

YES, I'M INTERESTED...

In Getting Ahead!

Name _____

Email _____

Phone _____

Childcare needed (yes / no)

Transportation needed (yes / no)

Best time to call me is

For graduate testimonies...

<https://www.youtube.com/watch?v=MHCetbAJewU>

For additional information

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GETTING AHEAD... IN A JUST-GETTIN'-BY WORLD

Building your resources
for a better life



Wednesday nights, 5:45-9:00 pm

August 26- December 16, 2015

Dinner and childcare provided

GETTING AHEAD...

Introduction

This workshop is for people who are living in poverty or unstable situations. It's about building financial stability and a better future for ourselves. You will investigate your own situation, learn about your own resources, and begin to build resources to develop a personal plan that is right for you.

Participants come with their own life experiences and skills, ideas, thoughts and feelings. Learning in this course comes from the materials provided AND from the result of discussions that will happen within the group. Come prepared to share and participate. No one will tell you what to think or do, evaluate you or hand you a plan. You will become the problem solver in your own life.

Participants will earn \$25 for each class session attended. Expectations include being on time, being an active part of group discussions and exercises, preparing for class, and attending every class.

GETTING AHEAD...

Builds Essential Resources

Financial – Money to purchase goods and services \$\$

Emotional – Ability to control emotional responses

Mental/Cognitive – mental capability to deal with daily life

Spiritual – Belief in divine purpose and guidance

Physical – Physical health and mobility

Support Systems – Friends, family, and other resources to help

Relationships/Role Models – Access to people who consistently behave appropriately and are nurturing

Knowledge of Hidden Rules – Know unspoken cues/behaviors of different groups

Language/ Formal Register – Ability to use appropriate vocabulary and grammar

Interested?

Just return this tear-off application to the church office. Participants will be contacted and selected by August 19, 2015