

S.O.A.P.



“A time-tested, effective way to help you get the most out of reading the Bible.”

S

Scripture. Write the book, chapter and verse(s) in your journal. Read slowly and carefully through the Bible passage. Sometimes, you'll want to read the passage more than once. You may also find it helpful to read the preceding or following passages to get the context. Take the time to read it as thoroughly as you can

O

Observe. Take a moment to reflect or meditate on what you have just read. Ask these questions: What's going on in this passage? What does it say? What is its main point? What does it reveal about God, or about me? Write down these observations in your journal.

A

Apply. If we are willing, the Holy Spirit can use God's Word to shape our lives in the direction of greater godliness. That's why this step is so important. After you've reflected on the meaning of the passage, ask yourself this: How can God's Word apply to my life today; my situations at home, at work, school or church? Your goal is to use what you've learned to become more like Jesus.

P

Pray. End your time in God's Word in prayer. Make your discoveries from the Bible the basis of your prayer time. Ask God to help you live out and apply what you learned that day. Thank God for meeting with you and revealing his Word with you.