Intro. We’re continuing our study on the Holy Spirit.

1. Last week we began talking about the specific ways the Helper helps us
   a. He helps us love
   b. He helps us by teaching us; He reveals God’s word to us

   • I’ve mentioned in both previous studies how important it is for us to carry with us the understanding that the Holy Spirit lives inside us always

John 14:16 (NKJV) And I will pray the Father, and He will give you another Helper, that He may abide with you forever—

   • The moment we are born again, we have an invited guest living inside us; the Holy Spirit
   • We are never alone!
   • He leads us, guides us, teaches us, gives us love and companionship


   • The New International Version puts it the following way...

2 Corinthians 13:14 (NIV) May the grace of the Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit be with you all.

ex. As Paul was closing his second letter to the Corinthians he finishes with this statement concerning his desire for believers.

   He includes a reference to the Trinity by saying, “The grace of the Lord Jesus Christ, and the love of God (the Father), and the communion or fellowship of the Holy Spirit be with you all.”

   Again, we see one of the foremost purposes of the Holy Spirit is to fellowship or commune with us!
We know what it means to “fellowship.” It means literally that we participate together or in others words that we get to know each other.

This is the purpose of the Holy Spirit living inside us. The fellowship of the Holy Spirit is to help us get to know God better!

Romans 8:15-17 (NKJV)
15 For you did not receive the spirit of bondage again to fear, but you received **the Spirit of adoption by whom we cry out, "Abba, Father."**
16 **The Spirit Himself bears witness with our spirit that we are children of God,**
17 and if children, then heirs—heirs of God and joint heirs with Christ, if indeed we suffer with Him, that we may also be glorified together.

- This tells us the Holy Spirit lets us know how close we are to God; we are His children (The word “Abba” would be used in that day like we use the word, “Daddy”)
- So again, the Holy Spirit lets us know we are never left alone
- He lives in us to confirm to us we are God’s children!
- Tonight we’re going to look at some of the other ways He helps us

I. THE HOLY SPIRIT ______________ US

1 John 2:20 (NKJV) But **you have an anointing** from the Holy One, and you know all things.

Acts 10:38 (NKJV) **how God anointed Jesus of Nazareth with the Holy Spirit and with power,** who went about doing good and healing all who were oppressed by the devil, for God was with Him.

A. WE DEPEND ON THE ANOINTING OF THE HOLY SPIRIT TO ______________

1. The anointing has been defined as ______________
   a. It was the anointing that gave Jesus the ability to do good and heal the oppressed
• We’re going to talk about this more next week when we discuss the power of the Holy Spirit

B. THE ANOINTING IS THE HOLY SPIRIT’S ________________

again, Acts 10:38 (NKJV) how God anointed Jesus of Nazareth with the Holy Spirit and with power, who went about doing good and healing all who were oppressed by the devil, for God was with Him.

• Jesus was heavily influenced by the Holy Spirit!

  1. The word anoint means to ______________________

  2. Anointing means that the personality of the Holy Spirit who lives in us will begin to ______________________
     a. The time we spend with God in prayer and meditation is so important
     b. It’s during this time we interact with the Holy Spirit

• If we hang around with the wrong people, their personalities and bad traits will rub off on us

1 Corinthians 15:33 (NIV) Do not be misled: "Bad company corrupts good character."

• But when we spend time with the Holy Spirit that anointing is going to rub off on us!

  3. The Holy Spirit will have an easier time influencing us when we spend time in ______________________
     a. It gives the Holy Spirit something to work with

John 14:26 (NKJV) But the Helper, the Holy Spirit, whom the Father will send in My name, He will teach you all things, and bring to your remembrance all things that I said to you.

• If we’re not spending any time in the word and prayer we’re not giving Him anything to work with or the chance to bring to our remembrance
1 John 2:20 (NKJV) But **you have an anointing** from the Holy One, and you know all things.

- **This would make a good confession every day; “I have an anointing from the Holy Spirit and He’s rubbing off on me.”**

John 14:16-17 (NKJV)
16 And I will pray the Father, and He will give you another Helper, that He may abide with you forever--
17 the Spirit of truth, whom the world cannot receive, because it neither sees Him nor knows Him; but you know Him, for He dwells with you and will be in you.

- **We need to get to know Him better and allow Him to influence us more**
- **We can become more sensitive to His voice if we’ll learn to recognize it**

**ex.** There are many believers who feel like God never talks to them. He speaks to us more than we may realize.
- When we’re getting ready to do something or say something we shouldn’t it’s His voice that sometimes tells us, “You’d better not do or say that.”

- **It’s the Holy Spirit that reveals Jesus to us**

John 16:14 (NKJV) He will glorify Me, for He will take of what is Mine and declare it to you.

- **The anointing means the Holy Spirit’s influence will rub off on us!**

**II. THE HOLY SPIRIT HELPS US _________________**

- **No one can pull off living the Christian life on their own**

Romans 8:11-13 (NKJV)
11 But if the Spirit of Him who raised Jesus from the dead dwells in you, He who raised Christ from the dead will also give life to your mortal bodies through His Spirit who dwells in you.
12 Therefore, brethren, we are debtors—not to the flesh, to live according to the flesh.
13 For if you live according to the flesh you will die; but if by the Spirit you put to death the deeds of the body, you will live.

- This portion of scripture is telling us how we can live a disciplined life, resist temptation, and overcome bad habits

A. THE KEY PHRASE IS ________________

1. It is not by ______________________

Zechariah 4:6 (NKJV) So he answered and said to me: "This is the word of the LORD to Zerubbabel: 'Not by might nor by power, but by My Spirit,' Says the L ORD of hosts.

a. Our ability to accomplish God’s will and purpose for our lives isn’t by our own might or power
b. This is especially true concerning the ability to live a life pleasing to God

- This is another area where the Helper helps us!
- The Holy Spirit helps us live the Christian life

B. THIS IS ALSO REFERED TO IN THE BIBLE AS ____________ ________________

Galatians 5:16-17 (NKJV) 16 I say then: Walk in the Spirit, and you shall not fulfill the lust of the flesh.
17 For the flesh lusts against the Spirit, and the Spirit against the flesh; and these are contrary to one another, so that you do not do the things that you wish.

1. Walking in the Spirit isn’t something ______________________
a. It’s simply following the leading of the Holy Spirit in our lives as opposed to following the leading of our flesh

2. No matter how long we are Christians we will still have to ______________________ our flesh
Galatians 5:19-25 (NKJV)
19 Now **the works of the flesh** are evident, which are: adultery, fornication, uncleanness, lewdness,
20 idolatry, sorcery, hatred, contentions, jealousies, outbursts of wrath, selfish ambitions, dissensions, heresies,
21 envy, murders, drunkenness, revelries, and the like; of which I tell you beforehand, just as I also told you in time past, that those who practice such things will not inherit the kingdom of God.
22 But **the fruit of the Spirit** is love, joy, peace, longsuffering, kindness, goodness, faithfulness,
23 gentleness, self-control. Against such there is no law.
24 And those who are Christ's have crucified the flesh with its passions and desires.
25 **If we live in the Spirit, let us also walk in the Spirit.**

- The works of the flesh follow our former nature’s desire
- The fruit of the Spirit (Love, joy, peace, etc.) follow our new nature’s desire
- This is what walking in the Spirit is all about
- Following the leading of the Holy Spirit who lives in us to help us

**ex.** We can learn to follow the Holy Spirit’s lead.
When we are tempted to do something, say something, or we’re thinking something that isn’t right, the Holy Spirit will caution us.
The more we respond to Him the more sensitive we become to His voice. The more we ignore Him the more insensitive we become to Him. Walking in the Spirit is simply following His lead.

- **Next week we’re going to talk about the power of the Holy Spirit**

**PRAYER AND CONFESSION:** Father, thank You for giving me the Holy Spirit. Thank You for His anointing. His influence is rubbing off on me. Help me to be more sensitive to His voice, His leading, and guidance. I am never alone because the Holy Spirit abides and lives in me forever. Thank You for that assurance, in Jesus’ name. Amen.
FILL IN THE BLANKS FROM LESSON #3

I.  THE HOLY SPIRIT ___(ANOINTS) US

   A.  WE DEPEND ON THE ANOINTING OF THE HOLY SPIRIT TO ___(ENABLE US)

      1.  The anointing has been defined as ____(*the ability to get results*)

   B.  THE ANOINTING IS THE HOLY SPIRIT’S ____(*influence on us*)

      1.  The word anoint means to _____(*“smear or rub on”*)

      2.  Anointing means that the personality of the Holy Spirit who lives in us will begin to ____(*rub off on us*)

      3.  The Holy Spirit will have an easier time influencing us when we spend time in ____(*prayer, meditation, and God’s Word*)

II.  THE HOLY SPIRIT HELPS US ___(*live the life*)

   A.  THE KEY PHRASE IS _____(*by the Spirit*)

      1.  It is not by _____(*our own strength*)

   B.  THIS IS ALSO REFERED TO IN THE BIBLE AS ___(*walking in the Spirit*)

      1.  Walking in the Spirit isn’t something ____(*mysterious*)

      2.  No matter how long we are Christians we will still have to _____(*battle against*) our flesh