

## I Am The Truth

**“I am the way, the truth, and the life; no one comes to the Father but through me.” (John 14:6)**

Those were the words of Jesus.

Notice that He did not say, “I know the truth,” or “I speak the truth,” or “I follow the truth.” He is himself the embodiment of truth.

Most Christians would probably agree that ‘the way’ and ‘the life’ are easier to explain. ‘The way’ suggests direction and destination. It suggests that Jesus is to be *followed* and that He is the only *path* to our heavenly Father.

A doctor saves lives; a soldier preserves lives; but a mother IS life to her unborn child. The life of the child is intimately connected to its mother so that it cannot survive without her. Anything affecting her body affects the child.

Jesus IS life, but not simply ‘life.’ He is THE life. This suggests that he both gives life and sustains life through an intimate connection to him.

Truth...He is the truth.

We often think of truth as verifiable facts. Is that how we are to think about Jesus, *the truth*? Such a description virtually restricts Jesus to an entry in a Bible dictionary. If this is the meaning of ‘I am the truth’ then how would that be different from a dictionary entry on Abraham or King David or Jericho?

Surely Jesus was not referring to himself as a set of facts.

We accept that truth can be presented as a set of facts, but those facts are more like a description of truth. In simple terms, truth is reality. It is ‘that which exists.’ Truth does not have to be described or verified or even known in order to be truth. Truth exists independent of man and his perception.

When Jesus walked the earth he stood in great contrast to mankind. He lived in perfect harmony with the Father in heaven. He was sinless. So, as a perfect human he was a complete and accurate revelation of the Father. Jesus was all that God expected in man which He had created in His own image.

Man is a ‘fallen’ creature. In other words, mankind has failed to be what God intended in creation. Man is flawed because of sin. Whenever a person sins, he exists as something different than his Maker. He stands opposite to the truth of God. As a sinner, he is a false image.

When asked by Philip to show them the Father, Jesus said:

**He who has seen Me has seen the Father. (John 14:9)**

Jesus did not have to work on his character; he was not flawed as we are. Jesus did not need to improve. He did not need to take a break and find himself or figure things out about himself.

The Apostle John would later describe Jesus, *the Word of Life*: **“what we have seen with our eyes, what we have looked at and touched with our hands.” (1 John 1:1)**

He realized that seeing Jesus was seeing God. That does not imply that God was human, but that Jesus was truly God in the flesh. John realized that touching Jesus was touching God.

For Jesus to claim “I am the truth” he was revealing that he was the true manifestation of God in fleshly form. All that he did and said and thought was in perfect harmony with our changeless God. Only by watching, and following and listening to Jesus will we know *that which is real*. He is THE truth. All else is false.

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