:5-15*



# WHAT IS PRAYER?

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A CONVERSATION GOD WANTS TO HAVE WITH YOU.

Prayer is a conversation with God. It is something that first and foremost builds our relationship with God. It is something we see Jesus do often the gospels, and teach his disciples to do.

It is a conversation that is enabled by the Holy Spirit, so that even when we don't feel like we have the words, the Holy Spirit shares our deepest needs with God the Father. [Romans 8:26-27] When we pray we can have the confidence that we are speaking directly to God the Father, and he is listening.

A few places the Bible talks about this:

Romans 8:26-27, Matthew 6:5-15, Luke 11:1-13, 1 Timothy 2:5-6, John 14:6, Hebrews 4:16



# 2 PROMISES TO COUNT ON

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WHEN IT COMES TO PRAYER, WHAT DOES GOD PROMISE TO DO?

God promises that when we pray he will hear us, even when we don't know what exactly to pray for.

God promises to respond when we pray. He responds in three simple ways: yes, no, or wait.

A few places the Bible talks about this:  
Matthew 7:7, John 14:13, Isaiah 65:24, 2 Cor 12:8-10



# HOW SHOULD I PRAY?

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ACTS: SIMPLE WAY TO REMEMBER HOW TO PRAY.

**A**doration = Praising God for who He is.

**C**onfession = Telling God our sin & asking for forgiveness.

**T**hanksgiving = Thanking God for what He has already done.

**S**upplication = Requests for ourselves and others.

A few places the Bible talks about this:  
Matthew 6:9-13, John 17:20-22, 1 Timothy 2:1-3, Matthew 5:44,  
Ephesians 6:18, 2 Corinthians 1:11, James 5:14, 1 John 5:16



# A PRAYER PICTURE

A SIMPLE THOUGHT THAT WILL CHANGE THE WAY YOU PRAY.



“STOP PRAYING” – BY FRANCIS CHAN



# CONNECT & REFLECT

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1. What impacted you the most about this conversation?
2. What would you say to God now that you wouldn't have said before?
3. When is the best time of day for you to pray?

## Challenge

Did you know the book of Psalms, in the Old Testament, is basically a big book of prayers? They share prayers of praise, desperation, anger, sorrow, and hope. The Psalms are a reminder that we can speak honestly and openly with God. Take some time this week to read a few of these Psalms and then spend some time in prayer with God. You can start with chapters 23, 42, 46, 51, 77, 100, 136 and you will be on pace to read a Psalm a day this week.