

## Care Groups: Frequently Asked Questions

We encourage everyone at RCAC to be connected and rooted in a Care Group. In these groups, we purpose to grow deeper in our friendships and firmer in our faith as disciples of Jesus. We see this as vital for our life together as a church: to be focused and intentional in our relationships, praying, studying and caring for each other and our neighbours.

**Q: What is a Care Group?**

**A:** The purpose of a Care Group is to connect and grow authentic relationships with each other as members of RCAC and with friends in the community. Our main purpose for meeting in a Care Group is to grow together in our relationship with Jesus and to be more like him through study, fellowship and prayer.

**Q: What happens during a typical meeting?**

**A:** In Care Groups people *share* life together. This includes eating, exploring important issues, praying, laughing, listening, and serving one another.

**Q: Is a Care Group like a Bible study?**

**A:** Care Groups are where people commit to form and grow authentic relationships. We do this by always learning more about who Jesus is and how he continues to transform our lives today. This happens through study of the Bible and other books and resources.

**Q: Who are Care Groups for?**

**A:** Everyone. Care Groups are open to adults of all ages. If you are in College or University (and between the ages of 18 and 22-ish), we encourage you to consider being a part of Titus Fellowship, our Young Adults group.

**Q: I'm not a Christian. Can I still attend?**

**A:** Yes! We encourage you to explore what following Jesus is about through Care Groups. In fact, it's a great way to see what Christian community is like. Through the friendships you form, you are encouraged to ask questions about Christianity.

**Q: Do I have to regularly attend RCAC worship services to join a Care Group?**

**A:** No. You are welcome to be part of a Care Group without regularly attending services. However, we strongly recommend, for the purpose of being rooted and growing in one faith community that you consider worshiping together with those you are committed to in study, prayer and life together.

**Q: How large is each Care Group?**

**A:** Each Care Group is different in size. The ideal range for the size of a group is from 8 to 12 people, as this best allows for groups to meaningfully care and learn with one another. When groups grow, we encourage new groups to launch out of these larger groups.

**Q: Where do Care Groups meet?**

**A:** For the most part, groups meet in various homes. Some meetings also take place at church.

**Q: How frequent are Care Group meetings?**

**A:** This varies from group to group. Some groups meet each week, while other groups meet once every two weeks. In the summer, some groups also meet less often.

**Q: Do I need to commit to going every week?**

**A:** We do ask you for a level of commitment to the group, since participation affects the group dynamic. That said, if you can't make certain weeks, don't let this stop you from getting connected and rooted in a prayerful & supporting community.

**Q: When can I join a group?**

**A:** Anytime. There are always Care Groups that are open to new members.

**Q: How do I join a Care Group?**

**A:** Contact Phil Lam or Pastor Jason Cheung in person, or fill out the online form on our website at [english.rcac.ca](http://english.rcac.ca). Go to *Connect* then *Care Groups* and click on the link, "[I Want to Join a Care Group.](#)"

**Q: I have more questions, who do I talk to?**

**A:** You can email Pastor Jason at [jason.cheung@rcac.ca](mailto:jason.cheung@rcac.ca), or you may call Pastor Jason at the church office at (604) 271-9333.