

My First Duathlon

Ages 3-6 on race date
October 22, 2016 at noon



Bike and Run at the Health Fair St. Paul's Lutheran

12345 Manchester Road, Des Peres, 63131– Corner of Ballas and Manchester
To register: <https://stpaulsdp.wufoo.com/forms/my-first-duathlon/> or 314-822-0447
Space is limited. Limit 30 participants maximum. Pre-registration is required.
No Fee. Bring your bike, trike, or scooter with helmet and running shoes!