

Family Table Talk

for the week of May 27, 2018

Opportunity
Christian Fellowship

Discuss and apply the truth of God's Word as a family.

Read it . . .

Mark 2:23-3:6

Sabbath Rest

God made the world in six days. When He was done, He rested on the seventh day. When Moses led the Israelites out of slavery in Egypt, where they had to work every day, God even made resting on the last day of the week one of the Ten Commandments. He called it the Sabbath Day.

God not only told the Israelites that to keep the Sabbath Day set apart—different from their regular working days—for themselves, but they also had to let their slaves and animals have the

Sabbath Day off, too. It was a reminder that they had been slaves once, too.

By the time of Jesus (1,500 years later), the Sabbath was an important part of Jewish culture. They had created all kinds of rules about what qualified as “work” so they knew what NOT to do on the Sabbath day. Jesus had to remind them that God didn't create the Sabbath so people would have rules to follow, He created it to give us a day off from our regular work to focus on other important things, like family and worship.

<p><u>Sunday</u></p> <p>Read Deuteronomy 5:12-15</p> <p>We have our special day of rest on the first day of the week instead of the last because every Sunday is a reminder of Easter Sunday. How do you treat Sunday differently?</p>	<p><u>Monday</u></p> <p>Read Mark 2:23-28</p> <p>Kids have to follow a lot of rules, at home, at school, at church. Why do grown-ups give you rules to follow?</p>	<p><u>Tuesday</u></p> <p>Read Psalm 81:1-10</p> <p>On the ancient Jewish calendar, the Sabbath day always fell on the new moon and, two weeks later, on the full moon. Tonight is a full moon! Spend some time tonight enjoying God's amazing universe!</p>
<p><u>Wednesday</u></p> <p>Read Mark 3:1-6</p> <p>Why did the Pharisees want to accuse Jesus of breaking the Sabbath rules?</p>	<p><u>Thursday</u></p> <p>Read 2 Corinthians 4:5-7</p> <p>How is the light of God's glory shining out in your life?</p>	<p><u>Friday</u></p> <p>Read 2 Corinthians 4:8-12</p> <p>BIG QUESTION ALERT! Some days life gets really hard. Have you had some bad days in your family? Why do you think God doesn't just work a miracle, like in the Mark 3, and fix everything?</p>

Memory Verse: Mark 2:27

Then Jesus said to them,
“The Sabbath was made to meet the needs of people,
and not people to meet the requirements of the Sabbath.”

Coming Up Next Week:

Jesus' Family