



WEEK THREE

MATTHEW 14:22-33

Peter Walks on Water

ASK
THIS

What distracts you from
focusing on Jesus?



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Peter Walks on Water

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What distracts you from
focusing on Jesus?

DO
THIS



BED TIME

Have you ever started something big and then lost your nerve in the middle? It's often easier to talk yourself into tackling something hard than to complete it. But you don't have to do it on your own! Jesus is always with you and you can live with confidence that He's got this. Pray for each other, that you will keep your eyes fixed on Jesus and ask for His help all along the way.

REMEMBER THIS

"Being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus."
Philippians 1:6, NIV

LIFE
APP

CONFIDENCE—Living like you believe
what God says is true

DO
THIS



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GET READY FOR THE QUESTIONS COMING YOUR WAY

By Dan Scott

One night our daughter came to us with a curious look in her eyes, almost as if she was embarrassed or did something wrong and on the verge of tears. She was hesitant to let whatever was bubbling below the surface come out for us to hear. But she finally revealed that she had questions—lots of questions, real and difficult questions about her faith, and God.

We should've seen this coming. I've studied child development. I know that she's in the tween phase of life when the brain unlocks its ability for abstract thinking. But nothing can really prepare you for the first time your child looks into your eyes with difficult questions about their faith.

With that said, we can be prepared as possible. Here are a few ideas to keep in mind:

1. QUESTIONS ARE GOOD.

Reassure your kids that there's nothing wrong about having faith questions. They are a normal part of faith. If we're honest, we probably still have things we don't fully understand. This is a chance for you to invite your kids to join you in discovering more about God.

2. RESPOND HONESTLY AND WITH GRACE.

Don't make up answers you're not sure

about. While you want to be the person you want them to turn to when they have questions, being honest and saying "I don't know" is a great way for you to build trust. It creates an opportunity for you work together to find answers.

3. GET HELP.

No one person has all the answers. If you are connected to a local church, ask them for helpful resources. This is also a good opportunity to partner with your child's small group leader or Sunday school teacher.

4. BE PRESENT.

Reassure your kids that you're available to continue these conversations. But don't pester them. Put the book down and the phone away and actively listen. If you respond with care every time, they will keep coming to you.

The most important thing you can do is to keep the lines of communication open by creating a safe place for your kid to process their questions and doubts. And pray. Pray that God will give you the words to say and that wrestling will lead to your kids having a faith of their very own.

For more blog posts
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