Heroes and Villains

Lesson Six: Sunday, February 10th
Main Point: God’s Power in Me Helps me to be SELFLESS!

Welcome/Prayer/Announcements/Offering 9:15 11:00
Worship/Communion/Large Group Teaching 9:20 11:05
Huddle Time 10:00 11:45
Classroom Checkout 10:30 12:15

9:15 + 11:00

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<th>A Selfless Act</th>
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<td>Memory Verse</td>
<td>1 John 4:4</td>
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<td>(This is the same each week)</td>
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<tr>
<td>Worship Song #1</td>
<td>This series we will introduce new music. Please be patient and encourage the kids!</td>
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<td>Worship Song #2</td>
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<td>Huddle Activities</td>
<td>Get their Attention Question, Make it Matter Application, Wrap It Up Memory Verse</td>
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Get Their Attention (5 min)

INTRODUCE yourself and welcome the group to our series, Heroes and Villains! Explain the daily objective.

ALLOW kids to introduce themselves and ANSWER the following:

If one of your superhero friends is afraid to face a villain, which strategy would you choose to help them? (Ex: Kung Fu fighting, giant web blaster, etc.)

TEACH kids that superheroes have to choose to help others instead of doing something else. When we choose to help others, we are being selfless. God’s power in us helps us be selfless by choosing to help others! Repeat what we need to know today: God’s Power In Me Helps Me Be Selfless!

Make It Matter (15 min)

TELL kids there is a woman in the Bible who chose to help someone else who was afraid to go into battle.

READ the Bible Story Judges 4

DISCUSS the following questions WHILE reading:

1. What was Deborah’s job? (Being a prophet)
2. What was Barak’s job? (A commander of the army)
3. What did God tell Barak to do? (To defeat Sisera’s army)
4. How did Barak react to the news Deborah told him? (He was afraid)
5. What did Barak say to Deborah? (He said that he would only go into battle if Deborah went too)
6. Who did God tell to fight Sisera’s army? (Barak) Then did Deborah HAVE to go with Barak? (No)
7. How did Deborah choose to help Barak? (Went with him into battle)
8. What does it mean to be selfless? (Choosing to help others)
9. What are some things that would be hard for you to choose NOT to do so that you could help someone? (Go to the movies, play with friends, etc.)
10. What are some ways that you can choose to help others? (Allow kids to share)

CONNECT the Bible Story to what we’re learning today:

Deborah left her job and her comfort because she chose to help Barak. We can choose to help others instead of doing something we want to do (like playing video games). God’s power in us helps us be selfless by choosing to help others.

That’s what we need to know today: “God’s Power In Me Helps Me Be Selfless!”
Memorize Verse: “God’s Spirit is in you and is more powerful than the one that is in the world.”

1 John 4:4

Application Game Summary:

Kids will play Charades, but they will be acting out a card for the OTHER team to guess!

*Game Adaptation:

- If there is a smaller group, teams can act out charades with one child at a time instead of two.
- If a child isn’t sure how to act out the action on the card, the leader may whisper an idea into his or her ear.
- The leader may decide how long to give each team to guess.

APPLICATION GAME: “Selfless Charades”

TELL kids they are going to practice being selfless by choosing to help each other!

DIVIDE group into two teams.

PLAY the game:

1. Two kids from team 1 will go first. One of them will choose a Selfless Charade Card. The two people will work together to act out the selfless act on the card. They may not say any words! (Give them about 10 seconds to discuss what they are going to do.)

2. Kids will NOT be acting these out for their own team. Instead, they will be acting out the card for team 2 to guess. Kids will have to choose to help team 2 by doing the best job they can.

3. If team 2 guesses correctly, they will get two points. If they can’t get the correct answer, allow team 1 to guess. If they guess correctly, they will get one point.

4. Allow two kids from team 2 to draw a card and act it out for team 1. Continue playing until all the cards have been used.

5. After each card, discuss why that action was selfless. Ask kids how the people acting chose to help someone else.

TELL the kids the following:

There are many ways we can be selfless each day. These cards helped us think of ways to be selfless by choosing to help others. Throughout the week, think of other ways that you can be selfless to those around you!

REVIEW the game, discussing with the group that they had to be selfless by choosing to help the other team get points. It can be hard to choose to help others, but God’s power in us helps us be selfless. Review what we need to know today: God’s Power In Me Helps Me Be Selfless!

Wrap It Up (10 min)

MEMORY VERSE: Say the verse several times while kids repeat after you.

TELL kids that they can continue to practice the verse at home!

MEMORY VERSE GAME: “Gonna Need Some Help”

1. Divide kids into two teams. Give each team a set of Incomplete Memory Verse Cups. (Each team should have one word missing from the verse.)

2. Tell kids that the first team to complete the verse wins.

3. Encourage teams to be selfless by choosing to help the other team win. If the teams choose to help one another, encourage them. (If teams do not choose to help each other, continue encouraging them to do so to be selfless!)

REVIEW the Memory Verse with the group, and REVIEW the Need to Know.

PRAY with your group; write down requests on the prayer card.

Dear God, help us to be selfless by choosing to help others. Allow us to see opportunities to help others! We love you! Amen.

FINISH UP by staying in small group, waiting for parents to arrive. Use this time to get to know your kids better by creating conversation or using the Filler Activities (see left).
GOD'S POWER IN ME HELPS ME BE SELFLESS!

“A Selfless Act”
(Judges 4)

Today’s Memory Verse:
“God’s Spirit is in you and is more powerful than the one that is in the world!”
1 John 4:4