



CR's Eight Recovery Principles

1. **REALIZE** I'm not God; I admit that I am powerless to control my tendency to do the wrong thing and that my life is unmanageable.
2. **EARNESTLY** believe God exists, that I matter to Him, and that He has the power to help me recover.
3. **CONSCIOUSLY** choose to commit all my life and will to Christ's care and control.
4. **OPENLY** examine and confess my faults to myself, to God, and to someone I trust.
5. **VOLUNTARILY** submit to every change God wants to make in my life and humbly ask Him to remove my character defects.
6. **EVALUATE** all my relationships. Offer forgiveness to those who have hurt me and make amends for harm I've done to others, except when to do so would harm them or others.
7. **RESERVE** a daily time with God for self-examination, Bible reading, and prayer in order to know God and His will for my life, and to gain the power to follow His will.
8. **YIELD** myself to God to be used to bring this Good News to others, both my example and my words.

Thursday Nights at New Horizon

Celebrate Recovery meets in the "Café" at New Horizon Church, 3002 W. Bloomington Road, Champaign, IL, 61822. An informal, low-key and comfortable environment, with eats, music and new friends. There's always room for others.

Weekly Schedule

5:45 PM	Dinner (\$3 donation)
6:30 PM	Large Group Session
7:30 PM	Small Group Opportunities
8:30 PM	"Solid Rock Café" (Hanging out)

If you have children:

Ages 6 weeks to 4 years old

6:30-8:30 PM Loving, safe and free childcare.

Ages 5 to 12 years old

6:30-8:30 PM. "Celebration Place" provides age-appropriate activities to involve and engage kids in the healing process. "Celebration Place" is designed to help kids discover the same healing truths their parents are learning.

May we connect with you?

Feel free to contact New Horizon's *CR Team* with any and all questions and concerns. We want to be a part of God's healing in your life.

Celebrate@NewHorizonChurch.org



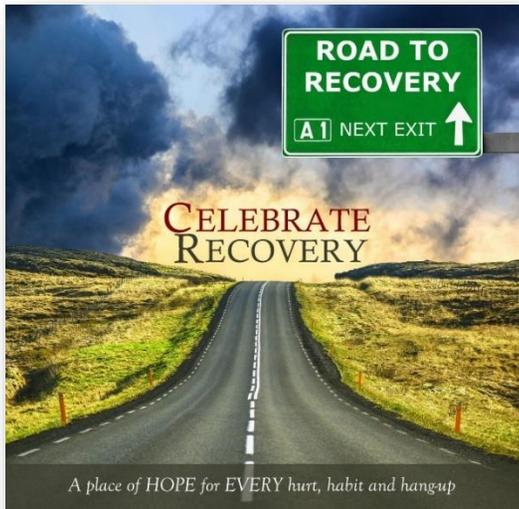
Freedom from
**HURTS, Habits
& Hang-Ups**

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**NEW HORIZON
UNITED METHODIST CHURCH**

3002 W. Bloomington Road, Champaign, IL, 61822, 217-359-8909, NewHorizonChurch.org



Celebrate Recovery
is a proven road to recovery.

Celebrate Recovery is a nationally known, weekly gathering, for those who are facing personal challenges.

Celebrate Recovery is Biblical, meaningful and effective, and has been helpful for countless people across the country.

Celebrate Recovery provides a safe, confidential place to find freedom from life's hurts, habits, and hang-ups.

And you're invited.

What is *Celebrate Recovery*?

- *CR is a safe place to listen and talk.*
- *CR is a refuge where we can take off our "mask."*
- *CR is a place of belonging.*
- *CR is a place to be cared for and to help care for others.*
- *CR is a place where we work hard to respect one another.*
- *CR is a place where our confidentiality is highly regarded.*
- *CR is a place to learn.*
- *CR is a place to grow and become stronger.*
- *CR is a place for healthy challenges and healthy risks.*
- *CR is a potential turning point in our lives.*

What challenges can be addressed through *Celebrate Recovery*?

There are many different hurts, habits, and hang-ups that lead people to *CR*. A few of these include:

Abuse	Depression	Pornography
Drugs	Alcohol	Eating struggles
PTSD	Anger	Sexual matters
Anxiety	Grief	Video Gaming
Worry	Internet	Shopping
Denial	Gambling	Codependency

Talking about your challenges with others is your choice. No one is ever required to share at *Celebrate Recovery*.

What's the Purpose of *CR*?

Celebrate Recovery is a Christ-centered opportunity that offers people resources and relationships to help recover from life's hurts, habits, and hang-ups. *CR* is designed for anyone struggling with past or current dysfunctions or compulsions, whether they are affecting their own life or the lives of those around them.

The purpose of *CR* is to fellowship and celebrate God's healing power in our lives through the Eight Recovery Principles found in the Beatitudes and Christ-Centered Twelve Steps (listed on next page).

As we progress through *CR*, we personally discover our One and True, Loving and forgiving, Higher Power, Jesus Christ.



What does *CR* hope to accomplish?

Celebrate Recovery does not promise to solve all of life's problems. But it can help us learn how to:

- *Live in freedom from the hurts, habits, and hang-ups that hold us back from the future God has in store.*
- *Restore and develop stronger relationships with God and others.*
- *Experience the true peace and serenity we're all seeking.*