

# A Study to Jumpstart Your Heart

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### Jumpstart Your Heart

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## Driver's Manual

### JUMPSTART YOUR HEART

This is a four lesson study to help you jumpstart your heart. You will listen to a short video followed by a 5-7 question personal study. You will then be encouraged to live out what you learn in each lesson.

#### THERE ARE FOUR ELEMENTS TO EACH LESSON:



**REARVIEW MIRROR (LESSON 2-4):** Reflect and/or share how the previous lesson caused you to respond in action, word or deed to what God was speaking to your heart.



**EYES ON THE ROAD:** Watch a brief video message designed to jumpstart your thoughts.



**CHARGE YOUR BATTERY:** Learn through a 15-20 minute personal study time.



HIT THE ROAD: Live out what you have learned from God.

Scriptures are listed at the end of each lesson.