

The Power of Joy

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Small Group Homework

Week of May 17, 2015

A Crushed Spirit is a Curse from Man

Proverbs 17:22

Joy is a Gift from God

Now What?--How Do I Live a Joy-Filled Life?

Find Joy

Psalms 42:5, Luke 2:10-11

Complete Joy

John 15:11, Hebrews 12:1-3

<https://connect.ligonier.org/school/catalog/course/when-i-dont-desire-god/>

Share Joy

James 1:2-4

Food For Thought

For the Week of May 17, 2015

(Questions and Scriptures for Further Study)

GETTING STARTED

1. Start your study off today by asking God to guide you in the Word. A simple prayer thought would be: "God, help me surrender to what your Word says today. Amen."

BIBLE STUDY

2. Check out the following questions and Bible verses:

Psalms 16:1-11

Philippians 4:4-9

According to David in Psalm 16, our joy is a gift from God. As a Christian, can you ever lose your joy? Why or why not?

Philippians 4:8 says to think about things that are admirable, true, and lovely. How is your thought life currently affecting joy in your life?

DIGGING DEEPER

3. Would your close family and friends describe you as joyful? Why or why not?

4. The source of my joy may be rooted in what I am currently focused on in my faith and life. I may be lacking joy because I'm constantly comparing myself to others. Go through the following questions to get re-focused:

My Faith

1. Does God love me?
2. Am I forgiven?
3. Did God put me in my current situation?
4. Does God care for me even in this situation?
5. How has God blessed me in this situation?
6. What can I learn from this situation?

My Life

1. What are 5 things I am thankful for right now?
2. What are 5 of my strengths?
3. What are my 5 best achievements?
4. Who are 5 people that love me?

TAKING IT HOME

5. Thankfulness often times produces joy. This week, commit to only praying prayers of thankfulness and gratitude. Every prayer you pray, spend time thanking God for His presence and provision. Pay attention to how it changes your thought life from negative to positive.

PRAYER REQUESTS
