

Freedom to Walk in the Spirit

Jeff Isaacs

Food For Thought and Outline

Week of December 20, 2015

Crucify Your Flesh

Romans 7:18-20

Submit to the Holy Spirit

Ephesians 4:22-24

Now What?

Keep in Step with the Spirit!

Repent and Flee the Fleshly Desires

Romans 8:8

Be Filled Daily

Ephesians 5:18b

Overcome the Flesh with the Sword

Matthew 4:3-11

Always Be Growing

Food For Thought

For the Week of December 20, 2015

(Questions and Scriptures for Reflection and Study)

Getting Started...

1. As you look back on this weekend's sermon, what stands out to you as particularly helpful, difficult, or insightful?
2. "The sin underneath all sins—the motive for our disobedience—is always a lack of trust in God's grace and goodness, and a desire to protect and guard our own lives through self-salvation."

Tim Keller

How does this quote speak to you? What does this quote say about our desires?

Into the Bible

3. Read Romans 8:1-11. How are we able to live life in the Spirit?

Read Galatians 5:16-25. What is the fruit of a life lived by the Spirit?

What are the works of a life lived in the flesh? What does Paul warn is the result of those works?

4. Read Ephesians 5:1-21. What do you think it means to be an imitator of God?

Would close friends and family members say that you are a person who walks in love (by the Spirit) or someone who walks in the flesh?

What are some examples in your life where you are in step with the Spirit? What role does the Bible play in keeping in step with the Spirit?

Sermon Application

5. Take a few minutes to take some inventory. In what areas of your life have you seen growth in these past few weeks? In what areas of your life would you consider yourself to be weak? What do you need to do (and what will you do) these next few weeks to be proactive about growing in the Lord?
6. Memorize Galatians 5:24- "And those who belong to Christ Jesus have crucified the flesh with its passions and desires."

PRAYER REQUESTS

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Ministry Opportunities

Coffee Bar Volunteer

Contact Sharon Page at spage@riverlawn.org or 838-9388.

Serve coffee, tea, lemonade, water, and cookies to those heading into one of our Sunday morning worship services. Three or four people are needed during two different time frames. It's easy and training is provided!