

END OF LIFE RESOURCES



We must show charity towards the sick, who are in greater need of help. Let us take them some small gift if they are poor, or, at least let us go and wait on them and comfort them.
St. Alphonsus Liguori

Resources:

- **For Urgent bioethical questions:** Call the National Catholic Bioethics Center at 215-877-2660
- **Care & Prepare ministry**
The Archdiocese of Los Angeles provides a wealth of information at the website below:
<http://www.la-archdiocese.org/org/oljp/Pages/Careandprepare.aspx>

California Catholic Conference answers frequently asked questions about end-of-life care:
<http://www.cacatholic.org/teachings/embracing-our-dying/frequently-asked-questions-about-end-life-care>
- **Assisted Living Locators** – 805-277-3005 <http://www.thousandoaks.assistedlivinglocators.com/>
100% Free referral service, offering personal assistance in finding the right home care, independent living, assisted living, nursing home, or memory care community for your loved one.
Angelique Sieverson, Eldercare Advisor & owner - 805-300-3535 angelique@assistedlivinglocators.com
- **Mary Health of the Sick – Skilled Nursing Facility 805-498-3644** <http://www.maryhealth.com/>
Located in Newbury Park, California, Mary Health of the Sick is a 24-hour skilled nursing facility. It is owned and operated by the Servants of Mary, Ministers to the Sick, Catholic congregation of women religious who dedicate their lives to providing loving, compassionate nursing care to people of all faiths.
- **Hospice of the Conejo 805-495-2145** <https://hospiceoftheconejo.org/>
Dedicated to serving the community as a non-medical volunteer hospice and grief center, Hospice of the Conejo is always completely free of charge. They affirm life, even in the face of terminal illness and grief, by providing compassionate, emotional, practical support and information to individuals and families facing end-of-life concerns.

- **Advanced Health Care Directive:**

An advanced Health Care Directive (AHCD) lets your physician, family & friends know your health care preferences in advance and avoids having your family “guess” your wishes or having to make critical medical care decisions for you under stress or emotional turmoil. The Roman Catholic AHCD Form differs from other AHCD forms by explicitly incorporating key sanctity-of-life principles as taught by the Roman Catholic Church. For more information, see the Archdiocese of Los Angeles website at <http://www.la-archdiocese.org/Pages/Publications/AHCD.aspx>

You may download the Archdiocese AHCD Form at the following website:

http://www.la-archdiocese.org/org/oljp/Documents/AHCD_Document_updated%20Nov2015.pdf

- **Embracing Our Dying: A Pastoral Guide to making end of life decision**

Explore the theological and Catholic visions of life and death in this article by Rev. Richard Benson, C.M. Ph.D., S.T.D., St. John’s Seminary, Camarillo, CA

[http://www.catholic.org/sites/default/files/files/end%20of%20life%20pastoral%20guide-updated%202011\(1\).pdf](http://www.catholic.org/sites/default/files/files/end%20of%20life%20pastoral%20guide-updated%202011(1).pdf)