

The Power of Discipline

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Food for Thought

Week of May 24, 2015

BATTLE STATIONS

___oughts
Proverbs 18:12

W___rds
Proverbs 18:6-7, Proverbs 18:21, Proverbs 21:23

___ctions
Proverbs 20:11, Proverbs 21:3

___ela___ionships
Proverbs 21:9, Proverbs 22:15

___nances
Proverbs 19:17, Proverbs 22:7

H___alth

Now What?

_____ for Battle
2 Timothy 3:16-17

_____ Discipline
Hebrews 12:7-11

_____ His Delight
Proverbs 3:11-12, Psalm 94:12

Food For Thought

For the Week of May 24, 2015
(Questions and Scriptures for Further Study)

GETTING STARTED

1. What is a talent you currently have that took a long time and discipline for you to achieve?

BIBLE STUDY

2. Check out the following verses:

Hebrews 12:11 "For the moment all discipline seems painful rather than pleasant, but later it yields the peaceful fruit of righteousness to those who have been trained by it.

Proverbs 12:1 "Whoever loves discipline loves knowledge, but he who hates reproof is stupid."

1 Corinthians 9:27 "But I discipline my body and keep it under control, lest after preaching to others I myself should be disqualified."

Revelation 3:19 "Those whom I love, I reprove and discipline, so be zealous and repent."

Titus 1:8 An overseer..."But hospitable, a lover of good, self-controlled, upright, holy, and disciplined.

Ephesians 6:4 "Fathers, do not provoke your children to anger, but bring them up in the discipline and instruction of the Lord."

2 Timothy 1:7 "For God gave us a spirit not of fear but of power and love and self-control."

One of the main life goals, if not *the* life goal, of every Christian is to become more and more like Jesus. Discipline is a huge part of that. If there is no discipline in our lives, there is no evidence of the Holy Spirit in us. Sometimes we wrestle with what the Holy Spirit might be asking us to give up in order to become more disciplined so we become more like Christ.

What are some outcomes you would be excited to see if you got more disciplined listening to the Holy Spirit's prompting?

DIGGING DEEPER

3. Most of us would love to be more disciplined in several areas: bible reading, prayer life, eating and drinking habits, exercise, financial management, and so on.

3 Areas I Am Disciplined In...

- 1.
- 2.
- 3.

3 Areas I Lack Discipline...

- 1.
- 2.
- 3.

Is each of the above areas in your life submitted to Christ?

4. Is it possible to grow spiritually when we are comfortable, or do we have to be uncomfortable to grow? Why or why not?

TAKING IT HOME

6. What is something this week you will give up in order to kick start a disciplined life following Christ?

PRAYER REQUESTS
