



INFORMATIONAL DANCE PACKET

“...that in all things God may be glorified through
Jesus Christ.”

I Peter 4:11

**THE CORNERSTONE CHURCH
4905 EAST LA PALMA
ANAHEIM, CA 92807
WWW.MYCORNERSTONECONNECTION.COM**



CAPA is a ministry of
Cornerstone Church, Anaheim California.

OUR MISSION

To bring glory to the Lord and minister
to others through the use of pure-hearted, God-
inspired dancers who are well rounded in technique
and artistry. We are dedicated to discovery, training
and releasing gifts and talents to bring glory to God in
and through worship.

Thank you for your interest in CAPA Dance Program. We believe God has opened up the doors for this ministry. As a community of followers of Christ at The Cornerstone, we believe that we are created to bring God glory with our gifts and talents. This ministry dream for all of our teachers began to take shape about 3 years ago. Over a period of two to three weeks, one by one, the dancers and dance instructors in our church began connecting with me and than together, to begin praying and discussing these dreams. What I have discovered while getting to know these wonderful young people is that they are skilled and trained instructors who are passionate about dance and about worshiping God. What a great combination!

My heart for worshipping God has been a life-long passion. As a songwriter, musician, worship leader and pastor's wife, I revel at the opportunity to see the arts released. I look forward to what God has in store for this ministry and those who are involved.

Worshiping Together,

Carol Danna

Carol Danna
Worship Ministry
The Cornerstone Church
www.cornerstonechurchanaheim.com

Dance Studio Tuition

Registration Fee (Annual) \$20

Single Drop-In Class \$12.00

Monthly Class Fees - Due on or before the 1st of every month

The student's first class will identify correct level placement as determined by the class instructor.

45 min classes

1 class \$30
2 classes \$55
3 + classes \$75

1 hour classes

1 class	\$40
2 classes	\$74
3 classes	\$105
4 classes	\$120
5 classes	\$142
6+ classes	\$162

1 ½ hour classes

1 class	\$43
2 classes	\$80
3 classes	\$114
4 classes	\$148
5 classes	\$175
6+ classes	\$200

Pointe Class \$25/month

(must be approved by staff and take 1 or more ballet classes a week)

Registration for CAPA Dance Ministry:

- 1) Registration Forms are available online at www.thecornerstone.net or at the Information Booth or through the Front Office.
- 2) Complete the Registration Form and mail to: The Cornerstone Church, 4905 E. La Palma Avenue, Anaheim, CA 92807, ATTN: Sara Thresher OR drop off at the Info Booth OR give to Sara Thresher prior to your class.
- 3) Payments: You can go to www.thecornerstone.net and go to MYCC and set up the Automated Giving Form OR you can set it up with your own bank. You can also make payments at our Kiosk located in the lobby at the North Entrance opposite of the La Palma entrance. Payment can be made by placing it in a designated box by your teacher or mailed to the church office by the 1st of each month.

Dress Code and Hair Requirements

Ballet

Ladies: Leotard (black only), pink tights (must be over the foot for ballet) & pink ballet shoes.

Gentlemen: White or black shirt, black leggings or jazz pants, and ballet shoes.

Hair: Must be pulled back & secured off the face in a bun. Please ask an instructor if you need help to learn how.

Hip-hop

Dress: Comfortable top & bottoms (top may be white or black). Clothes can be loose-fitting but must still be able to see the body. Tennis shoes or jazz sneakers.

Hair: Secured back off the face (bun, pony tail or half-pony recommended)

Jazz/Lyrical/Modern/Tap

Dress: Leotard (black only) or fitted shirt, & capris or long bottoms. Proper shoes for the style.

Hair: Secured back off the face (bun, pony tail or half-pony recommended)

**While not in class, all students must be modestly dressed.
Please put pants or a skirt, & a top over your class attire.**

Dance Studio/Class Etiquette

1. All dancers must comply with the dress code required for their class (es).
2. Dancers must be on time to all classes.
*On time means *early* – if class starts at 4:00 pm you should be in the studio ready to dance at 4:00, not parking.
3. No food, gum or drink (except water) allowed in the classroom.
4. No talking during class.
5. Respect all instructors and other students in the studio in your words and actions.
6. Please respect *all* church property. Treat it with care and clean up after yourself.
7. Do not sit or hang on the barrés.
8. Parents are not permitted to sit in the classroom.
9. While in class students must stay standing & attentive between exercises, watching their fellow dancers.

INSTRUCTORS



THERESA SAHYOUN

Theresa started dancing at the age of 3. As a young girl, she danced all throughout elementary school and performed in various dance recitals. When she was 12 years old she began ballet training with Lisa Murray. Theresa continued her education at Catch the Vision Performing Arts studio in La Habra, California, where she later taught for 13 years.

In 2003, Theresa became the Elementary Director of Dance for Catch the Vision where she greatly enjoyed teaching and directing dance performances. Theresa became the co-owner of CTV Kid Dance in 2006. She managed a team of dance instructors that taught at pre-schools and elementary schools. Theresa loves the art of dance but her greatest love is for the Lord Jesus. It is her desire to use the gifting and passion that the Lord has given her for His glory. She loves to worship the Lord through her dance and desires to help others mature in their dancing as well.



MINDY OLSON

Mindy Christine Olson has been dancing for 21 years. She began her training with Lois Ellyn of the New York City Ballet, and went on to graduate from the OCHSA Classical Contemporary Dance Department under the direction of Sophie Monat. She attended summer intensives at San Francisco Ballet, Ballet Pacifica and Ballet Austin and has trained under Luis Fuente, Janek Schergen, David Wilcox, and Michelle Martin. She has performed in The Glory of Christmas at The Crystal Cathedral and danced with the Los Angeles Classical Ballet, The Joffrey Ballet, and Nouveau Chamber Ballet. In recent years, Mindy has discovered a passion to not only be on the stage, but behind the scenes teaching, directing and choreographing. The Cornerstone has offered her the opportunity to dance and choreograph for many events in their Dance Company; and she has found that her joy is made complete in using her passion for dance as an offering of worship to her Savior.



EMILY LUTHER

Emily began dancing at the age of 3 and trained as child at the Hirschl School of Dance Arts. She began teaching there at the age of 13, and was also given the opportunity to choreograph for the annual performances. In high school Emily turned her focus to ballet and began training at Long Beach Ballet Arts Center under David Wilcox, Shani Englert, DaVinci Burke, and Victor Kasatsky. She also participated in many summer intensive programs including LA Classical Ballet and American Reparatory Ballet in Princeton, New Jersey with guest instructors such as Gelsey Kirkland, Patricia Barker, Russell & Maricar Capps, and Edward Villella. She has been a company member of Long Beach Ballet Theater and is currently a company member in His Grace Dance Ministries. Emily's passion is dancing to glorify God, and she loves teaching our youth that dance was created by God for God.



DEBORAH LOO

Deborah Loo received her ballet training under the instruction of David Wilcox and Shani Englert at Long Beach Ballet Arts Center. Deborah enjoys using dance to worship the Lord, and is blessed to be able to do so through being a company member of His Grace Dance Ministry. In 2008 and 2009, she attended Ballet Magnificat's summer intensive in Jackson, Mississippi. While loving to teach ballet, Deborah also loves to continue her training and is currently dancing at Maple Conservatory of Dance. It is her prayer that her students would not only develop a passion for this beautiful form of art, but would also develop a passion for using dance to magnify the Lord.



SARA THRESHER

Sara Thresher began her dance training at the age of 4 and has been dancing for over 21 years. She trained as a child in London's Royal Academy of Dance Technique and received a scholarship for her efforts training under John Hart. She moved to Orange County in 2004 to continue her training at California State University Fullerton and graduated Magna Cum Laude with a Bachelor of Arts Degree in Dance. Sara's dance "Kairos" was selected to perform in the Gala for American College Dance Festival. Her specialty is modern and contemporary dance, but she has a passion for all forms of dance. Her greatest desire is to develop the Christian dance community by advancing the technique, artistry and choreographic ability of those who seek to use their gifts to glorify God alone. Her dream is to have a Christian company that impacts the entire dance community for the Lord.