

Individual Event or Service Opportunity
INFO SHEETS



***Announcing... Rally Weekend 2014!
September 5-7! Come and join us as we
Rally Around Springfield!***

Our goal is to engage 500+ disciples from St. John's in hands-on service projects around Springfield! Service opportunities for all ages and all skill sets are listed inside. For more details on each service opportunity and to sign up stop by one of the tables in the Parish Life Center Lobby and outside the Sanctuary. To sign up online go to www.stjohns-springfield.org/#/home/sign-upsforms waivers and check out the Rally Weekend 2014 section.

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BE

*“Being... a disciple in
our community”*

UCP Picnic

Purpose:

To eat with and interact with the United Cerebral Palsy residents and staff of Springfield through different games and activities.

When:

Saturday, September 6th

Where:

Lincoln Park Pavilion (rain location at St. John’s Lutheran Church Gymnasium)

Time:

Noon to 3:00 p.m.

Who:

All ages

What:

- Food preparation
- Set-up at the pavilion at Lincoln Park (Saturday, September 6th at 11:00 a.m.)
- Delivery (Saturday, September 6th at 11:30 a.m.)
- Participates to eat and interact with UCP residents and staff
- Helium balloon pickup and delivery of 60 helium balloons
- Clean-up after event

Contact:

Susan Wilson, phone: (614) 309-2778, email: swilson2778@gmail.com

Want to learn more?

We invite you to do one of three things: 1) Stop by the sign-up tables in the PLC Lobby and outside the Sanctuary at St. John’s; 2) Visit www.stjohns-springfield.org/#/home/sign-upsforms waivers and look under the title Rally Weekend 2014; 3) Contact the church office at 217-793-3933. You can also suggest a new service project idea, in other words, create your own!

UCP Picnic

(page 2)

Menu:

- Hamburgers
- Cheeseburgers
- Hot dogs
- Baked beans
- Pasta salad
- Vegetables and dip
- Chips
- Dessert
- Lemonade
- Tea

There are 55 residents at UCP Springfield. More than 75% of the residents do not have family members.



BE

*“Being... a disciple in
our community”*

Nursing Home and Shut-ins

Purpose:

To visit and interact with member shut-ins and/or residence of local nursing homes.

When:

Friday, September 5th and Saturday, September 6th

Where:

Multiple locations from nursing homes to those homebound

Time:

Decided between you and the nursing home and/or shut-in

Who:

All ages

What:

- Visit
- Bring a meal
- Play games
- Read stories
- Coordinate a bingo game party at area assisted living or nursing home

Contact:

Susan Wilson, phone: (614) 309-2778, email: swilson2778@gmail.com

Want to learn more?

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Nursing Home and Shut-ins

(page 2)

Call the activities coordinator at any of the Springfield area assisted living nursing homes or extended care facilities and offer to host a Bingo party!

Read,

Sing,

Pray,

Laugh!

Bring a smile to someone!



BE

*“Being... a disciple in
our community”*

Create Your Own

Purpose:

When:

Where:

Time:

Who:

What:

Contact:

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*“Building cleaner, safer,
and more accessible
environments”*

Brush with Kindness

Purpose:

To work with others to help those who are in need of minor exterior work to their homes and yards.

When:

Friday, September 5 and Saturday, September 6th

Where:

Locations TBA (various locations in Springfield)

Time:

8:30 a.m. to 4:30 p.m. (or less depending on the project)

Who:

Ages 16 and older

What:

- Lawn mowing, cleaning gutters, and raking
- Exterior scraping and painting
- Cleaning and caulking windows on the exterior
- Minor exterior home repairs

Contact:

Jim Sanders, phone: (217) 726-5230, email: jimandnormajean@hotmail.com

Want to learn more?

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*“Building cleaner, safer,
and more accessible
environments”*

Wheel Chair Ramps

Purpose:

To work with others to build a wheel chair ramp for those who are in need of better and safer access to their homes.

When:

Friday, September 5 and Saturday, September 6th

Where:

Location TBA (Habitat For Humanity Construction Center)

Time:

8:30 a.m. to 4:30 p.m. (or less depending on volunteer's availability)

Who:

Ages 18 and older who can operate electric hand tools

What:

Constructing portable wheelchair ramps (instruction will be given)

Contact:

Jim Sanders, phone: (217) 726-5230, email: jimandnormajean@hotmail.com

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*“Building cleaner, safer,
and more accessible
environments”*

Harvard Park Elementary School

Purpose:

Partnering with others to make a better tomorrow for children in Springfield

When:

Saturday, September 6th

Where:

Harvard Park Elementary School, 2501 S 11th St, Springfield, IL 62703

Time:

9:00 a.m. to Noon

Who:

All ages

What:

- Painting
- Spreading mulch
- Picking up trash

Contact:

Suzie Weissberg, phone: (217) 753-4622, email: s.weissberg@yahoo.com

Want to learn more?

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Harvard Park Elementary School

(page 2)

Did You Know?

St. John's has developed a relationship with Harvard Park Elementary School through a multitude of outreaches. Harvard Park Elementary School is located at 2501 South 11th Street. It is in constant need of help in order to make a safe and healthy learning environment for many less fortunate children. Some of the ways we have helped Harvard Park in the past are: mentoring, reading mentors, teacher supplies, student supplies, book bags, uniforms, computers, storage cabinets for computers, and Hams for Harvard Park. For several years we have provided the teachers of Harvard Park with a spring luncheon and a fall brunch. They are a very dedicated and caring group. There is no active PTA at Harvard Park, so we take the time twice a year to make sure they know they are appreciated. There are many more ways we can help, including teacher helpers, office helpers, playground aids, library helpers, the list goes on and on. If you are interested in helping out at Harvard Park there is a place for you. You will absolutely be blessed when you get involved there!



*“Building cleaner, safer,
and more accessible
environments”*

Create Your Own

Purpose:

When:

Where:

Time:

Who:

What:

Contact:

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MAKE

*“Making and/or
taking gifts to friends
and neighbors”*

Meatball Meals

Purpose:

Meatball meals for homebound members in private homes and for a U-Turn homeless ministry meal

When:

September 6th or any time before the 6th at your home

Where:

St. John's Lutheran Church or at your home

Time:

Make: 9:00 a.m. to 11:30 a.m.

Prayer and lunch: 11:30 a.m. to 12:30 p.m.

Deliver: 12:30 p.m.

Who:

All ages

What:

- Food supplies
- Cook meatballs and bring them to church or deliver directly to homebound members
- Deliver meatball meals to homebound members and visit with them

Contact:

Kathy Lasley, phone: (217) 793-3933 ext. 207, email: klasley@stjohns-springfield.org

Kristen Schmid-Schurter, phone: (217) 793-2104, email: kristen-ted@sbcglobal.net

Want to learn more?

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Meatball Meals

(page 2)

Meatball Recipe/or Your Favorite Recipe

Ingredients:

- 2 cups Italian seasoned breadcrumbs
- 1/2 cup milk
- 1/2 small onion, chopped
- 1/4 c. fresh parsley or 1 tablespoon dried
- 2 lbs ground meat (turkey, beef and pork, your preference)
- 2 large eggs
- 1 tablespoon garlic powder
- 1 c. Parmesan cheese
- Coarse salt and fresh ground pepper

Spray two 9x13 pans with cooking spray. Mix everything in a big bowl with your hands, and form into balls (approximately 1/3 cup each) so that around 18 meatballs fit in each pan.

Bake at 350 degrees for 30 minutes or more depending on your pan (they taste better if they get a little crunchy on the outside). Then cool and put each pan in a freezer bag and freeze until delivery

Bring to church between 9 and 11:30 a.m. on Saturday September 6, along with a jar of your favorite sauce and a box of noodles in a bag/box with a firm base; if you would like to deliver the meal and visit with your homebound member as well, contact Kathy Lasley or Kristen Schmid-Schurter for contact information.



MAKE

*“Making and/or
taking gifts to friends
and neighbors”*

Cards

Purpose:

To make and/or deliver in person handmade cards to St. John's homebound disciples

When:

September 6th or any time before the 6th at your home

Where:

St. John's Lutheran Church or at your home

Time:

Make: 9:00 a.m. to 11:30 a.m.

Prayer and lunch: 11:30 a.m. to 12:30 p.m.

Deliver: 12:30 p.m.

Who:

All ages

What:

- Donate card supplies
- People to make them (will teach you how)
- Deliver them to shut-ins

Contact:

Kathy Lasley, phone: (217) 793-3933 ext. 207, email: klasley@stjohns-springfield.org

Kristen Schmid-Schurter, phone: (217) 793-2104, email: kristen-ted@sbcglobal.net

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Cards

(page 2)

Did You Know?

Currently St. John's has 60 disciples who are unable to attend worship service. We bring the congregation to them in several ways:

- Pastors make quarterly visits
- Approximately 20 Communion Ministers visit their homebound matches 1-2 times a month
- Worship bulletins and CD recordings of the service are available



MAKE

*“Making and/or
taking gifts to friends
and neighbors”*

Tie Blankets

Purpose:

To make fleece tie blankets for children served by Contact Ministries and St. John's Baptism Ministry; to take fleece tie blankets to Contact Ministries

When:

September 6th or any time before the 6th at your home

Where:

St. John's Lutheran Church or at your home

Time:

Tie blankets: 9:00 a.m. to 11:30 a.m.

Prayer and Lunch (bring your own lunch): 11:30 a.m. to 12:30 p.m.

Deliver blankets: 12:30 p.m.

Who:

All ages (must be able to tie a knot)

What:

- Donate fleece (minimum length one yard, two yards for twin size)
- Cut and tie blankets (tutorials given)
- Deliver to Contact Ministries

Contact:

Kathy Lasley, phone: (217) 793-3933 ext. 207, email: klasley@stjohns-springfield.org

Kristen Schmid-Schurter, phone: (217) 793-2104, email: kristen-ted@sbcglobal.net

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Tie Blankets

(page 2)

Did You Know?

Contact Ministries

- Vision statement is “Meeting basic needs while impacting lives for Christ”
- Has an emergency shelter for women and children
- Has a transitional shelter with a 6 month program focused on future stability and self sufficiency
- When St. John’s kids delivered blankets to Contact Ministries in 2013, the director said both teenagers and young children appreciated the blankets.
- Website: contactministries.com

St. John’s Baptism Ministry

- There were 21 baptisms at St. John’s in 2013
- So far, there have been 10 baptisms in 2014
- Every family receives a gift bag with a Bible, baby bib, and fleece tie blanket on the day of their child’s baptism.



MAKE

*“Making and/or
taking gifts to friends
and neighbors”*

Flowers

Purpose:

To create bouquets in canning jars/simple vases and/or bring to St. John's homebound disciples

When:

September 6th or any time before the 6th at your home

Where:

St. John's Lutheran Church or at your home

Time:

Make: 9:00 a.m. to 11:30 a.m.

Prayer and lunch: 11:30 a.m. to 12:30 p.m.

Deliver: 12:30 p.m.

Who:

All ages

What:

- Project coordinator
- Donate quart canning jars or simple vases
- Donate/bring in flowers from home garden or store on Saturday morning
- Help kids and other volunteers put flowers in vases
- Arrange flowers in vases
- Deliver flowers to shut-ins

Contact:

Kathy Lasley, phone: (217) 793-3933 ext. 207, email: klasley@stjohns-springfield.org

Kristen Schmid-Schurter, phone: (217) 793-2104, email: kristen-ted@sbcglobal.net

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Flowers

(page 2)

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- Pastors make quarterly visits
- Approximately 20 Communion Ministers visit their homebound matches 1-2 times a month
- Worship bulletins and CD recordings of the service are available



MAKE

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UTurn Ministries

Purpose:

Serve food to the homeless at UTurn Life Center in Springfield

When:

Friday, September 5th. at 5:15 p.m. to 6:30 p.m., accompany UTurn Life Center founder Willmar Cohen as he drives around downtown Springfield delivering snack bags and water to the homeless

Saturday, September 6th, prepare biscuits and gravy, fresh fruit, and vegetables side dishes for delivery to UTurn on Sunday

Sunday, September 7th at 8 a.m. to 11 a.m., deliver and serve breakfast at UTurn

Sunday, September 7th at 10:45 a.m. to 1:30 p.m., share worship and lunch at UTurn

Where:

UTurn Life Center, 1015 E. Madison Street, Springfield, IL 62702

Who:

Open to anyone (age 15 and under should be accompanied by a parent or guardian)

What:

A) Help prepare food to be delivered to UTurn. B) Deliver snack bags and water to the homeless on the streets of Springfield. C) Prepare and serve a biscuits and gravy breakfast to the homeless at UTurn Sunday morning. D) Worship with and serve lunch to the homeless at UTurn.

Contact:

Ted Schurter, phone: (217) 793-2104, email: tedschurter@hotmail.com

Want to learn more?

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UTurn Ministries

(page 2)

Did You Know?

Willmar and Arina Cohen are natives of South Africa who founded UTurn Life Center in Springfield in 2010. In addition to providing Sunday worship and meals, UTurn has set hours during the week for coffee, Bible study, life skills classes, community outreach, and Christian counseling.

UTurn also accepts donations: socks, underwear, deodorant, and razors are the most helpful.

UTurn Life Center (1015 E. Madison Street, Springfield, IL 62702) can be found on the north side of the Helping Hands building, just east of the railroad tracks, and can be reached at 652-2434.



MAKE

*“Making and/or
taking gifts to friends
and neighbors”*

Lutheran World Relief School Kits

Purpose:

Collect school supplies and fill backpacks

When:

Donate supplies during August and fill backpacks on September 7

Where:

Bins for supplies in the PLC Lobby and fill backpacks in the gym at St. John's Lutheran Church

Time:

9:40 a.m. to 10:15 a.m.

Who:

All church

What:

- Donate supplies (see back for list)
- Come to gym and join the assembly line to fill backpacks

Contact:

Kathy Lasley, phone: (217) 793-3933 ext. 207, email: klasley@stjohns-springfield.org

Jill Sproat, email: Jill.Sproat@Illinois.gov

Want to learn more?

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Lutheran World Relief School Kits

(page 2)

Supplies Needed:

- 4 notebooks (wide or college ruled 70 sheet)
- 1 ruler with 30 centimeters
- 1 pencil sharpener
- 1 blunt pair of scissors or safety scissors with embedded steel blade
- 5 unsharpened #2 pencils (rubberband together)
- 5 black or blue non gel ballpoint pens (rubberband together)
- 1 box of 16 or 24 crayons
- 1 eraser (2.5 inch)

Kits are shipped worldwide, including Angola, Peru, Nicaragua, Armenia, and Serbia.



MAKE

*“Making and/or
taking gifts to friends
and neighbors”*

Create Your Own

Purpose:

When:

Where:

Time:

Who:

What:

Contact:

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“Giving blood and stuffing a truck to sustain our neighbors in need”

Blood Drive

Purpose:

The greatest gift is the giving of yourself. Help us set a Springfield record for blood donations the week of September 2-6. You can do it and you can save a life! Working with the Central Illinois Community Blood Center to save lives by donating blood, St John's has adopted September 2, 4, 5, and 6, 2014 and has committed to make 100 blood donations (a record blood drive for the Blood Center) over this period of time. The drive will conclude on September 6th, when the Blood Center mobile unit and staff will be set up in the Parish Life Center to accept 40 donations. “Go!”, take a friend! It takes less than an hour of your time to make a donation that can save a life.

When:

Anytime the week of September 2-6 at the Blood Center or at St. John's on September 6 (only 40 spots available)

Where:

Central Illinois Blood Center (1134 S. Seventh Street, Springfield, IL 62703) and St. John's Lutheran Church

Time:

Monday/Tuesday 10 a.m. to 5 p.m., Wednesday/Thursday 7 a.m. to 6 p.m., Friday 8 a.m. to 4 p.m. at Central Illinois Blood Center

Who:

Potential donors must be in good health, weigh at least 110 lbs, and be at least 17 years old

What:

Give blood (make sure to tell the Blood Center your donation is for St. John's Lutheran Church)

Contact:

Jeff Pirmann, phone: (217) 529-7325, email: jpirmann@aol.com

Want to learn more?

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Blood Drive

(page 2)

Did You Know?

Here's what we are trying to accomplish: in partnership with the Central Illinois Community Blood Center, plan and successfully complete a record breaking blood drive.

The Springfield Donation Center provides blood resources for some 40 hospitals in Illinois counties from Rock Island in Northwest Illinois to Siloh in Southwestern Illinois as well as to 25 counties here in Central Illinois. The need for new donors is always critical in order to keep the quality and quantity of the blood supply available to the medical community at the highest level. Within this service area there are only six facilities that collect blood supplies from donors.

Those individuals that donate blood on a regular basis are limited by Federal regulations as to the number of times that they can contribute within a given period of time; however, the need for whole blood and blood platelets is continuous.

Donations are used for: cancer patient treatment, general surgery, heart disease treatment, and in the treatment of trauma. Each donation makes a difference.

With the exception of blood drives at high schools, the Springfield Blood Center has never had a drive where the number of donations has exceeded 70 donors. When one considers that 38% of the U.S. population is eligible to donate but less than 10% actually take the time and make the effort that can save the life of another human being it is easy to see the importance of each donation.



“Giving blood and stuffing a truck to sustain our neighbors in need”

Food Drive

Purpose:

In and around Springfield, there are 106,000 “food insecure households” that include 39,000 children. St John’s, working with the Central Illinois Food Bank, is sponsoring a city-wide food drive that will fill a semi-trailer specific food items (peanut butter, canned fruit in juice, cereal, canned soup, and canned tuna or canned chicken). Sign up now and learn how you can help make this “God sized” goal a “GO!” reality.)

When:

Anytime between August 1st through September 5th

Where:

St. John’s Lutheran Church

Time:

Semi will be loaded & delivered on Friday, September 5th from 9 a.m. to 3 p.m.

Who:

All ages

What:

- Bring in food
- Set up a distribution point at your place of work
- Pick up food from distribution points
- People to man the drive-through drop off at St. John’s the week of September 1
- Make a cash offering
- Volunteers to contact participating work place partners to set up “Collection Stations” around town
- Volunteers from needed to set up “Collections Stations” at their individual places of employment
- Volunteers to work as “Pick Up Teams” that will collect donated items and return them to St. John’s
- Volunteers to “staff” east bound and west bound collection tents on Washington St. during rush hours
- Volunteers to staff collection booths at various grocery stores during the food drive
- Volunteers will be needed to collect cash donations and to periodically make food stuff purchases.
- Volunteers to help load the truck for delivery

Contact:

Jeff Pirmann, phone: (217) 529-7325, email: jpirmann@aol.com

Gary Sproat, phone: (217) 979-1196, email: garywsproat@gmail.com

Want to learn more?

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Food Drive

(page 2)

Here's What We Are Doing:

Throughout America, on a daily basis, one hears or reads about the less fortunate that go hungry every day. At the same time, throughout the world, America is recognized as a land of plenty. In fact, America's bounty is exported to countries all around the globe. As a nation the blessing of this abundance drives the agriculture industry, creates jobs, builds corporate and individual wealth, provides the world's highest standard of living, and... is the basis of a responsibility.

A trip to the local grocery store of choice reveals the bounty that is all around, but how can those who live with this blessing accept that fact that one in six Americans are "food insecure?" That is they miss a meal on a regular basis. In the midst of such plenty, how is that possible?

It is quite easy to feel the pain that hunger can cause when the pictures of starving children in foreign lands are flashed across the TV screen that broadcasts the evening news. When the stories of a tornado ravaged town report that food is in short supply our compassion sensitivity is also heightened, but what about here in Central Illinois?

Surely, hunger is not a problem so close to our own back doors; but wait, according to statistics provided by the Central Illinois Food Bank, here in the 21 Central Illinois counties that comprise the Food Bank's service area, there are 105,650 individuals in "food insecure households." There are 39,190 children included in these "food insecure households." Such a glaring need must not go unaddressed.

The goal of this project is "Food Enough to Stuff the Trailer on St John's Bluff." Working with St John's disciples and the Springfield community at large an effort will be made to fill a semi-trailer with the specific food items requested by the Central Illinois Food Bank (peanut butter, canned fruit in juice, cereal, canned soup and canned tuna or chicken).

St John's has reached out to the Springfield Chamber of Commerce requesting that chamber members partner with us to collect the food items needed by the Food Bank. Contacts will be made with local grocery wholesalers and retailers to solicit "seed" donations to begin the collection phase of the project.

In addition to requesting this start up help, wholesalers and retailers will be asked for "case" prices for the food items on the donation list. Individuals and businesses throughout Springfield will be asked to donate purchased cases or cash for St John's collection teams to purchase the targeted food items or donate cash for the purchase of a bag of preferred food items.

St John's will contact participating Chamber of Commerce member organizations and other businesses to set up "Collection Stations" in lobbies and work areas. On a scheduled basis, "Collection Teams" from St. John's will periodically pick up donated food items and take them to St. John's.

St John's disciples will also be asked to set up "Collection Stations" at their work places. Again, as these collection points accumulate food items they will be picked up by teams from the Church.

This is an ambitious project with a short term time horizon for completion. Making it "GO!" successfully will require actively participating volunteers.