

## St. Paul's Lutheran Family

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### **Bits & Bits**

Dear Friends,

I anticipate you'll receive this on the cusp of Easter, late in Holy Week. In today's culture I would imagine that most of those celebrating this season will be busy with the task of coloring Easter eggs and, perhaps, preparing for the joy of Easter morning worship festivals. Given all that and the additional anticipation of a season of Easter Sundays (we do after all have seven weeks of Sundays of Easter) you might find it surprising that I want to use this one last moment to remember Maundy Thursday and Good Friday.

Much of today's Christianity chooses to skirt or scoot right by those days. The words and messages of those days' events don't seem to offer us much opportunity or reason to celebrate. Indeed, instead of celebrating, we are called to mourn our own failures. If we listen to the lessons of those days we find ourselves invited to recognize the way we ourselves continue to participate in the darkness of those days' activities. The betrayals and cowardice of the disciples shines light on our own betrayals, our own cowardice.

So, then, why spend any time at all remembering them? Because remembering who we are, what we are, provides us with the understanding for why Easter is so important. Jesus' parable in Luke 7 about the one forgiven much and the one forgiven little provides us the resources to face both ourselves as individuals and as communities. Jesus helps us to confront our own darkness and thereby, surprise, we are led to experience the real joy of forgiveness and the Easter life.

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As Easter ushers in the season of spring this year let us recognize it as a parable for the life won for us through the death and resurrection of our Savior. The price paid for us reflects the love God has for us. Living, then, in the light of such gift may all of you be embraced by Easter's peace.



### FAMILY AND COMMUNITY OUTREACH

Elizabeth King

**WE THANK YOU:** Thank you to all who participated in the Lenten Soup Suppers! The yummy soups, breads, deviled eggs, salads and desserts you so generously shared provided nourishment; the gathering together provided companionship, conversation and "soul food." Special thanks to those who assisted with set-up and clean-up, including Peggy Truttman, Carol Arneson, Bill Massie, Sue and David VonKonigsfeld, Don Kovisto and many others. Your helping hands and cheerful spirits were truly appreciated.

### Treasurer's Report

By Louise Griffith

Remembering we now use a fiscal year defined as running from July 1 to June 30, our income for the fiscal year to date has been \$149,420.63 and our expenses have been \$136,938.78. More recently, our February income was \$16,796.99 while our expenses were \$17,525.82.

Thank you for your faithful stewardship.

## WELCA

By President Linda Wilson

SPRING has sprung! HAPPY SPRING!!

Time to clean out those cupboards, closets, etc. and rid yourself of unwanted clothing, jewelry, knick-knacks, small appliances, furniture, pictures, and such. Donate them to our annual WELCA Rummage Sale scheduled for Saturday, April 20<sup>th</sup>.

The old adage still applies "your unwanted items are someone else's treasures."

Unfortunately I will be out of town but Clay Woslum has graciously agreed to chair this event and his wife, Renee and Mary Burgeson have offered to help; however, more help is needed. If you are able to help for an hour or two or more, or if you have any questions about when to bring your items for the sale, please contact Renee or Clay at 775-883-7748. Your help will be greatly appreciated.

## BOOK DRIVE

By Betty Razor

This is a request for donations of kid's books that are in good, clean, unmarked condition. We are accepting books for all ages from pre-school to early teens. Please no National Geographic or Readers Digest.

These books are used in many ways. Pre-school books are sent to the Advocates Against Domestic Violence. Other books are either given to the school librarian for those children without personal reading books or to the literacy program to encourage reading at home and to expand their reading skills. They are also included in the food bags in Food for Thought program.



## LEE GROUP

Submitted by Chuck and Darlene Lacugna

The LEE Group is hosting a Post-Easter Pot Luck lunch on April 4, 2013 at 11:30 a.m. in Friendship Hall. The hosts will be bringing the ham and everyone else is asked to bring the "fixins" and side dishes.

YOU ARE ALL INVITED to come to our monthly potlucks on the first Thursday of each month.



## HEALTH MINISTRY NEWS

By Audrey Strobe

Did you know there are monthly health lectures at the Women Health Institute? These lectures are free and open to both men and women. These lectures usually only last an hour and are very informative and begin at noon or 5:30 p.m. The speakers are doctors and other medical professionals.

For example, February was heart month and lectures were given by local cardiologists. March focused on weight management and colon cancer. As of this writing, the April calendar has not been given, but you can check the Health Ministry bulletin for information. We will post it as soon as we receive it.

The Women's Health Institute is located at 1470 Medical Parkway, Suite #250. Their phone number is 445-5168. This location is just above the hospital and Sierra Surgery in the Cardiology building.

## FOOD FOR THOUGHT

By Betty Razor



Each Friday, Food for Thought provides a healthy bag of food to hungry children in Carson City, Silver Springs and parts of Douglas County, allowing these children to eat on the weekends and to arrive at school on Monday nourished and ready to learn. They also add new books to encourage reading.

The program is in need of the small containers of non-refrigerated milk. These may be found at Wal-Mart. You can place them in the basket at church; or take them directly to Food For Thought at North Town Plaza (old K-Mart) 3246 N. Carson St. Suite 218.

Volunteers are always needed to assist with the preparation of these food bags. If you would like to help with this effort, please call 775-885-7770.

## FINANCIAL SECRETARY'S REPORT

By Peggy Saville

YTD, which is 35 weeks, we have received \$149,372.43 vs. budgeted amount of \$151,200. That is \$1,827.57 or 1.2% under budget.

Respectfully submitted,

Peggy Saville, Financial Secretary

## SUNDAY SCHOOL

We hope everyone had a good time at our Annual Easter Egg Hunt on Easter Sunday. The children just loved to run through the garden to see what bright colored eggs the Easter Bunny left us.

Before Easter, we learned some new songs for Palm Sunday as we also processed in at the 10:30 service waving palms that we made. During class that Sunday, we also did some "foot washing" to re-enact the practice that Jesus had done with his disciples during the Last Supper.

Now that Easter has passed we will continue to study about the disciples and the different events that occurred after Jesus' death. The children in the 3rd-4th grade class will be finishing up their studies of the "Fruit of the Spirit." lessons.

The children did dedicate their offerings during two Sundays in Lent to Food for the Poor and the Step into Spring Easter shoe program. They enjoy doing this kind of thing to "give back" during the Lenten season.

Blessings to you,

Renee Woslum, Sunday School Superintendent

## VACATION BIBLE SCHOOL

Hello Everyone!

Just to let you know so you can mark your calendars, VBS will be held this year **June 24-28**, 2013. Again, it will be an evening program and I am going to need lots of helpers, so please keep this in mind and let me know if you will be able to help. We hope to have an adult class to offer again as last year was very successful.

The theme will be "Tell it on the Mountain." This is a new theme which promises to be very interesting and fun for all. There will be a need for people to help with snacks, craft leaders, games leaders, and group leaders.

I will be having an information meeting after Easter at some point so please watch the bulletin for any further details.

Renee Woslum, Director



### Nellie's Moving Sale

Saturday April 6

8 am to 4 pm

706 Sunset Way, Dayton

## April

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|----|-----------------------|
| 1  | Karen Ferreira        |
| 2  | George Hamilton       |
| 3  | Nellie Revelle        |
| 4  | Gloria Randle         |
| 5  | Spencer VanDyck       |
| 6  | Susan Bunker-Niles    |
| 6  | Emily Gould           |
| 6  | Mark Marsh            |
| 7  | Kristina Macchiarella |
| 8  | LaVon Anderson        |
| 11 | Florence Bilderback   |
| 12 | Mary Burgeson         |
| 12 | Austin O'Kelley       |
| 15 | Lori Doll             |
| 16 | Katherine Martin      |
| 16 | Greta O'Kelley        |
| 17 | Kay Elverum           |
| 17 | Mary Jo Goldenbaum    |
| 17 | James Johnson         |
| 17 | Andrew Moltz          |
| 17 | Stan Pesis            |
| 18 | Jaklyn Anderson       |
| 18 | Ann Dallas            |
| 18 | Nicholas Jevne        |
| 18 | Sarah McGee           |
| 18 | Jean Stokke           |
| 19 | Elizabeth King        |
| 19 | Lora McComb           |
| 23 | Wilma Hooker          |
| 24 | Pat Thunder           |
| 27 | Tara Macchiarella     |
| 28 | Ferol Arnold          |
| 28 | Dale Randle           |

# WHAT'S YOUR EMERGENCY IQ?

By Betty Razor

If you are like most moms and dads, your medicine chest is brimming with brightly decorated bandages, tweezers, and antiseptic. But how well are you really prepared for the common emergencies life might throw your way? Take this quiz to find out.

For small burns (small than the size of your child's hand) you should:

- Apply ice
- Soak the affected area in cool water
- Apply a burn ointment
- Break any blisters that start to form

If you think your child has swallowed dishwasher detergent, you should give them a dose of syrup of ipecac to make them vomit?

True                      False

Which of the following causes the most choking deaths in children age three and older?

- |          |          |
|----------|----------|
| Grapes   | Coins    |
| Balloons | Hot dogs |

If your child is stung by a bee and the stinger is still in his skin, you should:

- Pull out the stinger with tweezers
- Scrape out the stinger with a credit card
- Leave the stinger in, and wash the area with soap and water
- Call the doctor

If one of your child's permanent teeth is knocked out, where should you put it while you are in route to the dentist?

- |                  |                    |
|------------------|--------------------|
| On ice           | In a wet washcloth |
| In a plastic bag | None of the above  |

If your child falls and hits their head, when should you call the doctor or 911?

- If your child is bleeding
- If your child is drowsy
- If your child has head and neck pain
- a and b

If you think your child may be in shock after a serious injury or illness (signs include cold clammy skin, chills, weak pulse, and nausea or vomiting), you should call 911 immediately and do which of the following?

- Elevate your child's head
- Warm your child with a hot-water bottle
- Give your child sips of water
- None of the above

If your child has a nosebleed, you should tell him to tilt his head back until the bleeding has stopped?

True                      False

The family dog has bitten your child, but the bite isn't deep. You should:

- |                  |                   |
|------------------|-------------------|
| Apply antiseptic | Put on a band-aid |
| Call the doctor  | All of the above  |

(continued)

ANSWERS WILL BE POSTED ON THE HEALTH MINISTRY BULLETIN BOARD AT CHURCH.

Hi there – I may be on the high seas when you read this, but I wanted to give a great big ‘thank you’ to everyone who appeared as a part of the entertainment for St. Paul’s Lutheran Family Annual WELCA Chili-Cook-off 2013.

To St. Paul’s Heavenly Handbells with their director, Darlene Lacugna, and her able assistant, Chuck, go many Bravos!!! Those in the bell choir (in alphabetical order) were Jane Antila, June Bennett, Angelo DeFelice, Mary DeFelice, Ann Kauf, Charlotte LaCombe, Caroll Massie, Susan Meisner, Jean Opperman, Sandy Tucker, and Linda Wilson. Again, to all – Well Done!

Now, on to the individual performers: Lindsay Chowanski and her RED saxophone – Well Done! Syrena Chowanski on her flute – Way to go, girl! Tom Gesick singing and his guitar – Good job, as always! Tom on the guitar with his son, Nick, singing – Wow, what bush have you been hiding Nick’s voice under? Very, very good, Nick! Then we heard Justin Stevens on the piano – that boy gets better and better each year! And he grows so fast! Can’t wait to hear what’s in store from him in 2014. Excellent job, Justin! And, finally, we come to my accompanist and good friend, David Lingensjo; – words cannot properly express the excellence this man brings to our functions. Whatever the style – Jazz, Classical, Broadway Tunes, and Spiritual – you name it, he can play it, and we all enjoy it! That was another excellent job, Dave – thank you, thank you, so much!!!

Again, to all, please forgive the delay in getting this out (I’ll try to do better next year). Liebe, your ever faithful MC (Mistress of Ceremonies),

Caroll Massie.

## JESUS KNOCKING

Submitted by

Hannelore Hanke and Gloria Schlapfer



A nurse on the pediatric ward, before listening to the little ones' chests, would plug the stethoscope into their ears and let them listen to their own hearts. Their eyes would always light up with awe. But she never got a response to equal four-year-old David's.

Gently he tucked the stethoscope in his ears and placed the disk over his heart. “Listen,” she said, “What do you suppose that is?” He drew his eyebrows together in a puzzled line and looked up as if lost in the mystery of the strange tap-tap-tapping deep in his chest. Then his face broke out in a wondrous grim. “Is that Jesus?”

Listen to your heartbeat. Listen for the knock of Jesus upon the door of your heart.