

WHAT IS THE MARRIAGE COURSE?

The Marriage Course is very practical, giving any married couple the tools to build a strong and healthy marriage to last a lifetime. Over 7 evenings spent together couples talk about important issues that can get swept under the carpet in the rush of daily life. Topics covered include: recognizing each others needs, learning to communicate effectively, resolving conflict, healing past hurts, knowing how to make each other feel loved, relating to parents and in-laws, good sex, making time for each other, and having fun together.

Privacy as a couple is always respected. There is no group discussion and no requirement to disclose anything about your relationship to anyone else.

WHAT IS INVOLVED?

Each evening begins with a candlelit meal. There is then a talk followed by an opportunity to discuss the topic together as a couple. The setting is welcoming, relaxed and unthreatening.

WHO IS IT FOR?

The marriage course is for any married couple whether married 5 months or 50 years, who wants to build a strong and lasting relationship, especially:

- Those who want to enhance their marriage.
- Those in the first 5 years of marriage.
- Those at a challenging stage in their marriage, such as the birth of a child, a career change, teenagers at home, the “empty nest.”
- Those struggling with issues in their marriage.

The course while based on Christian principles is very helpful for couples with or without a Christian faith or church background.

FOR MORE INFORMATION ON THE NEXT SESSION, E-MAIL THEMARRIAGECOURSE@NEWHOPECHURCH.COM.