1) How do you define prayer? What is your preferred style or method of prayer?
2) How do you try to listen to God and how have you "heard" Him?
3) What understanding do you have about what is "allowable" to say to God? Perhaps this was shaped by your upbringing or religious instruction. Have you ever expressed your anger, frustration, or other strong emotion to God? Reflect on that experience.
4) See "Views of Intercessory Prayer" on pg. 38. Which best expresses your understanding and why?
5) What distracts you inwardly and outwardly when you are praying? How do you manage these distractions?

This chapter is full of suggestions and ideas for deepening your prayer life. Pick one or two of the ideas that are new to you and try them. Share your experience with the group if you'd like.