

# women of the Word

SUMMER 2011



## meet Liz Rhoton

**Favorite Hobbies:** I enjoy cooking and baking, crocheting, scrapbooking, gardening, hiking, and swimming.

**Favorite Book:** My latest read is *One Thousand Gifts* by Ann Voskamp - It has been life changing.

**Favorite Song:** *Trading My Sorrows* by Darrell Evans

**Favorite Scripture:** Psalms 94:18-19, "If I should say, 'My foot has slipped,' Your lovingkindness, O LORD, will hold me up. When my anxious thoughts multiply within me, Your consolations delight my soul."

**Favorite Movie:** *Steel Magnolias*

**Family:** Chris and I have been married for 13 years. We have two children, Olivia and Finn. Olivia is going to be in the 2nd grade this year and Finn will be in preschool. It is a great joy and privilege to stay home with the kids. We love going to the park, hiking together and hanging out with our neighbors.

**Words of Wisdom:** Always seek out ways to grow and be thankful in everything (even when it is hard).



**Testimony:** I grew up attending church, but didn't know I needed God until I was a teen and going through a hard time. I rededicated my life then and have continued to seek Him. Once Chris and I were married we started to attend church. In the last ten years of my life I have grown so much with God. Through bible studies, reading, prayer and journals, I look for God in every part of my life. I have a gratitude journal which has really enriched my life. I look for and thank God for multiple gifts daily. God has blessed me with a beautiful life.

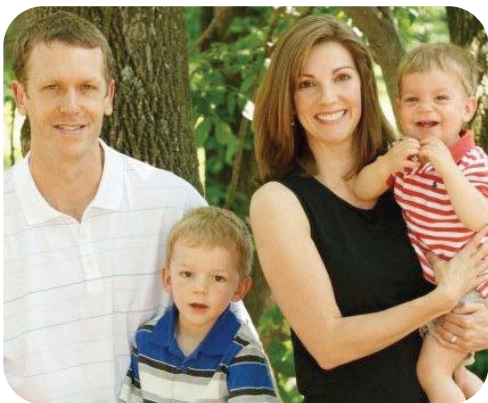
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**The purpose of our  
Women's Ministry Team is to  
encourage women to walk closely  
and passionately in faith to Christ. We  
desire to connect women, develop  
healthy relationships and reach out  
to others with the love of  
Jesus.**

# "Be still and know that I AM God" Psalm 46:10

meet Angie Grunkemeyer



**Favorite Hobbies:** Oddly enough, I really enjoy sports. I realize this sounds like what someone married to a coach should say-but honestly, I really do love sports. I like to watch college football, and play softball. I also enjoy reading, cooking and watching movies.

**Favorite Books:** Any Francine Rivers books. I also like Margaret Mitchell's *Gone With the Wind*.

**Favorite Music:** Hymns - I especially like Selah's versions - the harmony is incredible! I also enjoy country music.

**Favorite Scripture:** Psalm 27:4 - One thing have I asked of the Lord, that will I seek after: that I may dwell in the house of the Lord all the days of my life, to gaze upon the beauty of the Lord and to meditate in his temple.

**Favorite Movie:** Well, I am a little embarrassed to say that it is probably *Christmas Vacation* with Chevy Chase-it is hilarious!



**Family:** I have a wonderful husband - Jason and two handsome little boys - Joshua, 3 and Nathan 18 months.

**Words of Wisdom:** This is one I am still working on living by - When having a crazy day I try to remember the scripture that says: Your attitude should be the same as that of Christ Jesus who being in the very nature of God, did not consider equality with God something to be grasped...The first part I used to just skip right over, but really that is the slap in the face that I need most times - "Your attitude should be the same as that of Christ Jesus (the rest of the verses basically go on to say that you should have an attitude of humility and certainly not a pity party).

**Testimony:** I became a Christian when I was about 8 years-old. My parents had gotten a divorce and I had just found out that my stepdad had accepted a job at Clemson (in SC) which was about an 8 hour drive from where my dad lived in Jackson, TN. Well as you might imagine this led to lots of insecurity and sadness which I masked by not crying and living as if I didn't need anyone. I had pretty much decided that I couldn't trust anyone - not my dad b/c it was his fault that my parents divorced and not my mom because she was letting us move away from my dad. One week I began to have several nights where I could not sleep at all because I was fearful that if I fell asleep our house would catch on fire and I would not be able to get me and my little brother out of the house (keep in mind I had had no exposure to anything traumatic with relation to fires). Our bedrooms were on the top floor and my parent's bedroom was downstairs. I really feel that it was the Holy Spirit saying - You cannot control your life - You need to Surrender! You need Jesus! He alone is trustworthy. Well, at church later that week, it was like the floodgates opened and I began to weep and ran (literally) down the aisle to the front and told the pastor I wanted to give my life to God. God truly gave me the peace that surpasses all understanding and the fear of fire went away completely-never to return. I am so thankful that God got my attention in such a personal way and that I have enjoyed a personal relationship with Him ever since.



## health tip

~This summer give yourself a berry boost by eating a variety of blackberries, blueberries and strawberries. They are full of vitamin C and rich in antioxidants which can prevent damage to cells and tissues. Blackberries and blueberries are especially bursting with fiber and antioxidants. It is a great time to eat them since they are ripe and in season now!

## SUMMER FRUIT SMOOTHIE

Place the following ingredients in blender in order listed

1 cup milk

1 cup orange juice

3T vanilla yogurt (or sour cream)

1/2 fresh banana

blend, then add slowly:

1 1/2 c frozen fruit

1T spenda or sugar (optional)

May add crushed ice if desired

Delicious for the whole family!

~ from the kitchen of  
Lura Beth Rhodenbaugh ~

## meet Ruth Pettitt

**Favorite Hobbies:** I love to read, do crafts, and spend time with our grandchildren. I enjoy finding a good bargain, too! Thrift stores are my favorite shopping adventures.

**Favorite Book:** I really don't have a favorite book, but I love reading, fiction and nonfiction. I enjoy learning new things.

**Favorite Song/Music:** I don't listen to much music, but I enjoy songs that glorify God.

**Favorite Scripture:** Jeremiah 29:11 "For I know the plans I have for you, declares the Lord, Plans to prosper you and not to harm you, plans to give you a future and a hope." When things seem out of control, they're not. God has it all figured out.

**Family:** Dick and I met at Cedarville College and have been married almost 43 years. Christian was born while we teaching overseas. We feel incredibly blessed to live close to Christian and Lisa and Emma, AJ, and Anna.



**Testimony:** I grew up as a missionary kid in China, Hong Kong and the Philippines. During our first furlough, when I was in first grade, I accepted Christ after an evening service. My parents were godly examples and taught us to love and follow Jesus. My faith continues to grow as I strive to serve God and share His message with others.

**Wisdom to Share:** I've found that when I listen, God speaks to my heart and enables me to do His will instead of mine. I'm still learning this, but it's something worth doing.

