

**THE FOLLOWING LIST OF CLASSES COMPILES THOSE THAT WE OFFER ON A ROTATING BASIS FOR ADULTS ON SUNDAY MORNINGS. SOME ARE OFFERED ANNUALLY, OTHERS LESS FREQUENTLY. THIS LIST IS TO GIVE YOU A FLAVOR OF WHAT WE TEACH IN OUR LIFE CHANGE CLASSES AND WHY YOU MAY WANT TO JOIN US!**

## THE ART OF MARRIAGE

God has a plan for your marriage relationship. In six dynamic video lessons, The Art of Marriage weaves together expert teaching, engaging stories, real life testimonies, man on the street interviews and humorous vignettes to help couples experience both the challenges and the beauty of God's design for marriage.

[http://www.familylife.com/site/c.dnJHKLNnFoG/b.6359197/k.33EC/Learn\\_About\\_The\\_Art\\_of\\_Marriage.htm](http://www.familylife.com/site/c.dnJHKLNnFoG/b.6359197/k.33EC/Learn_About_The_Art_of_Marriage.htm)

## BASIC APOLOGETICS FOR THE COMMON CHRISTIAN

Christians are called to defend the Christian faith without becoming defensive and present arguments for Christianity without becoming argumentative. This class will focus on the resurrection of Jesus Christ and the reliability of the Scriptures.

## BECOMING A GODLY LEADER PEOPLE WANT TO FOLLOW

This teaching series was developed by Dr. John Maxwell and is being used in 70 nations with 1.5 million leaders. We will practice Jesus' Ministry principles and study the Bible's teachings on godly character, vision, priorities, relationships, and planning. *Goal: To become godly leaders like Jesus - develop our character, wisdom and skills so we can lead others to Jesus and maturity. Vision: To see effective Christian leaders fulfill the Great Commission in San Diego and every nation of the world .* [www.johnmaxwell.com](http://www.johnmaxwell.com)

## THE BIBLE: HOW SOLID IS YOUR FOUNDATION?

Everything we believe regarding the key truths of our faith is dependent upon the Bible's trustworthiness. Most Christians understand that the Bible they hold in their hands is the inspired Word of God, yet very few have even a general understanding of its origin. The purpose of this class is to show how the Bible came to be and why it can be trusted as the inerrant, authoritative foundation for your life. Join us in gaining a stronger confidence in the trustworthiness of God's Word while answering questions such as: How did we get the Bible anyway?; What about the Aprocrypha?; How do I know that the Bible I read is reliable?

## BUILDING BRIDGES TO MUSLIMS

God created all peoples, including Muslims, for His glory. Yet a lot of fear, misinformation, and hysteria regarding the Islamic world has risen up from events over the last decades. Using a video series developed by Crescent Project, we will explore the basics of what Muslims believe while looking for ways to build bridges between their beliefs and the Truth of Jesus. Our prayer is that by the end of these six weeks you will have a fresh love in your heart for Muslims and an ability to see them as God sees them. This class includes practical teaching, discussion, and prayer for the Islamic world.

## CLOSING THE DOOR TO STRONGHOLDS

The enemy loves to establish strongholds in our lives through which he works to make us miserable and ineffective. This class will look at five strongholds (*Unforgiveness, Affection for the World, Entitlements, Fear and Unbelief*) what the Bible says about them, what the enemy hopes to achieve through them, and God's plan to defeat them.

## DISCOVERING YOUR SPIRITUAL GIFTS

This class/workshop emphasizes the motivational gifts in Romans 12 and the ministry gifts in Ephesians 4. There is nominal, but fun homework. [www.grandmotherslegacy.com](http://www.grandmotherslegacy.com)

## ECONOMICS FOR EVERYBODY: APPLYING BIBLICAL PRINCIPLES TO WORK, WEALTH, AND THE WORLD

A Video Series by R.C. Sproul, Jr.

If you become rich, does someone else become poor? Is capitalism inherently evil? Should the government be concerned with income inequality? Should Christians care as much about our economic system as abortion and same-sex marriage? Can you readily answer any of those questions from a Biblical perspective? Join us as we take an unconventional and entertaining look at what God's word says about economics.

## THE GLORY OF GOD

The theology of the Glory of God is the foundation that undergirds all of New Hope's ministries. In this class, we explore the following topics: God's passion for His glory, What is the glory of God, Christian hedonism and the glory of God, God's heart for the nations (God's global agenda to reach all nations), Seeing God (experiencing God on a personal level).

## I PROMISE

Security is everything in a marriage. It is what every woman wants and what every man dreams of: a caring, secure marriage where each partner serves the other with equal love and faithfulness. I Promise, a DVD based small group study will show you how five commitments can determine the destiny of your marriage. Make your marriage the safest place on earth. Join us for six weeks to hear Dr. Gary Smalley present the essential ingredients of a secure, fulfilling, Christ-centered relationship. This class requires a commitment of six weeks.

## **JOB APPLICATIONS IN A DOWN ECONOMY**

It's about Job not jobs. The Lord has provided 42 chapters in the Book of Job to tell the story and give us more insight into His character. The book is partly about Job's suffering but more a training manual for how we might react when calamity, suffering and loss come. We will look at why bad things happen to good people and why we need to seek hard after correct theology. God uses Job to display His Glory and to help Job see where He fits into God's creation.

## **LETTER OF JESUS TO THE REVELATION CHURCHES**

Come with us on a virtual tour of the seven churches of the book of Revelation. Learn what Jesus was saying to them as well as His message to us today. This interactive study will include discussion, listening, and prayer. This study is intended to bring each of us to the place that Jesus challenges in each letter, "He who has an ear, let him hear what the Spirit says to the churches."

## **MANIFESTATIONAL SPIRITUAL GIFTS**

This class will emphasize the nine Manifestational Spiritual Gifts (aka Sign Gifts) described in I Cor. 12:1-11 and how they operate with the Motivational and Ministry Gifts. [www.grandmotherslegacy.com](http://www.grandmotherslegacy.com)

## **PROVING PROVERBS**

We all need wisdom when dealing with the many different people and situations in our lives. The Book of Proverbs, given to us by God through King Solomon, was written to everyone seeking wisdom from God. This book prepares us to avoid or deal with all sorts of people and all sorts of life circumstances. Wisdom from God is more valuable than silver, gold, and rubies. Join us as we prove its value by exploring the topics found in the Book of Proverbs.

## SEEK SOCIAL JUSTICE

This DVD and small group discussion class provides a framework for understanding the roots of human need and social breakdown and what to do about them. It explores the roles and responsibilities of family, church, business, government, and individuals in promoting social justice by profiling real-world examples of effective action. *Seek Social Justice* will challenge assumptions about where to turn to truly transform lives in need. [www.seeksocialjustice.com](http://www.seeksocialjustice.com)

## SINGLE MOMS: VICTIM OR VICTORIOUS?

If you are a single mom or know a single mom, this class will benefit you. If you were a single mom, we also welcome you to come share your experiences. Some topics to be covered are: God's promises to the single mother, how to be victorious and move forward, reconciliation, separation, divorce, dating, remarriage, and parenting challenges.

## SOUL AT REST: LIFE'S INTIMATE JOURNEY WITH JESUS

The Soul at Rest is a hands-on class to instill the spiritual disciplines of prayer, meditation and contemplation, rooted in God's Word. You will learn (by doing) how to avail yourself of the spiritual food the Holy Spirit wants to sustain you with every single day. [www.soulatrest.com](http://www.soulatrest.com)

## SOUND BYTES FROM GOD - COLOSSIANS

As we look at the book of Colossians, we will see what it teaches us about prayer—and listening to God in prayer. How do these principles work to enhance our intimacy with the Lord by making our prayer life more personal, meaningful, relevant and applicable to us today? This class intends to build your confidence in asking the Lord what He wants to say to you personally. The emphasis will be on what action steps the Lord is prompting each of us to take in order to conform us more into the image of Christ.

## SOUND BYTES FROM GOD – THE LORD'S PRAYER

As we look at the Lord's prayer, we will see what Jesus meant to teach us about prayer—and listening to God in prayer. How do these principles work to enhance our intimacy with the Lord by making our prayer life more personal, meaningful, relevant and applicable to us today? This class intends to build your confidence in asking the Lord what He wants to say to you personally. The emphasis will be on what action steps the Lord is prompting each of us to take in order to conform us more into the image of Christ.

## SPIRITUAL AUTHORITY

This class discusses various topics related to spiritual authority, particularly understanding God's plan for authority, how we deal with unreasonable authority, and spiritual authority in the church.

## STUDY ON THE BOOK OF JAMES

Sometimes referred to as the Proverbs of the New Testament, James speaks about genuine religion, genuine faith, and genuine wisdom. But he does not use esoteric and academic language. James does not tell us what it looks like; he shows us what it looks like. He does not want us to merely think about it; he wants us to do it. Come and find out what Jesus' brother James wants us to do to live out genuine religion, genuine faith, and genuine wisdom.

## THRIVING UP AND THROUGH THE TEENAGE YEARS

As parents we have a high calling and a great opportunity to see our Heavenly Father work directly with those we cherish. In this class we will seek the creative and deliberate heart of God to see our children thrive. Our weeks together will include: Parenting skills; Strategies to help strengthen communication and closeness; Ways to promote healthy independence within our children; Methods of improving attitude and behavior; Shared encouragement; Developmental issues from birth to young adults. With Special Guest Teacher: Greg McCord, M.A., M.Div., Licensed Marriage & Family Therapist

## THE TRUTH PROJECT

The Truth Project is a DVD-based small group curriculum comprised of 12 lessons (over 13 weeks) taught by Dr. Del Tackett. This study is the starting point for looking at life from a biblical perspective. Each lesson discusses in great detail the relevance and importance of living the Christian worldview in daily life. [www.thetruthproject.org](http://www.thetruthproject.org)

## UNLOCKING THE HEART OF A TEEN

Reaching out to the next generation is a critical part of radiating the heart of Christ. However, building relationships with teens can seem intimidating and difficult. Understanding today's youth and their culture is the first step towards loving them and bringing hope to a lost generation. This class will include open discussions, small groups and prayer and is open to all, whether or not you are, will be, or have been a parent of a teen.

## WHEN HELPING HURTS

What is poverty? Are Christians obligated to do anything about it? If so, what? And how? Are good intentions good enough? Or does God's word require something more of us? Join us as we learn from the mistakes and successes of others in serving the poor and discover how to address these urgent issues from a Biblical perspective. This class is for ANYONE and a great follow-up to the Truth Project and Seeking Social Justice.

## WISE COUNSEL, PART I

Bringing restoration to the church and community through encouragement, caring and wise counsel, this six-week class offers practical training on how to master the basic form of biblical counseling all Christians are called to do.