

Life Transformation Groups

Character Conversation Questions

These questions are to be asked of one another in a weekly meeting of accountability (Prov.27:17 "As iron sharpens iron, so one man sharpens another.") They are to stimulate conversations of character and confession of sin in a safe environment which values honesty, vulnerability, confidentiality and grace.

1. Have you been a testimony this week to the greatness of Jesus Christ with both your words and actions?
2. Have you been exposed to sexually alluring material or allowed your mind to entertain inappropriate sexual thoughts about another this week?
3. Have you lacked integrity in your financial dealings or coveted something that does not belong to you?
4. Have you been honoring, understanding and generous in your important relationships this week?
5. Have you damaged another person by your words, either behind their back or face to face?
6. Have you given in to an addictive behavior this past week? Explain...
7. Have you continued to remain angry toward another?
8. Have you secretly wished for another's misfortune so that you might excel?
9. _____
(Your personal accountability question)
10. Did you finish the reading and hear from God? What are you going to do about I?
11. Have you been completely honest with me?

"Therefore, confess your sins to one another, and pray for one another, so that you may be healed."



Helping People on the Path to God

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life
transformation
groups





LIFE TRANSFORMATION GROUPS

What is a Life Transformation Group?

In its simplest form, it's accountability. As in Proverbs 27:17 - "As iron sharpens iron, so one man sharpens another" (NIV). The goal of a Life Transformation Group (LTG) is self explanatory. To transform the lives of those in the group through reading the bible consistently, prayer, and accountability.

The LTG basics

- ☉ People who desire to experience the depth of the love of Christ and to change the world around them
- ☉ Group of two to three
- ☉ Meeting once a week for about one hour
- ☉ Made of members of the same sex
- ☉ People who spend time together and connect
- ☉ No leader needed for the group

Confess sin in mutual accountability

As followers of Christ we are to consider how to spur one another on toward love and good deeds (Heb. 10:24). Part of doing that means confessing sin to one another and praying for one another (James 5:16). The first task of an LTG is to ask each other the Life Questions listed on the next panel. Start here at each meeting.

Read the bible in community/ repetitively

The Word of God is alive and active and full of power (Heb. 4:12). Jesus also made it clear that the Word of God is the seed of new life (Matt. 13:18-23). We will experience great disappointment if we expect to reap the harvest of life change without first planting the seed.

The group decides together how they will study Scripture. However, you should seek to read at least four chapters daily during the week (like reading Colossians six times or all of Matthew). If someone doesn't complete the reading that week, then everyone does the reading again the next week. This is not bad, as reading entire books repetitively will yield rich rewards! Once everyone completes the reading the same week, they choose the next book to read together. Everyone shares weekly what God is teaching them and how they are obeying His voice.

Pray for souls strategically, specifically, and regularly

Each member of the LTG identifies two or three lost people they have a relationship with. Everyone in the group may then record the names of these people in the Strategic Prayer section. The guide is meant to foster persistent and Biblical prayer. Take opportunities to share what you're learning with unbelievers. Those who begin to seek Christ then become perfect candidates for the next LTG, and multiplication occurs naturally and spontaneously.

Radical Obedience

1. Radical Obedience to Jesus. Jesus has the power to radically transform our lives and those around us if we let Him. The very core of an LTG is about listening to Jesus and obeying Him. Only then will we find true satisfaction in life. Each LTG meeting should include asking one another, "How will I obey what I've heard?"

Great Commandment

2. Commitment to The Great Commandment. "You shall love the Lord your God with all your heart, and with all your soul, and with all your strength, and with all your mind; and love your neighbor as yourself." (Lk. 10:27)

Great Commission

3. Commitment to The Great Commission. "Go therefore and make disciples of all nations, baptizing them in the name of the Father and the Son and the Holy Spirit, teaching them to obey everything I have commanded you." (Mt. 28:18-19) Each LTG meeting should include asking, "Who will you tell this week?"

Rapid Multiplication

4. Rapid Multiplication. Health always contains growth. A tree that stops growing dies. LTG's form the core element of a movement which is continually growing. Look for opportunities to help others start LTG's.