



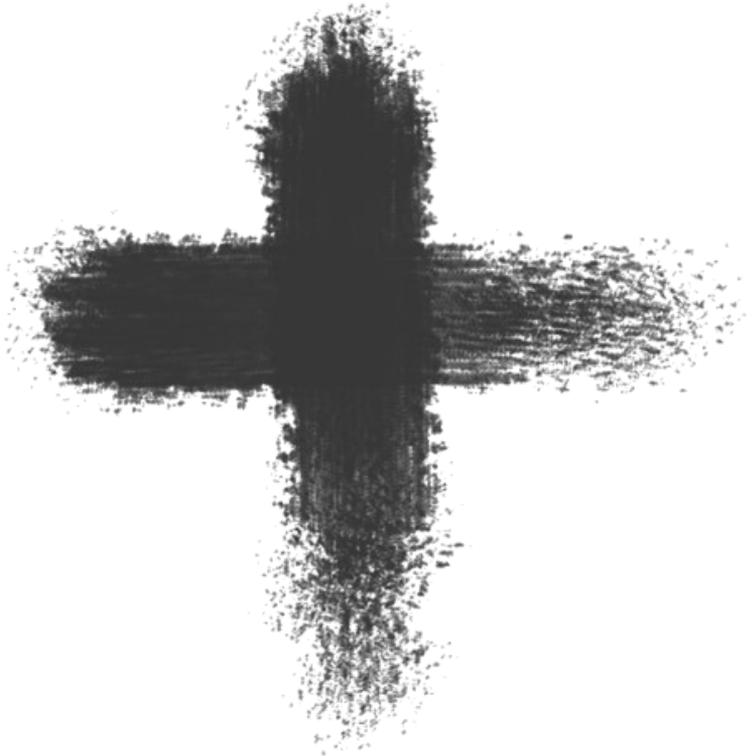
SAINT MARK
LUTHERAN CHURCH

MAKING OUR MARK

March 2019

Special points of interest:

- Message from Pastor Keller
- New Worship & Fellowship time
- Calendar
- Thank you's
- Shared Ministry with Saint Luke
- Birthdays
- Our Lenten Schedule
- Easter Memorial Garden
- Gertens Plant Fundraiser
- Photos



ASH WEDNESDAY

A Journey of the Heart

A simple form of prayer rarely used is imaginative meditation. It is a spiritual exercise based on Jesus' promise in Matthew 28:20, "Lo, I am with you always, even to the close of the ages." The method has helped me enter into a deeper relationship with Jesus Christ as my Lord and Savior. It involves taking imaginary trip to a favorite peace-filled place. Many people (especially during a Minnesota winter) might choose a tropical beach with warm breezes and rhythmic surf. Or a beautiful garden that is under a brilliant blue sky and filled with fragrant blooms. I choose the Cowlitz Ridge near Mt. Rainier.

I hiked the ridge once, over forty years ago. The week before I left for my freshman year of college, my friend Marv and I decided on one last hike together. We picked a three-day trip along the Wonderland trail which circles Mt. Rainier. At first we climbed steep switchbacks up out of a dark forested river canyon. As we near the top of the ridge we stepped out of the shaded forest into brilliant sunshine and a spectacular view of Mt. Rainier. We camped in that meadow for two nights, soaking up the beauty and wonder of that ridge.

Now whenever I want a special time of prayer, I mentally imagine a journey to that same spot. The only difference is that I take the imaginary trip with Jesus as my guide and friend. While we sit together in that mountain meadow, I share with Jesus whatever anxieties, fears or resentments I may be carrying. I also share my gratitude and hopes. For many reason, I find rest, comfort, strength, hope in visualizing him there with me. As I meditate a deep abiding peace grows up around me. After a time, my thoughts cease and I simply sit with Jesus. I realize that I could imagine Jesus with me in other locations, but that mountain meadow has become a very holy place within my imagination.

You can try this spiritual exercise at home. Find a quiet spot to sit where you can be undisturbed for several minutes. Close your eyes and imagine yourself traveling to your favorite peaceful place. Visualize the place in your mind: the view, the fragrances and the sounds. Make it as real as possible in your mind. Then invite Jesus to join you and visualize his walking up beside you and being with you. Share

from your heart whatever joys or sorrows, fears or dreams that you have. Simply be with him as long as you like. When you are ready to leave, say good b, imagine the journey back to your present location, but also carry with you whatever peace or light you may have discovered during the imaginative journey.

I sometimes wonder if I will ever make the hike back to Cowlitz Ridge. I might, but it is not essential to my spiritual life. The essential part remains Jesus who is my guide and source of peace and joy wherever I am.
-Pastor John Keller (Interim)

<i>Mar</i>	<i>Usher</i>	<i>Reader</i>	<i>Fellowship</i>
3	open	Bonnie Jellinek	Larry Raasch
10	open	Fran Hillier	open
17	open	Jerry Smith	Marry Miller
24	open	Dianne Testa	open
31	open	Joint Svc w/ <i>St. Luke</i>	open

**St. Mark Evangelical
Lutheran Church**

*A Congregation of the Evangelical
Lutheran Church of America*

**Interim Pastor
John Keller
(612) 201-6625**

550 West Seventh St.
St. Paul, Minnesota 55102
(651) 224-0228

secretary@saintmark.info

Website www.saintmark.info

**Sunday Worship
10:00 am**

*Holy Communion is celebrated the
1st & 3rd Sundays*
Fellowship / Education
Hour
following service

Executive Committee

President	Eric Michelson	651-726-4927
Secretary	Mary Miller	651-483-0671
Treasurer	Nancy Redlin	612-270-7127
Cong Liaison	Candy Petersen	651-249-1981

Committee Chairs

Property	Donald Clark	651-357-0370
Worship	Larry Raasch	651-238-3531

Church Staff

Bonnie Jellinek	Organist
Julia Jackson	Bookkeeper
Martin Brueggemann	Choir Director
Johnny Hammond	Custodian

March Birthdays

March 3

John McGuire

March 10

John Durant

March 15

Jessica Howe

March 8

Shirley Such

March 11

Michael Goetz Jr.

March 23

Christian McGuire

March 9

Matt Howe

March 12

Doug Dupont

March 31

Maren Schroeder

Cindy Steppat

News for our Women:

On Saturday April 13th, the women of the West Seventh Neighborhood will gather once again for the Ecumenical Women's Lunch. This year, the luncheon will be hosted by Awaken (located in the old Saint James Church) at noon on the 13th. Last year, Awaken was scheduled to host us but the April snowstorm caused a cancellation. Please put this date on your calendar and look for more details in the coming weeks. **WE WILL NEED SOMEONE TO BE OUR REPRESENTATIVE FOR THIS GREAT EVENT!!** Please call the office if you are interested.

On Friday and Saturday May 3-4, 2019, the 32nd Annual Saint Paul Area Synodical Women's Convention will be held at Saint John's Lutheran in Lakeville. The theme this year is Hospitality. This is always a wonderful event, full of great information, a time of worship with other women from our Synod and the opportunity to learn from other churches. All of the details for registration, etc. are located on the kiosk in the social hall. Please feel free to register and plan to attend.

Gertens 2019 Spring Plants & Perennials Fundraiser



We will again have our Gertens Spring Plant and Perennials Fundraiser.

Brochures and order forms will be available by March 10th. Share them with your friends, relatives and neighbors.

All orders and payment are due by Friday, April 12, 2019. If you can't decide what you want by April 12th, you may purchase Gertens gift cards which can be used to purchase your garden plants at Gertens in Inver Grove Heights any time. They do not expire. The gift cards cannot be used for gift items at Gertens. The gift cards are available for \$25, \$50 or \$100. If you have any questions, please contact Bonnie Jellinek at (612) 270-1770 or at bonniejell@aol.com.

Plants may be picked up on Saturday, May 18th between 2:00 and 4:00 pm. (Pickup Time may change). Gertens is unable to promise delivery before noon.

You may also pick up your plants on Sunday, May 19th between 11:00 am and 1:00 pm.

If you are unable to pick up your plants during these times, please make arrangements with Bonnie (612) 270-1770 to pick up at another time.

THANK YOU FOR SUPPORTING ST. MARK LUTHERAN CHURCH.



**Offering Envelopes are still
available in the Church Narthex**

Easter Lilies and Spring Flowers are being planned to enhance Easter Morning Services.

If you wish to sign up; please fill out the bottom portion of the form on the following page and together with your contribution, turn them in with the Offering, place in Office or Mail to the Church Office.

We would appreciate a minimum donation of \$20.00 to pay for the plants.

Palm Sunday (April 13th) will be the deadline for submissions to be included in the Easter Memorial Booklet available on Easter Sunday.



Thank You

If you haven't been down to the social hall to see Carrie Arnold's work on the mural in the hallway, please check it out! It is wonderful to see the affect that color has on the beautiful mural. Thank you Carrie!!



Saint Mark's 63rd Anniversary Celebration was held on Sunday, February 10th at DeGidio's Restaurant from 3:30 pm - 6:30 pm. Although the weather threw us a curve ball there were about 20 hearty souls that braved the elements and they had a very good time. Thank you to all who attended. To those people who purchased tickets for the dinner but were unable to attend due to the inclement weather, you will receive credit on your confirmation statement for a donation to St. Mark.



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If you wish to sign up; please fill out the bottom portion of this form and together with your contribution, turn them in with the Offering, place in Office or Mail to the Church Office.

Easter Memorial Garden

We would appreciate a minimum donation of \$20.00 to pay for the plants.

Palm Sunday (April 14th) will be the deadline for submissions to be included in the Easter Memorial Booklet available on Easter Sunday.

Flowers are placed in memory of:

(Please print name of persons being remembered)

From :

(Please print name of persons sponsoring)

The decorating committee members will be distributing the plants on Easter Morning *after the service.*

- I will take my plant home
- Please donate my plant
- I am available to deliver a plant to a shut in

SUN	MON	TUE
<p>3</p> <p>10:00 Communion Svc 11:00 Fellowship 12 The Way Church</p>	<p>4</p> <p>Square Dancing 7:00-9:00pm</p>	<p>5</p> <p>6:00pm AA</p>
<p>10</p> <p>10:00 Worship Service 11:00 Fellowship 12 The Way Church</p>	<p>11</p> <p>Square Dancing 7:00-9:00pm</p>	<p>12</p> <p>6:00pm AA</p>
<p>17</p> <p>10:00 Communion Svc 11:00 Fellowship 12 The Way Church</p>	<p>18</p> <p>Square Dancing 7:00-9:00pm</p>	<p>19</p> <p>10am History Group 6:00pm AA</p>
<p>24</p> <p>10:00 Worship Service 11:00 Fellowship 12 The Way Church</p>	<p>25</p> <p>Square Dancing 7:00-9:00pm</p>	<p>26</p> <p>6:00pm AA</p>
<p>31 <i>Joint Worship</i></p> <p>9:30 Worship Service 10:30 Fellowship 12 The Way Church</p>	<p><i>also each Sunday:</i></p> <p>Capital City Church 6:00-9:00 pm</p>	<p><i>Note our new worship & fellowship times!</i></p>

WED	THU	FRI	SAT
<p>6 <i>Ash</i> <i>Wednesday</i> 12:00pm at St. Luke 7:00pm at St. Mark</p>	<p>7</p>	<p>1</p> <hr/> <p>8</p>	<p>2</p> <hr/> <p>9 Square Dncng 6:00-9:30pm</p>
<p>13 6pm Soup Supper Lenten svc to follow (at St. Mark)</p>	<p>14</p>	<p>15</p>	<p>16</p>
<p>20 6pm Soup Supper Lenten svc to follow (at St. Stans)</p>	<p>21</p>	<p>22</p>	<p>23</p>
<p>27 6pm Soup Supper Lenten svc to follow (at St. Mark)</p>	<p>28</p>	<p>29</p>	<p>30</p>

also each Wednesday:
9:00am Bible Study
(at St. Luke)
7pm AA OMD

Lent at St. Luke and St. Mark

Lent is a season for renewed spiritual discipline and growth. The forty days provide us with the opportunity to try new spiritual practices or deepen our ongoing life in Christ. Both St. Mark and St. Luke will have additional worship opportunities as listed below.

Ash Wednesday, March 6th.

Noon Worship at St. Luke

7pm Worship at St. Mark

Midweek Lenten Worship, March 13, 20, 27, April 3, 10

6pm Soup Supper at St. Mark with St. Stanislaus (at St. Stan on March 20 and April 3), worship follows

7pm Holden Evening Worship with Video Series at St. Luke.

Maundy Thursday, April 18

Noon Worship at St. Mark

7pm Worship at St. Luke

Good Friday, April 19

Noon Neighborhood Cross Walk at St. Mark

7pm Worship at St. Luke.

You are encouraged to worship at the time and location that works best for you. May your walk with Christ deepen during Lent.

St. Mark Anniversary Dinner



A message from Capital City Church

Dear Saint Mark's, Thank you so much for welcoming our new community of faith in West 7th! We're so blessed to be able to worship in this great building where you have all served so faithfully in the neighborhood.

We launched our public services at 6:00pm, March 3rd, and we'll meet weekly after that. We would love to invite you to worship with us and welcome us to the building.

Thanks for your great witness in the neighborhood. May God's Kingdom come ever more in St. Paul!

-Pastor Jordan, Capital City Church

SAINT MARK LUTHERAN CHURCH

550 West 7th St.

St. Paul, MN 55102

Phone: 651-224-0228

www..secretary@saintmark.info



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In the City for Good