

## Epi-pen/Epi-pen Jr. Administration Protocol

Anaphylaxis is a very serious sudden, intense, rapidly progressing whole body allergic reaction that can be fatal. It can occur in a person who has a hypersensitivity to foods, insect stings, medications, or other allergens (identified or unidentified). The risk is higher in people with asthma.

Currently, there are **11** students at the **lower school** and **6** students at the **upper school** with **KNOWN** food allergies. In addition, **2 SJS faculty members** also have **KNOWN** food allergies.

In the event of suspected anaphylaxis in a student with a **KNOWN** history of allergies, the **orders of the student's primary care physician should be followed!**

In the event of suspected anaphylaxis in a student with **NO KNOWN** history of allergies, follow the protocol below:

1. Select appropriate epinephrine auto-injector based on dosage below:

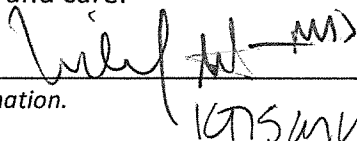
Epi-pen Jr.	wt: 33-66 lbs	0.15 mg
Epi-pen	wt: $\geq$ 66 lbs	0.3 mg

\*Administer epinephrine by firmly pushing the tip of the auto-injector into the middle of the outer thigh and holding for 10 seconds. Once removed, massage the area for 10 seconds.

2. **Simultaneously call 911** (or direct someone to call 911). Specify that an anaphylactic reaction has occurred and that **paramedics are needed**. School nurse should also be called.
3. Administer CPR if indicated and trained to do so. If not trained, call for a CPR trained staff member in addition to administering epinephrine and calling 911.
4. Observe student for continued or worsening signs of anaphylaxis. Stay with student until EMS arrives. Notify student's parent/guardian.
5. Epinephrine dose **may be repeated after 5-10 minutes** if symptoms of anaphylaxis continue without improvement, worsen, resolve or lessen and then return and EMS has not arrived.
6. Anyone receiving epinephrine **MUST BE** transported by EMS for continued medical evaluation and care.

Physician Signature: \_\_\_\_\_

See reverse for additional information.

  
KTSunnie RN

Date: \_\_\_\_\_

1/19/2016  
1/19/16

## Epi-pen/Epi-pen Jr. Storage Protocol

Epi-pen and Epi-pen Jr. will be stocked in the Upper School building and Lower School building of Saint Joseph School. "Stock" epinephrine will be stored in the **main office of each building** where it may be accessed by designated faculty/staff in the event of a suspected anaphylactic reaction in a **student with NO KNOWN HISTORY of previous allergic reaction.**

1. Epi-pen and Epi-pen Jr. are to be stored at room temperature (68-77 degrees).
2. Epi-pen and Epi-pen Jr. should be protected from light.
3. Auto-injectors should not be exposed to extreme cold or heat.
4. The solution in the auto-injector should be clear. If discoloration is noted, the auto-injector should be replaced.
5. Always keep Epi-pen/Epi-pen auto-injectors in the carrier tube to prevent damage.
6. The blue safety release helps to prevent accidental injection and should remain intact until use of the auto-injector.
7. All Epi-pen and Epi-pen Jr. auto-injectors are marked with an expiration date. All devices must be replaced before the expiration date.

A list of faculty/staff trained in the administration of epinephrine will be kept with "stock" auto-injectors in both school buildings (upper and lower). All faculty/staff will receive training yearly.

A list of signs/symptoms of anaphylaxis and guidelines for use of Epi-pen/Epi-pen Jr. will also be stored with auto-injectors in each school building (upper and lower).