Prophets Predict Jesus’ Birth • Lesson 1

Jesus is the Savior God promised.

Bible Verse
“Christ Jesus came into the world to save sinners” (1 Timothy 1:15).

Growing Closer to Jesus
Children will
- learn that Jesus was God’s promise to us,
- understand that God always keeps his promises,
- teach Pockets that keeping promises is important, and
- anticipate the fulfillment of a joyful promise.

Teacher Enrichment

Bible Basis
- Prophets predict Jesus’ birth.
  Isaiah 7:14; 9:2-7; Micah 5:2

For some people, it’s hard to believe that these passages predicting the coming of Jesus were written around 700 years before his birth! Amazingly, at that time God gave details to Isaiah and Micah about the coming Messiah.

A baby born to a virgin—now that’s something even harder for most to believe! And the debate rages about whether the word in Isaiah 7:14 really refers to a virgin or just to a young woman. In its original context, it likely refers to a young woman like Isaiah’s wife (see Isaiah 8:3). But in Matthew 1:23, Matthew connects this passage with the birth of Jesus to Mary, and quotes the passage using the Greek word for “virgin.” He leaves little question that this was to be seen as a clearly miraculous birth, in ultimate fulfillment of Isaiah’s prophecy.

Isaiah 9:6-7 are probably the Old Testament verses most often quoted during the Christmas season. And there’s no question that these verses refer to Jesus. Only he could fill the incredible roles ascribed to him here. And only he is God’s Son, whose coming was predicted to us so long ago!

Prayer
- Read Matthew 1:18-25.
- As you consider your relationship with Jesus, what aspects of the prophecies about Jesus’ birth are most meaningful to you?
- Pray: Lord, thank you for coming to earth as a human baby. Help me to express my belief in you by…

Pockets Parent Guide

Growing Up God’s Promise

- Share God’s promise that Jesus was the one who would save us from our sins.
- Help children see how Jesus fulfilled God’s promise.
- Pray together that God will help children see Jesus’ goodness in their lives.

Hand-Printing Jesus

- Give each child a handprint activity sheet.
- Have children paint their handprint to resemble Jesus.
- Encourage children to pray for those who are not yet saved, using the handprint as a symbol of Jesus’ promise to save them.

It’s important to say the Bible Point just as it’s written in each activity. Repeating the Bible Point again and again will help the children remember it and apply it to their lives.
### Before the Lesson
- Collect the necessary items for the activities you plan to use. Refer to the Classroom Supplies and Learning Lab Supplies columns to determine what you’ll need.
- Make photocopies of the “Today I Learned…” handout (at the end of this lesson) to send home with your children.
- Pray for the children in your class and for God’s direction in teaching the lesson.

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*See the end of this lesson for extra-time ideas and supplies.*
Welcome Time

**SUPPLIES:** “Perfect Present Name Tags” (p. 22), markers, safety pins or tape

- Bend down and make eye contact with children as they arrive.
- Greet each child individually with an enthusiastic smile.
- Thank each child for coming to class today.
- Say: *Today we’re going to learn that Jesus is the Savior God promised.*
- Give each child a photocopy of a “Perfect Present Name Tag.” Help children write their names on their name tags and pin or tape them to their clothing. You may want to laminate the name tags or cover them with clear adhesive paper so they’ll last for the entire quarter.
- Direct the children to the Let’s Get Started activities you’ve set up.

Let’s Get Started

Set up one or more of the following activities for children to do as they arrive. After you greet each child, invite him or her to choose an activity.

Circulate among the children to offer help as needed and to direct their conversation toward today’s lesson. Ask questions such as “What was one of your favorite gifts?” or “What’s a promise that you’ve made?”

**Option 1: Promised Presents**

**SUPPLIES:** poster board, letter-sized envelopes, scissors, crayons, newspaper

Before class, cut shapes from poster board, such as stars, hearts, bells, and candy canes. Seal each cutout in a letter-sized envelope. Make one envelope for each child plus a few extras for visitors.

Cover a table with newspaper. Scatter the sealed envelopes around the table. Let each child choose an envelope. Tell the children that you promise there’s a surprise inside each envelope. Encourage children to guess what the surprises may be. Have children rub over their envelopes with the sides of crayons. As different shapes emerge, point out that each rubbing is like a gift that’s been unwrapped.

Show children how to gently shake the envelope so the pieces move around inside. Children may make many designs on the outside of each envelope. Remind children that you kept your promise of a surprise in each envelope. Point out that Jesus was a promise, too—a promise from God!

**Option 2: Present Pins**

**SUPPLIES:** gift tags, sequins, glue sticks, small bows, safety pins, crayons or markers, pencils or pens

Let each child choose a gift tag and print his or her name on the front. If the tag has “to” and “from” spaces, help each child write his or her name beside “to.” Beside the word “from,” write “God, with love.”

Encourage children to use glue sticks, sequins, and crayons or markers to decorate their tags. Allow each child to attach a tiny bow or bit of ribbon to the card. As
children work, make comments such as “Your gift tags are so pretty” and “Did you know Jesus is our gift from God?”

When the cards are dry, safety pin them to the children’s clothing. (Allow them to take these name tags home today; they’ll leave the other name tags with you.) Remind children that they’re God’s gifts and that **Jesus is the Savior God promised.**

### Option 3: Dig Those Gifts!

**SUPPLIES:** bucket or large dishpan, newspaper, clean sand or rice, “treasures” such as small plastic figures and toy cars

Before this activity, spread newspaper on the floor in a corner. Fill a bucket with sand or rice, and bury small “treasures” in the sand. Hide items such as small plastic animals or cars and colorful erasers. Let children take turns digging for buried treasure. As they dig, tell them that sometimes God’s promises are hard for us to see, but we know that God always keeps his promises. Remind them that **Jesus is the Savior God promised.** When all the items have been found, let the children bury them again.

When everyone has arrived and you’re ready to move on to the Bible Story Time, encourage children to finish what they’re doing and get ready to clean up.

### Pick Up Our Toys

**SUPPLIES:** CD player

Lead children in singing “Pick Up Our Toys” (track 2) with the CD to the tune of “Skip to My Lou.” Encourage children to sing along as they help clean up the room.

You’ll be using this song each week to alert children to start picking up. At first they may need a little encouragement. But after a few weeks, picking up and singing along will become a familiar routine.

If you want to include the names of all the children in the class, sing the song without the CD, and repeat the naming section. If you choose to use the CD, vary the names you use each week.

**Sing**

We will pick up our toys.
We will pick up our toys.
We will pick up our toys,
And put them all away.

There’s [name] picking up toys.
There’s [name] picking up toys.
There’s [name] picking up toys,
Putting them all away.

(Repeat.)

### Bible Story Time

#### Setting the Stage

**SUPPLIES:** Bible, individually wrapped candies, small paper bag, gift bow, tape

Before this activity, place individually wrapped candies inside a small bag. Be sure you have enough candy for each child to have a piece. Tape the bag closed, and attach a gift bow at the top.
Tell the children you’ll clap your hands to get their attention. Explain that when you clap, the children are to stop what they’re doing, raise their hands, and focus on you. Practice this signal a few times. Encourage children to respond quickly so you’ll have time for all the fun activities you’ve planned.

Have children sit on the floor in a circle. Pass around the gift bag, and let children hold it, shake it, and turn it upside down. Encourage kids to guess what might be inside. As children are passing and shaking the bag, say: I promise you’ll soon find out what’s inside the gift bag. And I promise there’s something inside for each of you.

When everyone’s had a turn to shake the gift bag, set it in the center of the circle. Ask: • What promises did I make about the gift bag? (That we could open it later; that there was something for each of us inside it.)
• What’s a promise? (Something you say you’ll do; something to give to people.)
• What is it like when someone makes a promise to you? (I feel excited; I’m happy and anxious; I wonder if they’ll keep it.)

Hold up the Bible. Say: God makes promises, too. Let’s read what the Bible says about God’s promises. Read aloud Hebrews 10:23b from an easy-to-understand Bible version.

Ask: • What does it mean to be trusted? (It means you will keep your promises; it means you’re a good friend who isn’t mean.)
• Why is it important to know that we can trust God? (Because we want to believe in someone who keeps promises; because we need to know that God will always be with us.)
• What are some things God has promised us? (To love us; to help us; to protect us.)
• What does it feel like to know we can trust God to keep his promises? (I feel happy; I don’t have to worry.)

Say: Today we’re going to learn that Jesus is the Savior God promised. We’ll learn that God always keeps his promises. And I’ll keep my promise about opening our gift a little later. Do you think you can wait to see what the gift is? Pause for responses. Sometimes it’s hard to wait for an exciting promise to be kept. Let’s find out about God’s most special promise and about how hard it was to wait for the promise to be kept.

**Bible Song and Prayer Time**

**SUPPLIES:** Bible, construction paper, scissors, CD player, basket or box

Before class, make surprise cards for this activity by cutting construction paper into 2x6-inch slips. Prepare a surprise card for each child, plus a few extras for visitors. Fold the cards in half, and then stamp the gift stamp inside one of the surprise cards. Bookmark Isaiah 7:14; 9:2-7; and Micah 5:2 in the Bible you’ll be using.

Have the children sit in a circle. Say: Each week when we come to our circle for our Bible story, I’ll choose someone to be the Bible person. The Bible person will bring me the Bible marked with our Bible story for that week. Each of you will get a chance to be the Bible person. Before I choose today’s...
Bible person, let’s learn our Bible song. As we sing, I’ll hand out surprise cards. Don’t look inside your surprise card until the song is over.

Lead children in singing “Read God’s Book” (track 3) with the CD to the tune of “The Muffin Man.” As you sing, hand out the folded surprise cards.

**SING**

Now it’s time to read God’s book,
Now it’s time to read God’s book.
Let’s hear a Bible story.

(Repeat 3x.)

After the song, say: **You may look inside your surprise cards. The person with the gift stamped inside his or her card will be our Bible person for today.**

Identify the Bible person. Ask the Bible person to bring you the Bible. Lead the class in clapping for the Bible person, cheering, and making fun applause sound effects by slapping your thighs with your palms. Help the Bible person open the Bible to the marked place, and show children where your story comes from. Then have the Bible person sit down.

Say: **[Name] was our special Bible person today. Each week we’ll have only one special Bible person, but each one of you is a special part of our class! Today we’re all learning that ★Jesus is the Savior God promised.**

Let’s say a special prayer now and ask God to help us learn that Jesus is God’s promise to us and that God always keeps his promises. I’ll pass around this basket. When the basket comes to you, put your surprise card in it and say, “God, please help me trust in your promises.”

Let a child pass around the basket or box. When your helper has collected everyone’s surprise card, set the basket aside, and pick up the Bible. Lead children in this prayer: God, thank you for the Bible and for all the stories in it. Teach us today that ★Jesus is the Savior God promised. Amen.

**BIBLE POINT**

Choose a Bible you’ll use for this section of the lesson each week. Some of the children in your class may be reading, so provide Bibles for them to look at. If children can understand the words in the Bible, they’ll have more interest in reading it—and they’ll learn more from it. A great option for children is the Hands-On Bible®. You can learn more at group.com.

**Hear and Tell the Bible Story**

**SUPPLIES:** Bible, gift wrap, transparent tape, bow, box

Before class, punch out the Jesus’ birth story figures and stands, and insert the figures into the stands. Then place them in a gift-wrapped box, and top the package with a bright bow.

Set the wrapped package in the center of the circle. Say: **This is a very special gift for us. We’ll use it to help tell our Bible story.** Show children the Bible pages. Every time I say the words give or given or gave, hand the box to another person. Hand the box to a child, and begin the story.

From the beginning of time, God gave the world promises. God gave Noah a promise not to flood the whole world again. God promised Moses he’d help the people God loved. God promised Abraham he’d have a son. And God kept every promise that he gave.

Ask: **Why is it important to keep your promises?** (So people trust you; to show someone you love him or her.)
Why does God keep his promises? (Because he's God and can do anything; because God loves us; because he wants us to trust him.)

Say: God keeps his promises. And God made the most special promise of all—God promised to give the world someone who would love us and bring peace and forgiveness. God said, “I will give you a sign; a young woman will give birth to a baby boy. She will give birth to the baby in a town called Bethlehem. The baby will be given the name Immanuel, which means ‘God is with us.’ And the baby will give joy and light to the world.” That baby was Jesus, and our Bible verse tells us in 1 Timothy 1:15 that “Christ Jesus came into the world to save sinners.” Show children the verse in your Bible. That means that Jesus came to help each one of us!

Ask: Would it be easy to believe such a promise? Why or why not? (Yes, because God made the promise; no, because how can someone save the world?)

How do you think the people felt when they heard the promise? (Excited; anxious; happy; they couldn't wait.)

Say: God’s people were excited about his promise. They wanted God to give them a Savior. For hundreds of years, the people were ruled by cruel kings. The kings made God’s people slaves. They made war against God’s people. They wouldn’t let God’s people worship or pray. The people tried hard to remember God’s promise. They waited for God to give them a Savior and a King to bring peace.

Ask: How would it feel to wait hundreds of years for a promise to be kept? (I would give up on believing in the promise; I’d think the promise wouldn’t be kept.)

Why did the people still wait for the Savior? (Because God keeps his promises; because they wanted a Savior so much.)

Say: God’s people kept praying and asking God to give them a Savior. And they waited and watched. But the people thought God would give them a king born in a rich palace. They never thought the Savior would be born in a stable! Jesus is the Savior God promised to give us.

Ask the child holding the box to set it in the center of the circle. Say: People waited many years for God to keep his promise. Sometimes it’s hard to wait for promises to come true.

Ask: Who can tell about a promise you waited for? Was it hard to wait? (Yes, I had to wait until I turned 5 for a bike; I waited for my baby sister to be born.)

Point to the wrapped package. Say: This gift is for all of us, just like Jesus is a gift for all of us. God promised that Jesus would come so that we could have a friendship with him. Let’s thank God for keeping his promise to send Jesus.

Pray: Dear Lord, thank you that you kept your promise to send Jesus. Thank you that we can ask Jesus to be our friend. Amen.

Say: Just like God keeps his promises, I promise we’ll open this gift next week. Until then, you can remember that Jesus is the Savior God promised.

Return the wrapped package to the Learning Lab for next week’s use.
Do the Bible Story

**SUPPLIES:** blank December calendar page

Display the blank calendar page where children can easily see and reach it. Set the *arrow stamp*, the *praying hands stamp*, and the *gift stamp* as well as the *ink pad* from the Learning Lab beside the calendar page.

Say: *I'm so happy that Christmas is coming! I can hardly wait.*

Ask: • *How are you feeling about Christmas coming?* (Happy; like it’s too far away; I just can’t wait.)

• *What does your family do to count days until Christmas?* (We open windows on a calendar; we decorate; we read Christmas stories together.)

Say: *Some families mark days off a calendar as they count the days until Christmas.*

Show children the calendar page and point out December 25. Then point to today’s date. Have children count out loud with you the days left until Christmas.

Say: *When the prophets told God’s people that God promised to send them a Savior, they were really excited!* Hold up the *arrow stamp*. The people didn’t know exactly when the promised Savior would come, but they looked forward to it. Hold up the *praying hands stamp*. Because the people didn’t know exactly when the Savior would come, they had to wait patiently and pray. Hold up the *gift stamp*. God’s people knew that the promised Savior would be God’s great gift to them. Let’s use these special stamps to help us remember our Bible story.

Have children line up in front of the calendar. Say: *I’m going to read to you from our Bible story. Everyone gets a turn to use a stamp. When it’s your turn, choose the picture on the stamp that you think goes best with what I read and stamp the picture on one of the calendar days.*

Read the following statements. Let children choose from the *arrow stamp*, the *praying hands stamp*, or the *gift stamp*. Have children tell why they choose the stamps they do. If you have more than 15 children, have them form pairs to choose stamps. If you have more than 15 days until Christmas, start the list again.

- *From the beginning of time, God has made promises to people.*
- *God keeps every promise he makes.*
- *God’s most special promise ever was to send a Savior to love us and save us from our sins.*
  - God promised that a young woman would give birth to a baby boy.
  - The baby would bring joy and light to the world.
  - The baby would save people from their sins.
  - God’s people were excited about his promise.
  - Although cruel kings made slaves of God’s people, they patiently waited and prayed for the Savior to come.
- *When the kings wouldn’t let God’s people worship or pray, the people still believed that God would keep his promise and send a Savior.*
  - For a long, long time, the people continued to remember God’s promise.
  - For a long, long time, the people waited and prayed for God to send their Savior.
After a long, long time, God kept his promise to the people.
Baby Jesus was born in a stable.

Jesus is the Savior God promised.
Jesus is God’s gift to us all.

When each child has had a turn using one of the stamps, hold up the decorated calendar page and say: **What a pretty calendar page you’ve made!**

Ask: **Who is the Savior God promised?** (Jesus; God’s Son.)

**Why is Jesus the best gift ever from God?** (Jesus is our Savior; Jesus came to help us; Jesus came to love us.)

Say: **Jesus is the Savior God promised. Jesus, the Savior, is the best gift ever from God!**

Return the arrow stamp, the praying hands stamp, and the gift stamp as well as the ink pad to the Learning Lab for future lessons.

### Closing

#### Pockets’ Promise

**SUPPLIES:** none

Before class, assemble one of the **gift boxes** from the Learning Lab, and place it in Pockets’ pouch. Bring out Pockets the Kangaroo, and go through the following puppet script. After you finish the script, put Pockets and the **gift box** out of sight.

**Teacher:** Hello, Pockets. What do you have?

**Pockets:** *(Motioning to the empty gift box and sounding irritated)* Well! A friend promised to give me a gift, and when I got the box, there was nothing in it!

**Teacher:** I can see you feel upset, Pockets. Promises are important, and it makes us feel bad when someone doesn’t keep a promise.

**Pockets:** *(Huffing)* Well, I don’t think it was very nice to break that promise! And I remember once when my mom and dad didn’t keep their promise to buy me an ice-cream cone, either. *(Looking in the empty box)* I don’t think anyone keeps promises!

**Teacher:** Pockets, that’s not true. Children, can you tell Pockets who always keeps his promises? *(Lead children in responding, “God!”)*
Promise Presents

SUPPLIES: gift bag from “Setting the Stage”

Help each child find a partner. Hold up the gift bag with the candies from “Setting the Stage.”

Say: We’ve been learning about God’s promises and that he always keeps his promises. We’ve also learned that Jesus is the Savior God promised. Earlier I promised we’d open our gift bag. I also promised that there was a surprise for each of you. Have children help you open the bag. Reach in and pick a surprise. Then hand the surprise to your partner and say, “Jesus is your special gift.”

When all the children have been affirmed and have received a piece of wrapped candy, say: Let’s share a prayer thanking God for his promises.

Pray: Dear God, thank you for always keeping your promises. We thank you for the best gift of all—that Jesus is the Savior you promised. Amen.

Collect name tags for next week’s use, and remind children to take home any crafts they made today.

Growing closer to Jesus extends beyond the classroom.

Photocopy the “Today I Learned…” handout (at the end of this lesson) for this week, and send it home with your children. Encourage parents to use the handout to plan meaningful family activities to reinforce this week’s topic.
### Lively Learning: You’re a Promise

Remind children that Jesus is the Savior God promised and that each of them is a promise from God, too. Place a chair facing the wall, and have the children sit on the floor a few feet behind the chair. Choose a child to sit on the chair. Set a gift box under the chair. Silently point to a child to sneak up, take the box, and return to his or her place. Then have the children say, “Guess who, guess who, guess who’s a promise, too!”

The child sitting on the chair has three guesses to decide who has the gift box. After guessing, the child with the box has the next turn to sit in the chair, and the other child points to someone to take the box. Continue playing until each child has a turn to be a “promise.”

### Make to Take: Pinwheel Promises

Place crayons or markers, safety scissors, and a hole punch on a table. Give each child a paper fastener, a plastic drinking straw, and a photocopy of the “Pinwheel Promise” handout (p. 23). Have children color the squares on their handouts. Tell children they’re going to make promise pinwheels to remind them that God kept his beautiful promise to send Jesus as our Savior.

Cut out the squares. Then cut along the dotted lines. Be sure to stop cutting at the circle. Then show children how to fold the outside corners to the center of the pinwheel. Push a paper fastener through the paper, making sure to catch all four corners. Then help each child push the fastener through a plastic straw, about one inch from the top of the straw.

Let the children have time to enjoy blowing their pinwheel promises.

### Treat to Eat: Gift Gobblin’

Have children clean their hands with hand wipes or at a nearby sink. Set graham crackers, frosting, and plastic knives on the table. Fill a muffin tin with colorful candy sprinkles and raisins. Form an assembly line. Have one small group of kids break the graham crackers into squares, and have another group frost the crackers. Let the groups switch places after a few crackers have been made. Allow children to decorate their cracker “presents” as they wish.

### Story Picture: The Promised Gift

Before this activity, cut a 3x3-inch square of colorful gift wrap for each child.

Set out tape and the squares of gift wrap. Hand each child a photocopy of the “Today I Learned…” handout. Show children how to tape the top edge of a wrapping-paper square above the picture of baby Jesus to create a flap. The flap can then be lifted to reveal what’s inside the “present”—baby Jesus! As the children work, remind them that Jesus is the Savior God promised.
Perfect Present Name Tags

Photocopy this page and cut out the name tags. Have children decorate them and write their names on the gifts.
Pinwheel Promise

Photocopy this handout, and have children color the squares. Cut out each square, and then cut along the dotted lines, stopping at the dark circle. Fold every other corner to the center, leaving the corners with the words extended. Fasten the folded corners to a drinking straw with a paper fastener.
Today your child learned that Jesus is the Savior God promised. Children learned that God keeps his promises. They talked about the importance of keeping promises.

**Verse to Learn**

“Christ Jesus came into the world to save sinners” (1 Timothy 1:15).

**Ask Me...**

- How is Jesus part of a promise?
- Why is it important to keep your promises to others?
- How can our family keep its promises?

**Prophets Predict Jesus’ Birth (Isaiah 7:14; 9:2–7; Micah 5:2)**

**Family Fun**

- Make Promise Pockets for dessert. Let your child roll out refrigerator biscuits into 4-inch circles. Place five of them on a cookie sheet, and spoon apple pie filling in the center. Sprinkle the filling with a bit of cinnamon. Lay a circle of dough on top, and seal the edge with fork tines. As you work, point out that God’s promises are sweet because he always keeps his promises. Bake the Promise Pockets at 350 degrees until they’re golden brown. Cool, and serve them with ice cream for an extra treat.