# **Beach Retreat 2012**

# Directions, What to Bring, Frequently Asked Questions (Page 1)

### **DIRECTIONS**

We encourage you to use your GPS, smart phone, or whatever other tools you may have (even an old-fashioned map) to get you to Panama City. We're staying at the **Beachcomber by the Sea Resort**, and their address is...

17101 Front Beach Road Panama City Beach, FL 32413 (850) 233-3600 www.beachcomberbythesea.com

PS- We can provide you with some step-by-step directions upon request, but we make no guarantees that they are 100% accurate.

#### WHAT TO BRING

Here's a list to get you started...

Sunscreen and Aloe
We don't want you to look or feel like a lobster.
Pillow & Pillow case
There will be a pillow provided for you, but you may want your own.
Beach Towel
Because borrowing towels from the room is NOT cool.
Camera, battery, charger
If you must take photos
Your meds
Please do not leave home without any medication that you may need (prescription or otherwise)!
Toothbrush & Toothpaste
This is a reminder from Captain Obvious <i>☺</i> .
Soap, Shampoo & Bath Towel
Each room will have soap, shampoo, and bath towels, but you may want to bring your own in case there's a
shortage.
Other personal items and toiletries
Appropriate Swimsuit
Guys- no speedos; Girls- no bikinis. Please be considerate of others. See notes on page 2.
Bible
Beach Toys/Games (if you want to)
Frisbees, Cornhole, etc.
Food Money
Enough for dinner on Friday and Saturday nights and lunch on Monday.
Gas Money
So that you can kindly contribute to the person you rode with!

### FREQUENTLY ASKED QUESTIONS

Here are the questions we hear most often...

# Q: When is the deadline for registering for the retreat?

A: Sunday, May 20th

#### Q: What time can I check in at the Beachcomber?

**A:** We are at the mercy of the hotel on this one, so don't plan on being able to get your room key until <u>at</u> <u>least 5:00 P.M. Central Time</u> on Friday. NOTE: Panama City is on Central Time, which is one hour behind Eastern Time. Set your clock back as soon as you get there!

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### Q: What is the topic/theme of this year's retreat?

**A:** The topic of this year's retreat is *Exposed*. Now you're probably thinking that "Exposed" is a bit of an uncomfortable word. Well, that's the idea behind it. You see, as followers of Christ, we often stop short of being uncomfortable in the following ways:

- We stop revealing to others what's really going on in our lives.
- We avoid the danger that can come from a life of pursuing Christ.
- We stop allowing the light of Christ to reach the deepest parts of us.

All of those are definitions of the term *Exposed*, and that's what we want to focus on at the retreat- how we can be exposed for Christ and let Him shine through us.

#### Q: Are there dress restrictions?

**A:** Yes, we're asking you to be mindful of others and to dress appropriately and modestly. For men, we're asking that you do not wear brief-type swimwear (i.e. speedos). For women, we're asking you to not wear bikinis. Tankinis are okay.

#### Q: What is covered in the retreat cost of \$150?

**A:** 6 meals, oceanfront lodging for 3 nights, all materials, t-shirt and speaker costs.

#### Q: Do I need to bring additional money for the weekend?

**A:** Yes, you will be responsible for getting to Panama City Beach and helping with gas if you ride with someone. You will also be responsible for buying your dinner Friday and Saturday nights, as well as Monday lunch on your way home. If you want to do any activities in your free time (such as a movie, parasailing, or renting a scooter), bring extra cash.

## Q: When are people leaving/arriving on Friday/Monday?

**A:** Because people have busy work schedules, they leave on Friday at various hours. Our retreat ends at noon on Monday, so any time after that you're free to go.

#### Q: How is transportation worked out?

**A:** You are responsible for your own transportation. If you need a ride, you may go to the Young Adults Facebook page for the 2012 Beach Retreat and write a message on the wall stating that you need a ride. If you are driving and you have room in your vehicle for more people, then you can go to the 2012 Beach Retreat Facebook page and post on the wall stating that you have room in your vehicle for \_\_ number of people.

#### Q: What does the schedule of events look like?

**A:** There are scheduled morning and evening speaker sessions and several hours of free time each afternoon.

# Q: Is anything happening on Friday night?

**A:** Yes. We will have a special group activity starting at 8 P.M. (Central Time), and then Jimmy McCarty will give a brief Introductory Session at 10 P.M.

#### Q: I have food allergies or specific dietary needs. Will the cooks be able to accommodate this?

**A:** Because we have such a large number of people attending, we are not able to accommodate everyone's specific dietary needs. However, each room has a kitchen with a fridge, oven, stove, sink, and toaster, so you will have the ability to cook while you are there or you can bring food with you and store it in the fridge/freezer. There is also a Publix and a Wal-Mart nearby.