

# **LOOKING TO SUNDAY™**

**Sunday, February 28, 2010**

This email, entitled Looking to Sunday™, focuses on the Gospel Reading for the coming Sunday. It prepares readers to hear God's Word at Mass and it offers a point of reflection to consider in the days leading to Sunday. Looking to Sunday is written by Father Tom Iwanowski.

## **IT SHOWS!**

We know a friend of ours has fallen in love before we are told. We can see the fact on our friend's face. It's radiant.

We know someone we care about has received some great news before that person tells us. We notice there is something different about the person. He or she seems to be "floating on air."

We can spot the parents whose son or daughter has the starring role in the school assembly. The parents, bursting with pride, seem to be ready to jump out of their seats.

People who are touched by love, blessed with good news, and filled with happiness, radiate the fact without saying a word. It just shows.

We see that same thing in this Sunday's Gospel (Luke 9:28-36). Luke, relating the Transfiguration, writes "Jesus took Peter, John, and James and went up the mountain to pray. While he was praying, his face changed in appearance and his clothing became dazzling white."

In a moment of profound prayer, a moment of intimacy with God the Father, a moment when Jesus became more fully aware of what "he was going to accomplish in Jerusalem," Jesus is changed. The joy, the glory, the love, the understanding that touched the heart and soul of Jesus burst forth and was seen by his apostles. How could the appearance, the expression, the bearing of Jesus remain untouched by what he experienced on the mountain?

What happened to Jesus also happens in our life. When we go "up the mountain to pray," when we are open to the presence and goodness of God in our life, we are changed for the better and that change can be seen in us. When God comes into our life, nothing about us remains the same. It even shows in our appearance!

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