



“PRACTICE DOES NOT MAKE PERFECT”

The Season of Lent 2018

Saint Katharine Drexel

“The more we allow God to be the God of our lives, the more we realize that we are incapable of attaining perfection on our own. *In the spiritual life, practice alone does not make perfect.* We need God for that. Our role is to surrender to grace, to all that God is doing to us. Redemption is about openness, acceptance, humility, and abandonment into God’s loving arms. It is about discovering our true riches, not in silver and gold, but in the wisdom and love of God. Then God becomes our father, our mother, our source of life and blessing, and the wisdom that guides us.”— E.V. Elder, Author of *Embracing the Spirit Within*

The Season of Lent This liturgical season begins with Ash Wednesday and continues until Holy Thursday when the Sacred Triduum begins.

Ash Wednesday (14 Feb) **Mass (including the Marking with Ashes)** 8:30 AM & 7:00 PM
Ash Wednesday is a day of Fasting (limiting oneself to one full meal and two lighter meals) for persons 18-59 and Abstinence (refraining from meat) for persons 14 years and over.

Lenten Fridays (16 Feb – 23 Mar) Simple Lenten Meal (*you bring the bread, we provide the soup*) 6:15 PM
 Lenten Prayer 7:00 PM

16 Feb **Sung Evening Prayer**
 Join us in this prayer of thanksgiving for the day with songs and readings from the Liturgy of the Hours, the official daily prayer of the church.

23 Feb **Stations of the Cross with Mary—then and now**
 Contemplate the Passion by praying the Stations with Mary, the Mother of Jesus. Recall the ways in which Mary’s “yes” - her surrender to God’s will—mirrors Jesus’ “yes” to ultimately destroy the power of sin and death.

Abstinence (refraining from meat) is required for all Catholics 14 years and older on all the Fridays of Lent.

Poor Box As you leave Mass each week, please remember the area poor whom we assist through the Saint Vincent de Paul Society.

Archbishop’s Annual Appeal In addition to addressing various special needs throughout our Archdiocese, our Annual Appeal donations this year are also designated for Saint Michael’s Indian School (Arizona), the Sisters of the Blessed Sacrament (Philadelphia)—both founded by Saint Katharine herself—as well as developing our sister-parish

Weekday Mass Monday 12 February 10:30 AM Citizens Nursing Home
 Tuesday 13 February 9:15 AM Chapel
 Friday 16 February 6:30 AM Chapel

Rosary Thursday 11:00 AM Chapel

Confession Saturday 3:30—4:30 PM Chapel

Eucharistic Exposition Tuesday 6:45—7:45 PM Chapel
 Wednesday 5:00—6:00 PM Chapel
 Thursday 10:00—11:00 AM Chapel



Please visit saintdrexel.org for additional online Lenten resources and information.