

How to Be Me: A Week of Fun, Growth, and Distraction

Dates and Times: July 23-27, 9:30-12:30 (Friday is later end time, see below)

Overview: Middle School years are tough. Young people are bombarded with commercialism like never before. In addition to learning about their likes and dislikes, their strengths and weaknesses, and their minds and bodies, our children constantly feel as if they are in the extremes of feeling entirely “boxed-in” or “stretched to their limits.”

“**How to Be Me**” is an attempt to offer a handful of kids some time to breathe, to wonder, to share, to laugh, and to grow. We did not purchase a program or hire on a professional: we are just parents who are blessed with the time and desire to provide something helpful.

Leadership:

Rev. John Diller, Orange Park Presbyterian Church

Rev. Kevin Collison, Island View Baptist Church

Mrs. Fran Higson, teacher and elder at OPPC

Mrs. Betty Koontz, former teacher. Ms. Betty will help us with our cooking projects.

If we are lucky, Hank and Jan Racer will join us on Tuesday. Hank is an author of children’s books, Jan is a gifted educator. Together they will add a new dimension to our “telling our story” segment.

Registration

Child’s Name _____ Age _____

Home Address _____

Parent/Guardian _____

Parent Phone _____ Secondary Phone _____

Other than parent/guardian listen above, who may pick up your child?
Please list name and relationship. Identification will be required for release.

Please list any allergies/medical conditions and instructions:

Permissions

My signature below indicates that I give permission for _____
to participate in "How to Be Me" at Orange Park Presbyterian Church, July 23-27, under the
leadership and supervision of Rev. John M. Diller. Permission includes:

____ Participating in cooking activities. Food allergies? _____

____ Walking to Moosehaven and participating in bowling, shuffleboard, and other activities
with residents.

____ Participating in an outdoor mission project at a private residence within walking distance
of OPPC.

____ Cookout and Pool Party at the Stratton Residence. Please check also below:

____ I will pick up my child on Friday at 1:30 at 3756 Waterside Drive, Orange Park

____ I will pick up my child on Friday at 2:00 at Orange Park Presbyterian Church

____ I agree to allow pictures/videos of my child for use on church website and Facebook.

____ I agree to allow non-emergency treatment in the case of minor scrapes, cuts, burns, etc.

In addition to the permissions given above, I understand that my child will be under the care
and supervision of individuals who have State and Federal background checks on file. In the
case of a medical emergency, staff will contact the parent/guardian right away and will use best
judgement for further care (E.R., 911, etc.). Orange Park Presbyterian Church is a "Safe
Sanctuary" facility, which means strict guidelines for supervision and safety of a child's welfare
are followed. I hold harmless Orange Park Presbyterian Church, Island View Baptist Church, the
Strattons, and Moosehaven for any accidental harm incurred by my child while participating in
"How to Be Me."

Signatures

Parent/Guardian _____ Date _____

Print Name please _____

ID Check (OPPC Staff check and sign) _____

Tentative Schedule

Monday

Ice-breakers, energizers, “get-to-know-you” games

Discussion about Identity:

- Who helps determine identity?
- Whose input/opinion is most important?
- How to advocate for your identity
- Possible Scriptures: John 2, the Wedding at Cana
I Corinthians 1, Who does God choose
Jeremiah 1, God calls Jeremiah

Bake cookies- decorating them in different ways according to our identity

Tuesday

Game, activity

How do we tell our story? Today we will use writing, art, and poetry to explore ways to express who we are, what others want us to be, and the natural tension that lies therein.

Cooking: Creative Grilled Cheese

Wednesday

Visit to Moosehaven to share our stories and listen to the stories of others. Moosehaven will already have a group of youngsters from around the country there. We will partner with them for bowling, shuffleboard, darts, and other activities with residents at Moosehaven.

Thursday

Mission Project Day. If OPPC Arts Connections is in session, we will assist with the younger children’s activities. We will also engage in an outside project- exact project is yet to be determined, but it will likely include walking to the residence of someone elderly near the church and doing some light outside work.

Friday- Later pick-up

After a wrap-up time of games, discussion, and prayer, we will go to the Stratton residence for a **Cookout and Pool Party!** 3756 Waterside Drive, Orange Park

Particulars: We will transport the youth to the Strattons- we will leave the church around 10:30. On the “registration form” please indicate whether your child will be picked up at the Strattons at 1:30 or at the church around 2:00.